

September
2026



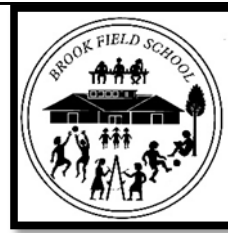
Newsletter



Brook Field School

Newsletter

September 2026



Welcome Back to a New School Year!

We hope you had a wonderful summer and found plenty of opportunities to relax, enjoy time together and make some special memories. It has been wonderful to welcome everyone back to school! The corridors are once again filled with happy voices, familiar faces and new friendships, while our classrooms are buzzing with excitement and ready for another year of learning. A huge thank you to all the staff who came into school during the holidays to make sure that their classrooms were so welcoming and ready for all the children. We have also had some volunteer artists (my daughters!) in repainting our doors – really refreshing the environment and enhancing the school.



A new school year brings a fresh start and so many exciting possibilities. We are looking forward to another year of helping every child to feel happy, confident and proud of who they are. Through engaging learning, creative activities, exciting projects, trips and special events, we hope to give every child the opportunity to discover new interests, develop their talents and enjoy success.

Keeping Connected

There are lots of ways to keep up to date with everything happening across school. Please remember to check our school website regularly for important news, updates and useful resources. For information about your child's class and all aspects of school life, please visit:

www.brookfieldprimary.org/topic/classes

Our weekly Friday email will also keep you informed about key dates, reminders and important information for the week ahead, including our weekly Assembly Focus.

Working Together

We are incredibly proud of the strong partnership we have with our families. Your support makes such a difference to our children, and we look forward to working together throughout the year to help them thrive. If you have a question, need some advice or would simply like to talk something through, please don't hesitate to contact the school office at office@brookfield.bluekitetrust.org.

We are always happy to help.

Here's to a fantastic year ahead - filled with **respect, kindness, honesty and plenty of opportunities to learn, grow and shine!**

Warm regards,

Mrs Rachel Taylor – Headteacher



HIGH EXPECTATIONS



POSITIVE BEHAVIOUR



STRONGER TOGETHER

— ★ — **OUR SCHOOL VALUES** — ★ —



RESPECT

We are kind, considerate and look after each other.



RESPONSIBILITY

We make good choices and take responsibility for our actions.



PERSEVERANCE

We keep trying, even when things are challenging.



TEAMWORK

We work together and support each other to succeed.



CREATIVITY

We use our imagination and ideas to be our best.



HONESTY

We are honest and tell the truth.

Celebrating all our steps to success



Across the school community we have all been having discussion in assemblies and our classrooms about our Term Value of



Do have a look at your child's classes page on the website to see what was agreed. This is what Year 4 children have come up with:

I will show respect to everyone by...

- helping others
- listening carefully
- including everyone
- being sensible
- following the school rules
- using manners
- following instructions the first time I am asked
- don't interrupt
- treating others how I'd like to be treated
- following rules
- using kind words/polite (good) language
- showing all the school values
- working hard

I will show respect to the school by....

- keeping my equipment tidy
- picking up things that are on the floor
- tucking in my chair
- sharing resources

I am shown respect by others when....

- I am included in people's games
- people are polite to me
- people are calm around me
- people are fair to me
- people treat me kindly

Brook Field School Dates – Term 1

Wednesday 23rd September -Early Years Maths Workshop for parents

Monday 28th September - Year 2 visit to Holy Trinity Church, Shaw

Thursday 1st October - Year 6 trip to Cadbury World

Monday 12th October - Flu vaccinations

Wednesday 14th October - Parents Evening 3.30pm - 7.00pm

Thursday 15th October - Parents Evening 3.30pm - 6.30pm

Friday 16th October - Mr Bartlett's Class Assembly

Tuesday 20th October - FOBS Halloween Disco

Advance Notice – Teacher Training Days (school closed to children)

Monday 2nd November 2026

Monday 4th January 2027

Monday 22nd February 2027

Monday 7th June 2027

Friday 23rd July 2027

Outstanding Achievement Awards

We would like to take this opportunity to celebrate all our children who achieved an Outstanding Achievement Award at the end of last year. The children were each selected by their class teacher for their achievements during the year, with a Head's Award for one Year 6 child for their accomplishments throughout their time at Brook Field.

