



# GOMELDON PRIMARY SCHOOL

Newsletter 1st May 2026

Value of the term: Resourcefulness

## Learners of the Week

- Ash Class: Arthur, a super Engineer
- Oak Class: Rory, a wonderful Mathematician
- Beech Class: Josh and Layla, both wonderful Engineers
- Chestnut Class: Jake, a great Author Writer
- Sycamore Class: Daniel, a super Mathematician



## Next Week's Menu

WHISKED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	<b>CHICKEN &amp; CHEESE WRAP</b> Chicken & cheese wrapped up in a healthy wrap.	<b>BEEF LASAGNE</b> Layers of pasta, with meat and beef ragu, topped with melted cheese & tomato.	<b>ROAST CHICKEN</b> Oven Roasted Breast of Chicken	<b>HAM &amp; PINEAPPLE PIZZA</b> Wholesome dough with our sauce? Ham and pineapple slices.	<b>SALMON FISHCANE AND CHIPS</b>
<b>SIDES</b>	<b>VEGETABLE RICE</b> 100% wholemeal and white rice with vegetables.	<b>GARLIC BREAD BITES SALAD</b>	<b>VEGETABLE PASTA</b> Wholesome dough with our sauce? Spinach, tomatoes & mushrooms.	<b>BBO BEANS HASH BROWN BITES</b>	<b>BAKED BEANS OR GARDEN BEAN METCHUP</b>
<b>MEAT-FREE</b>	<b>VEGETABLE &amp; MIXED BEAN WRAP</b> Vegetables & mixed beans wrapped up in a healthy wrap.	<b>VEGETABLE LASAGNE</b> Layers of pasta, with sauce and mixed veg, topped with melted cheese & tomato.	<b>VEGGIE SAUSAGES</b>	<b>MARGHERITA PIZZA</b> Wholesome dough with our sauce? Tomato and mozzarella cheese.	<b>FISHLESS FINGERS AND CHIPS</b>
<b>DESSERTS</b>	<b>LEMON DRIZZLE CAKE</b>	<b>FRUITY FLAPJACK BITES</b>	<b>WIBBLE WOBBLE FRUIT JELLY</b>	<b>HARLE CAKE</b>	<b>CARROT CAKE</b>
<b>AVAILABLE DAILY</b>	<b>FRESH BAKED BAGUETTE</b> Available daily from the Bread Station	<b>HOMEMADE FRESH BREAD ALSO AVAILABLE DAILY FROM THE BREAD STATION</b>	<b>OUR MEAT IS RED TRAFFIC APPROVED!</b>	<b>WEEK ONE</b> Dinner 12:14-4:15, 12:14-2:15, 2:15-4:15	
<b>HOT PASTA BAR</b> Available daily from the Bread Station	<b>OVEN BAKED JACKET POTATO</b> Monday, Tuesday & Thursday	<b>ALLERGENS &amp; INTOLERANCES</b> All Childrens we take food allergies and intolerances very seriously. Please check the menu in advance prior to ordering and food with us. This menu is for information only. If you have any queries please email the school office on our website <a href="mailto:admin@gomeldon.wilts.sch.uk">admin@gomeldon.wilts.sch.uk</a>	<b>WHISKED by Clearlife</b>		

## Oak Class Trip

Oak Class enjoyed a wonderful trip today, exploring plants and nature as part of their enquiry question 'What grows near me'. Our thanks to Miss Higginbottom for organising, as well as the Oak Class team and volunteers who made the day a success!

## Class Photographs

A reminder that class photographs are scheduled to take place on Monday 18<sup>th</sup> May.

## Arbor Communications

We are excited to announce that we will be moving our MIS to Arbor on Monday 11<sup>th</sup> May.

Adopting Arbor will allow us to communicate with you more efficiently and bring all core school data and workflows into one system.

We are really looking forward to getting started with Arbor and invite all our parents to familiarise themselves using the link below.

[Getting started - Log into the Parent Portal and the Parent App](#)

Arbor also offers access to many training resources which are completely free for you to make the most of! These can all be found [here](#).

We will send further communication on the parental app and how to register on or after Monday 11<sup>th</sup> May. Please look out for this information and register your child when prompted.

We will be moving the payment system from ScoPay to Arbor shortly after this (date to be confirmed) but Please do not pre-load dinners and homework club bookings for June onwards, if you have already paid for items for June we will shortly be refunding this to you.

If you have any queries please email the office; [admin@gomeldon.wilts.sch.uk](mailto:admin@gomeldon.wilts.sch.uk)

## Attendance Corner



I am delighted to let you know that we had all of our children in school on Monday of this week! We look forward to more of these please!

## Year 1 Phonics Screening Check

Pupils in Year 1 are subject to a statutory phonics check which takes place in June. To share as much information with you as possible we would like to invite you to attend a Parent Information session on Tuesday 19<sup>th</sup> May at 2:45pm in the school hall. We hope you can make it!

## Well-being

Please see attached for helpful parent information

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one topic of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?



# What parents need to know about SCREEN ADDICTION



## HEALTH & WELLBEING

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction. The World Health Organisation (WHO) has officially recognised gaming addiction as a modern disease. The condition was confirmed as part of their International Classification of Diseases (ICD) which serves as an international standard for diagnosing and treating health conditions.

