



All children in reception and years 1 and 2 are entitled to free meals as part of the Government's new Universal Infant Free School Meal. This is worth up to £418 per year per child - please talk to your child's school for more details.

## Can I claim free school meals for my older children?

**YES!** If you receive specific benefits or have a household income below the Government threshold, register your entitlement on the Government website. A full list of free school meal entitlement can be found at:

**[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)**

## Special diets and allergies

## Food miles...

We are actively reducing our carbon footprint and we are proud to be using local suppliers to cut down on our food miles. We always consider where the food we put on the plates comes from and how it was produced.



## Special theme days

Look out for our special menus throughout the year, multi-cultural celebrations, national days and events, and menus to link in with the curriculum.



# Feeding our future

## Spring and summer menus 2023



# Spring and summer 2023

We are committed to educating, promoting and encouraging the benefits of a healthy, nutritious balanced diet now and the future.  
The UK School Foods Standards covers all food served within the school day. All our meals are freshly prepared on site daily by our dedicated catering team.

## Week 1



### Monday

Savoury mince and dumpling  
Veggie meatballs in tomato sauce  
Sandwich of the day  
Jacket potato with choice of filling  
Strawberry ice cream  
Fresh fruit, yogurt  
Creamed potatoes, pasta, peas, carrots

### Tuesday

Chicken curry  
Cheese whirl  
Sandwich of the day  
Jacket potato with choice of filling  
Chocolate and banana muffin  
Fresh fruit, yogurt, cheese and biscuits  
Rice, mashed potato, baked beans and sweetcorn

### Wednesday

Roast turkey, stuffing and gravy  
Quorn hot dog and gravy  
Sandwich of the day  
Jacket potato with choice of filling  
Dorset apple cake and custard  
Fresh fruit, yogurt  
Diced herby potatoes, boiled potatoes, broccoli and carrots

### Thursday

Pasta Bolognaise  
Harlequin pizza  
Sandwich of the day  
Jacket potato with choice of filling  
Melting moments with orange wedge  
Fresh fruit, yogurt, cheese and biscuits  
Jacket wedges, sweetcorn, green beans

### Friday

Battered fish  
Vegetable nuggets/Quorn dippers  
Sandwich of the day  
Jacket potato with choice of filling  
Fruit mousse  
Fresh fruit, yogurt  
Chips, pasta, mushy peas, baked beans

## Week 2



### Monday

Peperoni pizza  
Macaroni cheese  
Sandwich of the day  
Jacket potato with choice of filling  
  
Arctic roll  
Fresh fruit, yogurt, cheese and biscuits  
1/2 baked potato, peas, broccoli

### Tuesday

Chicken tikka masala  
Vegetarian mince and dumpling  
Sandwich of the day  
Jacket potato with choice of filling  
Banana muffin  
Fresh fruit, yogurt  
Savoury rice, creamed potatoes, sweetcorn, spring cabbage

### Wednesday

Roast chicken with gravy  
Homemade cheese pie  
Sandwich of the day  
Jacket potato with choice of filling  
Carrot cake  
Fresh fruit, yogurt, cheese and biscuits  
New potatoes, creamed potatoes, carrots and baked beans

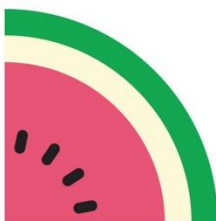
### Thursday

Baked sausages  
Quorn burger in a bun  
Sandwich of the day  
Jacket potato with choice of filling  
Fruity flapjack  
Fresh fruit, yogurt  
Creamed potatoes, 1/2 jacket potato, broccoli, sweetcorn

### Friday

Salmon nuggets/salmon fishcake  
Vegetarian sausage roll  
Sandwich of the day  
Jacket potato with choice of filling  
Ice cream with mandarin oranges  
Fresh fruit, yogurt, cheese and biscuits  
Chips, new potatoes, garden peas, beans

## Week 3



### Monday

Chicken Korma  
Vegetarian sausage roll  
Sandwich of the day  
Jacket potato with choice of filling  
Crispy chocolate cake  
Fresh fruit, yogurt  
Savoury rice, boiled potatoes, carrots and peas

### Tuesday

Beefburger in a bun  
Cheese whirl  
Sandwich of the day  
Jacket potato with choice of filling  
Rice pudding with sultanas  
Fresh fruit, cheese and biscuits, yogurt  
Half jacket potato, mashed potatoes, sweetcorn, baked beans

### Wednesday

Roast Turkey, stuffing and gravy  
Quorn tikka  
Sandwich of the day  
Jacket potato with choice of filling  
Iced lemon sponge  
Fresh fruit, yogurt  
Creamed potatoes, boiled rice, broccoli, carrots

### Thursday

Cottage Pie  
Mediterranean pasta  
Sandwich of the day  
Jacket potato with choice of filling  
Jelly and fruit  
Fresh fruit, cheese and biscuits, yogurt  
Cauliflower, sweetcorn

### Friday

Fish fingers  
Omelette  
Sandwich of the day  
Jacket potato with choice of filling  
Homemade biscuit  
Fresh fruit, yogurt  
Chips, new potatoes, mushy peas, baked beans

**AVAILABLE DAILY** - Assorted yogurts, chopped fresh fruit, fresh wholemeal bread, salad pots and lots of fresh water. **ALLERGY ADVICE** - All our food is prepared in a kitchen where traces of nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. (V) Suitable for vegetarian or vegetarian option available. Our fish and chicken dishes may contain bones. All items on the menu are subject to availability and may be changed without prior notice to a suitable alternative.

\*Any **FISH** we serve will vary depending on availability.  
We only select **FISH** from sustainable sources.