The children's success was celebrated at the end of year assembly and they were each presented with a special trophy.

Well done to all of you!

Who will be the lucky recipients of an award this year?!



The Brook Field Way

At our welcome back assembly, the children were treated to a special poem written by our talented staff.

Alongside the poem, they were introduced to a new word: *prosody* - which simply means reading with expression and intonation.

As developing reading is one of our key focuses this year, the assembly was a wonderful chance to practise *echo reading*. The children rose to the challenge brilliantly, reading with confidence and enthusiasm. Together, we were reminded of some of the important values that make Brook Field such a special place.

The Brook Field Way

When we are challenged, we persevere.

When we persevere, we learn.

When we learn, we can succeed.

When we succeed, we celebrate.

When we celebrate, we inspire others.

These are our steps to success.



Healthy Snacks

Just a polite reminder to all parents that we only allow healthy snacks and water in school each day. Children's break-time snack should consist of only:

Fresh fruit

Vegetables

Cubes/chunks of cheese (not Dairy Lea Dunkers or Cheese Strings)

Bread sticks

Water bottles, for use through the day in the classrooms, should only contain water unless there is an Individual Medical Care Plan in place. Thank you.

No Nuts Please!

Due the number of nut allergies we now have within the school and the serious nature and reactions that some of our children have which can be life threatening if exposed to nuts or food containing nuts, we ask that all parents support us in not sending food into school which contains nuts.

This does include all nut based products including:

Peanuts
Mixed nuts
Peanut Butter spread
Nutella spread

This list is not exhaustive so please check before sending food into school.

Thank you for your support.

PLEASE



**NO PEANUTS
OR
NUT PRODUCTS**

Self-Care September 2026

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Find time for self-care. It's not selfish, it's essential

2 Notice the things you do well, however small

3 Let go of self-criticism and speak to yourself kindly

4 Plan a fun or relaxing activity and make time for it

5 Forgive yourself when things go wrong. Everyone makes mistakes

6 Focus on the basics: eat well, exercise and go to bed on time

7 Give yourself permission to say 'no'

8 Be willing to share how you feel and ask for help when needed

9 Aim to be good enough, rather than perfect

10 When you find things hard, remember it's ok not to be ok

11 Make time to do something you really enjoy

12 Get active outside and give your mind and body a natural boost

13 Be as kind to yourself as you would to a loved one

14 If you're busy, allow yourself to pause and take a break

15 Find a caring, calming phrase to use when you feel low

16 Leave positive messages for yourself to see regularly

17 No plans day. Make time to slow down and be kind to yourself

18 Ask a trusted friend to tell you what strengths they see in you

19 Notice what you are feeling, without any judgement

20 Enjoy photos from a time with happy memories

21 Don't compare how you feel inside to how others appear outside

22 Take your time. Make space to just breathe and be still

23 Let go of other people's expectations of you

24 Accept yourself and remember that you are worthy of love

25 Avoid saying 'I should' and make time to do nothing

26 Find a new way to use one of your strengths or talents

27 Free up time by cancelling any unnecessary plans



28 Choose to see your mistakes as steps to help you learn

29 Write down three things you appreciate about yourself

30 Remind yourself that you are enough, just as you are



ACTION FOR HAPPINESS

Happier · Kinder · Together

KEEPING OUR CHILDREN SAFE

Safeguarding Leads at Brook Field School



Mrs Taylor

**Headteacher
Designated
Safeguarding Lead**



Mrs Marvell

**Deputy Headteacher
Deputy Designated
Safeguarding Lead**

**The designated Governor for Safeguarding is
Mrs R Brake**

Keeping everyone safe is a top priority for everyone at Brook Field.
Our teachers and teaching assistants are always happy to discuss
any worries or concerns.

However, if you have a specific concern regarding safeguarding,
please ask to speak to one of our safeguarding team named above.
**For full details of our safeguarding procedures, please visit our
website.**

Family SEAL (Social and Emotional Aspects of Learning)

We are delighted to once again begin our Family SEAL sessions with parents and children of our new Year 3 classes. During these sessions parents have the opportunity to work alongside their child on fun activities that help build social skills, self-esteem and emotional awareness.