## LACK OF SLEEP

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

## LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.



## CONFIDENCE, SUPPORT & ADVICE

The Children's Commissioner report 'Life in Likes', explored how children aged 8-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

## APPS CAN BE ADDICTIVE

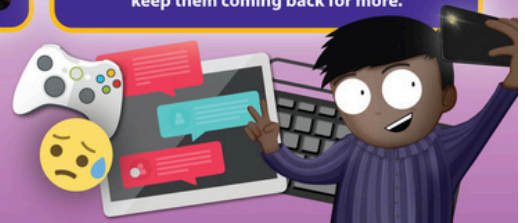
Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



National  
Online  
Safety®



## Top Tips for Parents



## LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

## LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

## REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

## LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

## MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

## ENCOURAGE ALTERNATE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their Outdoor activities to show your support.

## STATISTICS

**52%** of children aged **3-4**  
go online for nearly **9hrs** a week

**82%** of children aged **5-7**  
go online for nearly **9.5hrs** a week

**93%** of children aged **8-11**  
go online for nearly **13.5hrs** a week

**99%** of children aged **12-15**  
go online for nearly **20.5hrs** a week

Children and Parents: Media Use and Attitudes Report 2018

SOURCES: <https://www.nos.org.uk> in partnership with <https://www.ofcom.gov.uk> and Attitudes Report 2018: <https://www.ofcom.gov.uk/consult/condocs/young-people/young-people-2018/young-people-2018.pdf>, <https://www.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones>, Journal of Youth Studies: <https://www.tandfonline.com/doi/full/10.1080/10634269.2018.1501306>, University of Leeds: [https://medhealth.leeds.ac.uk/news/article/1296/rack-of-sleep-damaging\\_for\\_children](https://medhealth.leeds.ac.uk/news/article/1296/rack-of-sleep-damaging_for_children)

## Gomeldon dates for your diary

\*Please note that some dates may be subject to change\*

4.5.26	Bank Holiday – school closed
11.5.26	SATs week for Year 6
14.5.26	Avon Tyrrell Parent Meeting @ 3:20pm
18.5.26	Class Photographs
19.5.26	Phonics Screening Check parent information session @ 2:45pm
25.5.26 – 31.5.26	May Half Term Holiday
1.6.26	TD Day – no school for pupils
2.6.26	First Day of Term 6 for Pupils
11.6.26	Sports Day
17 – 19.6.26	Avon Tyrrell Residential – Year 5 and 6
10.7.26	Sycamore Class Trip
10.7.26	Summer Fayre
16.7.26	End of Year Disco and Y6 Leavers party
15 & 17.7.26	Wessex Water visitors & experience
20.7.26	Year 6 Leavers assembly @ 2:40pm
21.7.26	Last day of school for pupils
22.7.26	TD Day – no school for pupils



To book a place



SCAN ME

Thursday Evenings,  
5.15-6.30pm

10 weekly sessions,  
starting 30<sup>th</sup> April

Age 4 to 8 group &  
Age 8 to 13 group

Delivered by Qualified  
Sports Coaches



Farley Cricket Club



farley\_cc



[www.farleycricketclub.co.uk](http://www.farleycricketclub.co.uk)



Wyvern St Edmund's  
Academy

# YEAR 5 OPEN EVENTS 2026

We look forward to welcoming year 5 students and their families to our wonderful school

**OPEN MORNINGS:  
TUESDAY 16TH JUNE  
WEDNESDAY 17TH JUNE**  
**TASTER DAYS:  
THURSDAY 25TH JUNE  
FRIDAY 26TH JUNE**



**BOOK NOW!**

**PLEASE BOOK YOUR PLACE VIA OUR WEBSITE**



Wyvern St Edmund's  
Academy

## Year 5 Open Events 2026 - Book Now!

Our Open Mornings will take place on Tuesday 16th and Wednesday 17th June.

There will be two sessions available on each day, 9am - 10:30am and 11:15am - 12:45pm.

Each session will include a tour of the school; to enable you to experience the atmosphere of our school first hand and have your questions answered by our staff and students. There will also be a presentation from our Headteacher.

Our Taster Days will take place on Thursday 25th and Friday 26th June.

Taster Days provide your Y5 child with an opportunity to experience a varied curriculum with other Y5 children for the day.

Please do book your Y5 child in to one of these days. We look forward to welcoming them.

**BOOK VIA OUR WEBSITE**

[www.wyvernstedds.org](http://www.wyvernstedds.org)



**THE STONEHENGE  
SCHOOL**

## **YEAR 5 TASTER DAYS**

Year 5 students are invited to visit us on one of our school 'Taster Days' for a preview of what The Stonehenge School has to offer.

Discover our new buildings and find out about the varied curriculum we offer.

### **DATE & TIME**



Tuesday 7th July 2026  
Wednesday 8th July 2026  
Thursday 9th July 2026



8.45 AM - 2.30 PM



**YOU MUST CALL TO BOOK A PLACE  
01980 623407**



**[office@stonehenge.wilts.sch.uk](mailto:office@stonehenge.wilts.sch.uk)**





*Saint Joseph's*  
CATHOLIC  
SCHOOL

# YEAR 5 TASTER DAY

**Tuesday 30<sup>th</sup> June, 9am-3pm**

Experience a day in the life at St Joseph's!

Have a go at some of our lessons, take part in extracurricular clubs and fun activities, and meet some of our teachers and pupils.



Scan the QR code or go to  
**[sjcs.org.uk/transition](https://sjcs.org.uk/transition)**



# Ms LeVoir's Art Academy

**Old Sarum Community Centre**

9am to 3pm Drop Off

26<sup>th</sup>, 27<sup>th</sup>, 28<sup>th</sup> & 29<sup>th</sup> May

## *An Artist A Day*

*Come and explore a different artist  
every day and make your own  
masterpiece!*

For 7 to 11 year olds  
1 day £35, 2 days £65,  
3 days £95 4 days £ 125  
10% sibling discount.

WhatsApp  07801800640 to book