

Learners of the Week

Ash Class: Alfred, a super Author Reader
Oak Class: Aston, an amazing Artist
Beech Class: Brody, a great Mathematician
Chestnut Class: Ada, a marvellous Mathematician
Sycamore Class: Oliver, a super Scientist



Exploring skeletons as part of 'What's the difference between surviving and being healthy?' enquiry

Recently at Gomeldon...

Disecting pig hearts as part of our enquiry 'How are lives saved?'



Fabulous engineering in Early Years!

House Captains 2026

This week our house teams have been listening to speeches from their leaders. Congratulations to all Y6 pupils who gave speeches to their team with confidence and poise.

I am proud to introduce you to our House Captains for this academic year:

Apache: Ollie M and Sophie

Merlin: Jake and Steph

Gazelle: Ollie B and Millie

Hello Yellow Day - 5th October

In our usual Gomeldon tradition we will be celebrating Yellow Day on Friday 5th October. This is a very important day run by Young Minds marking the importance of Mental Health in our pupils. To celebrate the day, please wear non-uniform with the theme yellow! During the day we will enjoy time in our family groups, taking part in a range of different activities to promote positive mental health 😊

YOUNGMINDS

Hello Yellow

Sycamore Class Curriculum Showcase

Parents from Sycamore Class are invited to school on Tuesday 13th October at 2:45pm to share and enjoy enquiry learning. Please come via the school office where we will sign you in. We look forward to seeing you there!

Mobile Phones in School

In line with our statutory duty this is a reminder that we are a no mobile phone school, which includes all other related smart technology, for example smart watches. All devices brought to school will be stored in the school office until the end of the day. The school accepts no responsibility for phones or smart items that are lost, damaged or stolen while on the school grounds. A full copy of our mobile phone policy is available from the school office.



flu: 5 reasons to vaccinate your child

- 1. Protect your child**
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**
The nasal spray is painless and easy to have
- 4. It's better than having flu**
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**
If your child gets flu, you may have to take time off work or arrange alternative childcare

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

For more information visit www.nhs.uk/child-flu

Flu Immunisation
Helping to protect children, every winter

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Flu Vaccines - 4th October

A reminder that Flu Vaccines will be taking place next week on Thursday 4th October. If you haven't used the link to sign up, please do so as soon as possible to ensure your child has their vaccine!

<https://www.bswschoolagedimms.co.uk/Forms/Flu?schoolcode=WT126195>

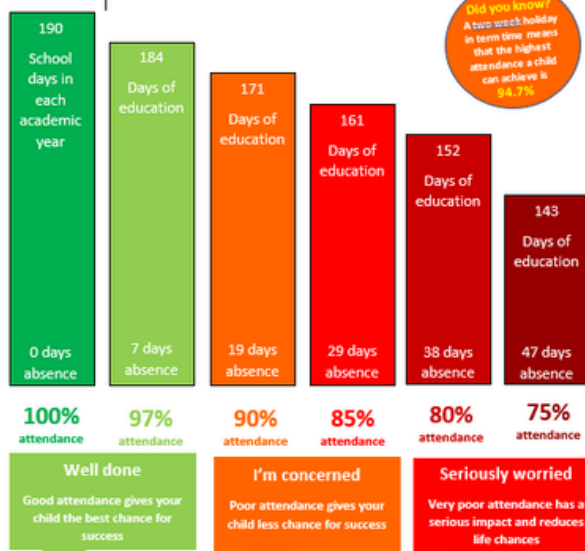
Attendance Corner

Good Attendance means...

Being in school at least 97% of the time or 184 to 190 days

Remember

Education is important – don't let your child miss out



Next Week's Menu

WHISKED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	HOT HONEY CHICKEN NOODLES Chicken noodles in a Sweet Chili and Honey sauce	BEEF TACO PASTA Student favourite, beefy pasta, tomato sauce and cheese sauce	HUNTERS CHICKEN Creamy chicken, onion, mushrooms, tomato, red wine and BBQ sauce	SAUSAGE GNOCCHI Chicken sausage & Gnocchi in our meaty 7 sauce	FISH FINGERS AND CHIPS
SIDES	GREEN BEANS	CUCUMBER & BEAN SALSA Cucumber, bean, red onion & tomato	RED CARROTS, OLIVE AND BAKED POTATOES	SWEET CORN, GARLIC FOCACCIA, SLICE	BAKED BEANS OR GARDEN PEAS KETCHUP
MEAT-FREE	VEGGIE HOT HONEY NOODLES Veggie noodles in a Sweet Chili and Honey sauce	VEGGIE TACO PASTA BAKE Student favourite, tomato, veggie, pasta, tomato sauce and cheese sauce	CAULIFLOWER CHEESE & HERB CRUST	PESTO, PEA AND MINT GNOCCHI	QUORN NUGGETS AND CHIPS
DESSERTS	JAM AND COCONUT CAKE	CHOCOLATE FUDGE BROWNIE	WIBBLE WOBBLE FRUIT JELLY	OVERNIGHT OATS Chocolate oats with a fresh fruit topping	SHORTBREAD