Parents who have attended in previous years have told us how valuable it has been to spend 1-1 time with their child in the school setting. The sessions take place on Mondays from 9.00-10.00 and run for 6 weeks. If you are interested in joining us please ask the Year 3 team for a letter which details the dates of the sessions.

At present we only have limited spaces in the sessions running before Christmas, but do have space in Group 3 which runs in January/February and Group 4 which will take place in June/July.

We are looking forward to you joining us!

Mrs Marvell and Mrs Evans

Mobile Phones in School

Under new legislation, all UK schools are now required to be phone-free environments.

We understand that some parents may want their child to carry a phone to school so they can stay in contact at the beginning and end of the school day, particularly when travelling to or from school.

To help us meet these requirements while supporting children's safety, please follow these guidelines:

1. Children should only bring a phone to school if it is needed to communicate with parents at the start or end of the day.
2. On arrival, phones must be switched off and handed to the class teacher. They will be securely stored in the classroom until the end of the school day.
3. At the end of the day, children may collect their phones and switch them on once they have left the classroom.
4. Children attending an after-school club should collect their phone at the end of the school day and keep it switched off until their club has finished.

Thank you for your continued support in helping us maintain a safe, focused and phone-free school environment.

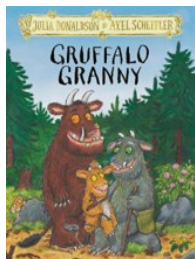
Recommended Reads for September 2026

We start this new academic year with some recently published books, recommended by 'Books for Topics'.

First we have a brand new book from the Percy the Park Keeper author Nick Butterworth. 'Once Upon a Journey' was published in April of this year and follows Percy the Park Keeper on his latest adventure. An exciting new picture book where Percy and the animals celebrate Percy turning a rusty old car into a 'sailing car', powered by the wind. Percy and his animal friends have a wonderful evening camping beneath the stars but trouble is afoot when the car rolls into a pond. Whatever will they do?

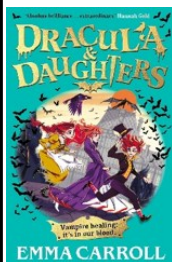


This book is aimed at 2-6 year olds and is perfect for our Foundation Stage and Year 1 children.

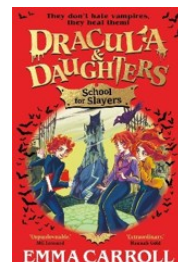


Another classic picture book has just been released by Julia Donaldson & Axel Scheffler – 'Gruffalo Granny'. *The Gruffalo said to his daughter one day, "Your Gruffalo Granny is coming to stay."* Return to the deep dark wood for another adventure in the Gruffalo series. With the amazing illustrations and rhyming text, this is sure to be a hit for our 3-7 year olds and those who love the Gruffalo stories, which were first published over 20 years ago.

'There was a Roman in Your Garden' by Bettany Hughes is ideal for our slightly older readers aged 7-12 years. Uncover fascinating facts and true tales about a child from the Roman times – armour made of real crocodile skin, twinkling treasure said to protect its wearer from evil and evidence of the world's first pizza. A great read for those historians out there.



'Dracula's Daughters' by Emma Carroll was first published in 2025 and has just been followed up with 'Dracula's Daughters: School for Slayers', published in September 2026. These books are full of atmosphere and gothic details with a mission to heal the vampires and keep the streets of Temstown safe. Aimed at 9-12 year olds.



Finally, we have 'The Girl who Raced the World' by Nat Harrison. Fans of 'Around the World in 80 Days' by Jules Verne will love this adaptation of the original story. Aimed at 10+ years and shortlisted for the Stanfords Children's Book of the Year Awards 2026. A timeless tale of travel, treachery and trust with the new character 'Maggie' becoming part of the story. Maggie is left with nothing but a letter from her mother for a mysterious stranger called Passepartout. Seeking him out, Maggie is drawn into an adventure beyond her wildest dreams.

Fans of Katherine Rundell and Emma Carroll will love this new release published in January 2026.

GOOD ATTENDANCE

MEANS BEING IN SCHOOL AT LEAST 94%
OF THE TIME... OR HAVING NO MORE
THAN 8 DAYS OFF!



0

DAYS
ABSENCE
100% ATTENDANCE



MORE TIME
IN SCHOOL
MEANS MORE
TIME TO
LEARN,
DEVELOP
& GROW!

8

DAYS
ABSENCE
96% ATTENDANCE

19

DAYS
ABSENCE
90% ATTENDANCE



LESS TIME
IN SCHOOL
MEANS LESS
TIME TO
BECOME
THE VERY
BEST YOU!

29

DAYS
ABSENCE
85% ATTENDANCE



38

DAYS
ABSENCE
80% ATTENDANCE



POOR
ATTENDANCE
MEANS
DRASTICALLY
REDUCED LIFE
CHANCES!



47

DAYS
ABSENCE
75% ATTENDANCE

Guidance on screen-time for parents of under 5's

- Under 2s: Avoiding screen time other than for shared activities that encourage bonding, interaction and conversation.
- 2 to 5-year-olds: Trying to keep it to no more than one hour a day. Avoid at mealtimes and in the hour before bed.
- Content: Choosing slow-paced, age-appropriate content. Fast-paced, social media-style videos and AI toys or tools should be avoided for young children.
- Co-viewing: Watching or using screens together - talking, asking questions and engaging with the content - is better for children's development than solo screen use.



[Best Start in Life](#)

Easyfundraising

For those of you who are not aware, we are registered with easyfundraising, which means you can raise FREE donations for us every time you shop online. Over 7,000 brands will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself!

These donations mount up and make a BIG difference to us, enabling us to enhance the children's learning with extra resources, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely FREE and only takes a moment.

You can find our easyfundraising page at https://www.easyfundraising.org.uk/causes/brook-field-primary-school/?utm_medium=email&utm_campaign=pmc&utm_content=gs-email1

Alternatively, use this QR code to go straight to the page:

With Christmas items appearing in the shops this is a great time to sign up and help the school whilst doing your shopping.

Thank you!



A Reminder: Our Home-School-Child Agreement

When your child joined us in Foundation Stage, you signed our Home-School-Child Agreement. Although this may have been some time ago, we thought the start of a new school year was a good opportunity to revisit the shared expectations that help us work together as a school community.

The agreement sets out the commitments we make as a school, including providing a safe, caring and inclusive environment, supporting every child to achieve their best, meeting individual needs and keeping families informed about learning and progress.

It also outlines the important ways parents and carers can support school life, such as ensuring children attend regularly and arrive on time, supporting home learning and regular reading, following school policies, communicating concerns with us and treating all staff with respect.

Most importantly, it reminds our children of their own responsibilities: being kind and respectful, doing their best, taking responsibility for their actions, looking after belongings and the school environment, including others and making safe and sensible choices both in school and online.

We believe that when school, home and children work together, we create the very best environment for children to learn, grow and thrive.

Look out for an email with the full Home-School-Child Agreement, so you can refresh your memory and talk through the key expectations with your child.

Rocksteady at Brook Field

Every week, children from Year 1 right through to Year 6 take part in **Rocksteady** music lessons – the UK's leading provider of in-school band sessions for primary children.



Rocksteady offers much more than just learning an instrument. Its inclusive approach helps children build friendships, develop teamwork, and grow in confidence, all while sharing the joy of making music together.

This year's end-of-year concert was a real highlight. Children from across the school came together in their bands to perform, and they *literally raised the roof!* Parents couldn't help but tap their feet and clap along to the fantastic sounds. It was wonderful to see pupils of different ages supporting and encouraging each other, whether on vocals, guitar, keyboard, or drums.

If you'd like to find out more about this exciting opportunity for your child, please visit: www.rocksteadymusicschool.com.

Brook Field Strategic Drives



At the beginning of each year, following analysis of all data, surveys and monitoring throughout the year, the Senior Leadership team discuss and agree the key main areas to develop during the coming year. These are known as our Strategic Drives.

Please see below the main themes for this year, which we will update you on in future Newsletters. If you have any questions or comments please don't hesitate to ask.