AVAILABLE DAILY FRESH BAKED BAGUETTE Choice of Ham, Cheese or Bana meat HOT PASTA BAR Choose from 3 pasta options in a tomato or cheese sauce OVEN BAKED JACKET POTATO MONDAY, TUESDAY & THURSDAY Choose from 3 potato options in a tomato or cheese sauce OVEN BAKED SWEET POTATO WEDNESDAY & FRIDAY Choose from 3 potato options in a tomato or cheese sauce ALTERNATIVE DESSERT Choose from 3 dessert options SALAD TABLE Choose from 3 salad options	HOMEMADE FRESH BREAD ALSO AVAILABLE DAILY FROM THE BREAD STATION ALLERGENS & INTOLERANCES At Cleverchef we take food allergies and intolerances very seriously. If your child has any food allergies or intolerances you need to make us aware prior to ordering any food with us. We have a full breakdown of the 14 allergens on our primary school menu list on our website www.cleverchef.co.uk	OUR MEAT IS RED TRACTOR APPROVED 	SPRING/SUMMER 2026 WEEK TWO Dates: 20/4, 11/5, 1/6, 22/6, 13/7, 14/9, 5/10 Whisked Spring Summer 2026 WHISKED by Cleverchef
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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

TIKTOK

AGE RESTRICTION
13+

(Certain features are restricted to over-18s only)

WHAT ARE THE RISKS?

Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

AGE-INAPPROPRIATE CONTENT

TikTok's Following Feed shows videos from known creators, while the default For You Feed serves endless clips based on viewing history. Most are harmless, but unsuitable content can still appear, and watching for long enough signals interest to the algorithm. Although TikTok bans illegal or inappropriate uploads, the volume of posts means some slip through, increasing the chance that children encounter age-inappropriate material before it is detected or removed.

BODY IMAGE AND DANGEROUS CHALLENGES

Ofcom reports that most online harms for girls involve body image, while boys more often see dangerous stunts. Both types appear frequently on TikTok and spread quickly through its engagement-driven algorithm. Harmful challenges have included the "blackout" trend, where users held their breath until passing out. Families filed lawsuits after children died linked to the trend, showing how extreme or risky content can rapidly reach young people and negatively influence them.

IN-APP SPENDING

TikTok is free, but children can still spend money. TikTok coins, costing £9.99 to £224.99, let users buy gifts for creators. TikTok Shop adds risk by allowing purchases from influencers or companies, sometimes leading to poor-quality items driven by persuasive marketing. A Canadian investigation found TikTok collected personal data from many children for targeting and advertising despite age limits, meaning young users may lose control over their personal information.

CONTACT WITH STRANGERS

Between 1.6 and 1.9 billion people use TikTok, meaning there's a high risk of unwanted attention from strangers. Accounts created by over-18s (or young people using a fake date of birth) are set to public view by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and allows anyone to download or comment on them.

MISINFORMATION AND RADICALISATION

TikTok's short videos may appear lighthearted, but they can expose young people to harmful ideas. Misinformation is common, and Ofcom reports that nearly one third of 12-15-year-olds use TikTok as a news source, increasing the chance of seeing racist, misogynistic, extremist or conspiracy material. Even brief clips can influence impressionable users and shape their worldview, making discussions about critical thinking, propaganda and online influence especially important for parents and educators.

ADDICTIVE DESIGN

TikTok's fast-paced stream of eye-catching videos can be potentially addictive for young users. In 2024, UK children spent an average of 127 minutes per day on the platform, double the time recorded in 2020. Excessive use can disrupt sleep, increase irritability, and distract from healthier activities. Constantly skipping between short clips may also affect attention span, making it harder to focus on longer tasks such as homework or reading.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's in order to manage settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children cannot alter these settings without parental approval.

BLOCK IN-APP SPENDING

Parents can restrict in-app purchases on iPhone and Android devices to prevent accidental or impulsive TikTok spending. Young people can easily spend large amounts on TikTok coins or low-quality products promoted through TikTok Shop. If a disappointing purchase occurs, turn it into a discussion about influencer marketing and how online promotions can be misleading.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure they don't share any identifying personal information or respond to dangerous trends, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's important to talk about misinformation and propaganda.

READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



See full reference list on our website

#WakeUpWednesday®

The National College®

School Diary Dates

Gomeldon dates for your diary

Please note that some dates may be subject to change

7.10.26	Individual school photographs
8.10.26	Flu Vaccines
9.10.26	Yellow Day (Young Minds) – non-uniform theme: Yellow
16.10.26	Non-uniform day - GPA event
19, 20 & 21.10.26	TD Days – No pupils in school
22.10.26 – 1.11.26	October Half Term
31.10.26	Deadline for Secondary School Applications – Year 6
2.11.26	First day of term 2
3.11.26 & 5.11.26	Autumn Term Parent Consultation Meetings 3:40pm – 6:00pm
6.11.26	Bake Sale GPA event – Theme: Guy Fawkes
24.11.26 – 27.11.26	Scholastic Book Fayre
26.11.26	Sycamore Class Trip
10 & 11.12.26	Nativity Performance
15.12.26	Carol Service 6:00pm
16.12.26	Christmas Dinner
18.12.26	Rocksteady Concert for Parents
21.12.26 – 3.1.27	Christmas Holiday
4.1.27	First day of term 3
12.2.27	TD Day – No pupils in school
15.2.27 – 21.2.27	February Half Term
22.2.27	First day of term 4
12.3.27	Annual Written Reports
26.3.27 – 11.4.27	Easter Holiday
12.4.27	First day of term 5
3.5.27	Bank Holiday Monday – No pupils in school
10 – 14.5.27	SATs Week – Year 6
27.5.27	Sports Day
31.5.27 – 6.6.27	May Half Term
7.6.27	First day of term 6
7 – 11.6.27	Mathematics Timestables Check – Year 4
14 – 18.6.27	Phonics Screening Check – Year 1
6 & 8.7.27	Summer Term Parent Consultation Meetings 3:40pm – 6:00pm
13.7.27	Meet the Teacher presentations 3:40pm & 4:15pm
15.7.27	Performance
19.7.27	Year 6 Leavers Assembly
23.7.27	Last day of Term 6



NURSERY & PRE-SCHOOL OPEN DAY

at Kindred Nurseries

Sat 10th Oct 09:30 to 13:00



BOOK YOUR SPOT NOW!

kindrednurseries.co.uk/open-day

PLAY
LEARN
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ASTRELLA
PRIMARY STARS

believe | strive | achieve

FUN
FRIENDSHIP
FITNESS
CONFIDENCE

GOMELDON FOOTBALL CLUB with Astrella



STARTING THURSDAY 10TH SEPTEMBER



SKILLS



TEAMWORK



PROGRESS



FUN

SCAN
TO JOIN!



£24
FOR THE
TERM

To pay
Astrella Primary Stars
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*MORE
THAN A GAME*



Halloween Holiday Club!

At: Pitton Primary School

On: Friday 30th October

Time: 10am-3pm | Ages 5-11

Price: £35 per child

A day of autumn crafts, games, drama
& outdoor play...

All materials provided

To book:

www.dramaclubsalisbury.co.uk





Ms Levoir's Art Academy presents

Half Term Art Classes for Children

at Old Sarum Community Centre.

22nd to 30th October.

£35
for 1 day

£65
for 2 days

£95
for 3 days

£125
for 4 days

£155
for 5 days

10% sibling discount.

9 to 3pm drop off.



Whatsapp
07801 800 640
to book.

SUPERSTRINGS AUTUMN FEST

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SPOOKTACULAR MUSIC MAKING

ANY YOUNG VIOLIN, VIOLA OR CELLO
PLAYERS WELCOME.

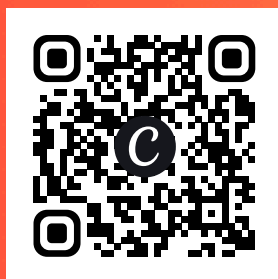
BEGINNER TO GRADE 3 STANDARD

FRIDAY 30TH OCTOBER
MANOR FIELDS PRIMARY SCHOOL
SALISBURY SP2 7EJ

9.00 - 12.30

£25.00

FOR MORE INFORMATION & TO BOOK A PLACE
SUPERSTRINGSCLUB@PROTON.ME
OR USE THE QR CODE BELOW



SING

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ACT

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FREE TASTER SESSION

**STAGECOACH PERFORMING ARTS
SALISBURY & AMESBURY
8th, 9th, 10th OCTOBER**

**CLASSES HELD ON THURSDAYS, FRIDAYS & SATURDAYS
IN AMESBURY & SALISBURY**

4 -18 YEARS

BOOK NOW



**SCAN THE QR CODE
FOR MORE INFO**

For the attention of all parents

Will your child be transferring
to a secondary school in
September 2027?

You must apply for a secondary school place

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Apply online at **wiltshire.gov.uk** or
complete an application form, available at
all Wiltshire Council offices.

The deadline for applications is

12 midnight, 31 October 2026

All forms must be returned to the school admissions
team at County Hall, Trowbridge, Wiltshire.

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Contact customer services on **01225 713010**
for more information or to request our guide
to finding a secondary school place in Wiltshire.

Wiltshire Council

For the attention of all parents

Will your child be four years
old before September 2027?

You must apply for a primary school place

Apply online at **wiltshire.gov.uk** or
complete an application form, available at
all Wiltshire Council offices.

The deadline for applications is
12 midnight, 15 January 2027

All forms must be returned to the school admissions
team at County Hall, Trowbridge, Wiltshire.

Contact customer services on **01225 713010**
for more information or to request our guide
to finding a primary school place in Wiltshire.

Wiltshire Council