- 1. Behaviour - To drive a culture of high expectations for behaviour, attitudes, and quality of work through clear, consistent, and inclusive expectations that are understood, modelled and celebrated by all stakeholders.**
- 2. Inclusion - To ensure consistently high-quality adaptive teaching, with appropriate scaffolds, adaptations and ambitious challenge, enabling every child to make strong progress across the curriculum and achieve their potential.**
- 3. Curriculum & Teaching - Reading – To improve reading outcomes by ensuring all children develop and consistently apply a range of comprehension strategies that enable them to read with increasing fluency, understanding and independence.**
- 4. Curriculum & Teaching – Maths - To ensure every pupil becomes a confident, fluent and independent mathematician through consistently high-quality teaching that develops reasoning, problem solving and deeper mathematical thinking.**
- 5. Safeguarding - To strengthen and embed a proactive, child-centred safeguarding culture in which all children are safe, listened to and supported with all staff confident in recognising and responding to safeguarding concerns.**



A huge well done to all the children who took part in our Summer Reading Challenge! It has been wonderful to see so many getting involved, sharing their love of books, and producing such inspiring and creative work.

Every book read and every piece of writing completed is another step towards developing confident, skilled and enthusiastic readers. We hope this challenge has inspired our children to discover new stories, broaden their imaginations and use the books they read as inspiration for their own creative writing.

Keep reading, keep imagining and keep writing — every page helps you grow as a reader and brings you one step closer to even greater success!

Brook Field Governing Body

Brook Field school has a governing body made up of a team of volunteers both from within and outside the school community. The governing body focuses on the long-term development and improvement of the school in continuing to ensure that the high standards of learning, achievement, behaviour and safeguarding we have here at Brook Field are maintained and developed.

Meetings relating to; school finances, attendance, the curriculum, the school grounds, staffing and community projects are held with the common purpose of ensuring that the children at Brook Field School receive the best possible education and develop a love of life-long learning. Local Governing Body agendas, minutes and any other relevant documentation are available on request from the School Office.

Click this link <https://brookfieldprimaryschool.schooljotter3.com/governors> if you would like to find out more about our Governing body and get in touch if you would like to join our friendly, dedicated and supportive team.

Foundation

Our new children to Early Years have made a great start to the school year and are really engaging with their first topic, 'All About Me'. It has been lovely to see the children developing their personal and social skills so early on! We have been practising following our class Golden Rules. Being kind to each other and using good manners, which links nicely to our termly value of 'Respect'.

The children have also been working on developing those important skills of being more independent and are working on putting away their belongings in the morning so they are, 'organised and prepared' for their learning. As well as playing with lots of toys both in and outside our FS classrooms they have also been on walks around our school grounds to get to know where the dining halls are and the ICT Suite is.

We are also enjoying getting to know all of our new teachers, T.A.s and children in our classes. The children have started to share their 'Holiday Books' with their classes which gives the children lots of opportunities to develop their questioning skills and find out about all exciting activities that they have all participated in during the summer break.

Finally, we have started to get to know some of the 'Monster Phonics' characters who help us learn our phonemes (letter sounds). You can find these cuddly characters in our classroom book corners.



If you would like to find out more about Phonics and how we teach your child to read, please follow the relevant link to our school website page on Reading and Phonics. <https://www.brookfieldprimary.org/curriculum/reading>

Do remember to visit our Foundation Stage Classes page, as we will regularly be updating with photos of what we have been doing in school and what phonemes we have been learning. <https://www.brookfieldprimary.org/classes/foundation/phonics---weekly-sounds>

Year 4

On Thursday, 3rd September, Year 4 received a secret message from 'The Greatest Writer of All Time', a very famous Danish author who has created over a hundred fairy-tale stories. The themes of their work include magic, enchantment and of course a lot of imagination!

Dressed as their favourite fairy-tale characters, the children went for a walk through the settings of seven of his most enchanting fairy-tales and guessed which stories they were from. Our Year 4's couldn't wait to enter these magical worlds!



Year 1

Year 1 had a special visit from Paddington, who had just returned from exploring the four countries of the United Kingdom. He found lots of things on his journey and the children had a great time discovering facts about each country. The children also had the opportunity to eat some traditional foods from each country.



Year 2 – Jonathan's Jungle Roadshow Visit

We've had a very busy start to Year 2. On Wednesday 9th September, Jonathan's Jungle Roadshow came to class. The children were very excited!

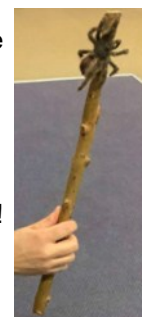
The first creature we were introduced to was Wade the Cherry-legged Titan Millipede and wow what a millipede it was. With a jet black body and scarlet red legs, it was a sight to behold. As the millipede walked across the floor, you could clearly see the ribbon effect of his walk. Jonathan then gave the children an opportunity to hold the millipede in their hands. Almost all the children took Jonathan up on his offer and thought his feet felt tickly.



Next up was Ollie the Scorpion. In daylight he looked jet black, but in the dark and under an ultraviolet light, he turned fluorescent! A glow in the dark scorpion was certainly something to see and the children gasped in awe. Jonathan explained that mummy scorpions are very good and carry their babies on their back.



Then came Charlotte the Tarantula. Once again, the children were exceptionally calm when they were told Charlotte could poop over 2 metres, if she felt scared. Luckily, this did not happen, as the children were superstars! As a female tarantula, Charlotte will live for approximately 20 years! She was from Peru and was covered in 4000-5000 hairs, which help her to feel where she is going. She had very cute toes, as they were pink and looked like ballet shoes! Charlotte could also climb up vertical surfaces and was happy to show off her skills to the children. She climbed up the whiteboard and a stick!



Joyce the Katydid (a close relative to a cricket) came next with her vibrant emerald wings. Her antennae were incredibly long and her ears were on her knees! Her wings looked so leaf like and this was to help her to camouflage herself from predators, as in the Peruvian jungle birds and lizards would have found her a tasty meal. Jonathan also had an exciting new addition to his collection...a baby katydid, which was tiny compared to Joyce. The new Katydid was just a few hours old and was so light she didn't register on Jonathan's weighing scales. In fact, Joyce was over 300x the weight of the baby.



Finally, the children got to meet and hold the creature they had all been waiting for...Pele the Brazilian Rainbow Boa! He was a beautiful snake who shimmered and revealed his stunning colours in the sunlight. Most children wanted to take the opportunity to hold him, with some even being brave enough to have his tongue tickle their hand or nose!

The children had a wonderful experience and thoroughly enjoyed meeting the creatures.
What a way to start Year 2 and our topic!

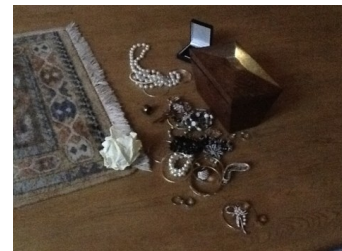


Year 5

At the start of Year 5, we had a mysterious experience, where we had to figure out who had stolen Sherlock Holmes' sapphire pocket watch. We were dressed as Victorians and had to search his room, which was set up in the hall to figure out who had committed the crime. We were introduced to 4 suspects: Dr Watson, Mrs Hudson, Martha Davies the maid and Henry James the chimney sweep.

On entering the room, we spotted a jewellery box, which had been spilled all over the floor and sooty footprints, which led from the fire place. After reading and looking at all of the clues, we then had a chance to plot some pulse rate data and looked at the trends of who was most nervous when being interviewed by the police. We soon worked out who had committed this terrible of deeds and also had a chance to read the confession.

We can't tell you who did it. You will have to read our topic books and crime reports to work it out for yourselves.

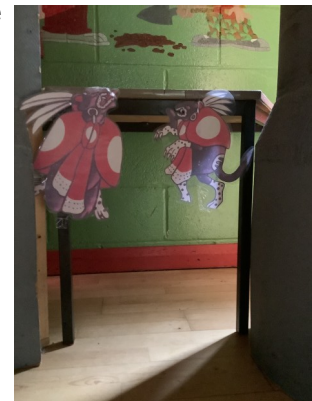


Year 6



Year 6 started their topic on Mayans learning about the myth of how the sun and moon came to be through the story of the Hero Twins and the challenges they faced set by the Lords of Death. We then had the opportunity to experience what some of those challenges might have been like in our very own simulation (it was surprising how many fell for the same tricks as the Hero Twins did in the story).

The following week we researched the famous game of Pok-ta-Pok, which made the Hero Twins so popular in the story, before we then learnt how to play Pok-ta-Pok ourselves using tennis balls and hoops. We all agreed Pok-ta-Pok is a very tricky game.



Friends of Brook Field PTA

Welcome back to a new school year from Friends of Brook Field PTA! We hope all our families have had a lovely summer and that everyone is settling back into school life. We wanted to start the year by sharing just how much your support of PTA events makes a difference. During the 2025/26 school year, our fundraising activities generated an amazing £10,467.68 in profit, through events and activities including our Fireworks Night, discos, raffle, Summer Fete, Movie Night, pre-loved uniform sales, clothes recycling and more.

Thanks to this fantastic support, the PTA was able to provide £8,480.11 directly to the school during the year. This included 26 computers, a new sound system, Year 6 bowling, Christmas gifts and parties, Foundation supplies and end-of-year trophies.

Looking ahead to 2026/27

We are already committed to providing even more support this year. The PTA has pledged £3,600 towards Forest School and multi-sports activities, as well as a further £1,814.80 to top up our original computer donation, bringing the PTA's total contribution towards the computers to £9,074.

That means we are beginning the new school year with £5,414.80 already committed to supporting our children and the school – and we would love to be able to do even more!

We need you!

Everything the PTA achieves is only possible because of the people who give their time and support. You don't have to make a huge commitment or attend every meeting to be part of the PTA.

Whether you can join the committee, help organise an event, volunteer for an hour on a stall, donate something, share an idea or simply lend a hand occasionally, every bit of help – large or small – really does make a difference.

The more parents, carers, family members and volunteers we have involved, the more we can do - and ultimately, the more we can provide for the children at Brook Field.

If you would like to get involved, find out more, or simply have a chat about how you can help, we'd love to hear from you. Please contact us at friendsofbrookfield@gmail.com

Come along to our first meeting

Our first PTA meeting of the new school year will be held at The Village Inn, Shaw, at 7pm on Tuesday 6th October 2026.

We'll be focusing on our upcoming events, including plans for our Fireworks Night, as well as discussing ideas and plans for the year ahead.

Everyone is welcome! Whether you're interested in becoming more involved with the PTA, can volunteer occasionally, have some ideas to share, or simply want to come along and find out a little more about what we do, please feel very welcome to join us. There's absolutely no obligation to commit to anything—just come along and say hello!

A huge thank you to everyone who supported us last year. Every ticket bought, raffle entered, uniform donated, cake purchased and time volunteered helped make these contributions possible.

We can't wait to see what we can achieve together in 2026/27!

LIGHTHOUSE



Who we are:

We are an Early Intervention service supporting children and their families across the Blue Kite Academy Trust schools.

Follow Us:

Follow our Lighthouse Instagram page for regular family life tips, local events and more on:
@lighthouse_bluekitetrust



What we offer:

- **1:1 Advice Sessions**- Book directly with the school for a one off chat around areas such as parenting strategies, childrens wellbeing or signposting
- **Direct work with children in their school**- Covering areas such as managing big feelings or difficult experiences.
- **Direct work with families in the home** to support with creating a happier home
- **Family Foundations**- Our bespoke 6 week parenting course, offered termly on changing dates and times.
- **Observations in school** to make recommendations to support the child in accessing their learning
- **Play Therapy**
- **Educational Psychology and Educational Welfare services**

Please speak to your child's school for more information or if you feel you, or your child, may benefit from Lighthouse support.



Meet the team:

Helen- Lighthouse Manager

Siobain- Senior Lighthouse Worker

Dani- Educational Welfare Officer

Matt- Educational Psychologist

Kate- Educational Psychologist

Torz- Inclusion Worker and Play Therapist

Becky- Family and Inclusion Worker

Gayle- Family and Inclusion Worker

Zoe- Family and Inclusion Worker

Calming and Regulating

♥ Little things can make a BIG difference ♥

1 CLOSE EYES



Close eyes and have headphones with a calming frequency such as white noise can find these on YouTube or Spotify or use calming music.



2 BREATHING EXERCISES



STARFISH BREATHING

Spread all fingers wide and slowly trace up and down them whilst breathing in and out very slowly. Pause at each tip for 2 seconds then breathe out – repeat x 3–5.

OR



PRETEND THEY HAVE A PLATE OF COOKIES OR A CUP OF HOT CHOCOLATE –

take a long smell (breathe in through the nose) then blow them slowly to cool them down (breathe out through their mouth) gently.

3

GUIDED MEDITATION



Listen on YouTube or Spotify.



4

SENSORY PLAY

Gloop (cornflour and water), kinetic or regular sand, shaving foam, water beads (supervised).



5 WEIGHTED BLANKET



While listening to calming music or white/pink/brown noise research recommends binaural beats or 432hz – if you look both of these up on Spotify or YouTube you can find them on there – Or watch a light projector.

6

LIE ON A BLANKET

Watch the clouds, spot pictures you can make out of them or close your eyes (inside or out) and listen for 1 minute (shorter if needed) and see what you can hear.



7 CROSS THE MIDLINE



Massage the opposite earlobe with the opposite hand and pull the ear gently away from head, all the way from top to bottom.

Sit in a V position and touching opposite toes, tapping opposite shoulders with fingers.



8 WATER

Play with water outside, pouring and stirring in a sink or big bowl.



9 A BIG HUG



10 GROUNDING EXERCISES

Name 3–5 items of a given category e.g. find and point to:

5 red things



4 shiny things

3 round things



It's okay to take a break. You matter. ♥

PLANNED IGNORING

A calm, powerful way to guide behaviour

“ What we pay attention to
we get more of. ”

- 

1 Stay calm
No eye contact.
No reaction.
No talking about it.

Your calm helps their brain. 
- 

2 Use distraction
Redirect to something positive or something they can do.

 - Look at that bird over there!
 - Come and get a drink.
 - Where are my other shoes?
 - Would you like to build something or draw?
- 

3 Ignore the behaviour but never the child
Show warmth and connection at other times.

Connection fills their cup. 
- 

4 Prevent escalation
Notice early signs.
Redirect early.
Keep routines predictable.

A SMALL STEP EARLY CAN PREVENT A BIG REACTION. 



**WE IGNORE THE BEHAVIOUR,
BUT NEVER THE CHILD.**

Love stays. Boundaries stay. Calm teaches. Connection grows.





OCTOBER HALF TERM HOLIDAY CLUB

BROOK FIELD PRIMARY SCHOOL

26th October - 30th October 2026

An exciting holiday club designed for active and fun-loving children. A safe, friendly environment where children stay active, make new friends and have fun.



Please visit our website to secure your place.

Includes Halloween Party on 29th October



www.swindonmultisports.co.uk

AGES 5-14



FIND US ON
FACEBOOK &
INSTAGRAM



After School Activities

We are extremely lucky at Brook Field to have a wide array of after school activities for the children to enjoy.

If your child is interested in any of the clubs listed below please contact the school office for more information.

Clubs run by external providers (charges apply)

Club	Day	Time	Years
Zumba	Monday	3.30 - 4.30pm	3, 4, 5 & 6
Multisports	Tuesday	3.30 - 4.30pm	1 & 2
Tennis	Tuesday	3.30 - 4.30pm	3, 4, 5 & 6
Forest School	Thursday	3.20 - 5.20pm	2, 3, 4, 5 & 6
Football	Thursday	3.30 - 4.30pm	3 & 4
Art	Thursday	3.30 - 4.30pm	1 & 2
Football	Friday	3.30 - 4.30pm	1 & 2

Clubs run by teachers (no charge)

Boys Football	Tuesday	3.30 - 4.30pm	5 & 6
Girls Football	Tuesday	3.30 - 4.30pm	5 & 6
Netball	Thursday	3.30 - 4.30pm	5 & 6