

## Learners of the Week

Ash Class: All of Ash Class who have been wonderful learners this term!

Oak Class: Alex, a wonderful Author Reader

Beech Class: Matthew, a fabulous Historian

Chestnut Class: Archie, a super Athlete

Sycamore Class: Toby, an amazing Scientist



## Goodbye to Mrs Wills

It is with sadness we say goodbye to the wonderful Mrs Wills today. We thank her for all she has contributed to Gomeldon since her arrival. Her work in the Early Years and as SENDCo will last long beyond her departure. We wish her love and success in her next adventure as a Headteacher!

## Next Week's Menu

WHISKED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	CHICKEN & CHEESE WRAP *Vegetarian friendly*	BEef LASAGNE *Vegetarian friendly*	ROAST CHICKEN *Vegetarian friendly*	HAM & PINEAPPLE PIZZA *Vegetarian friendly*	SALMON FISHPASTE AND CHIPS
<b>SIDES</b>	VEGETABLE RICE	GARLIC BREAD BITES SALAD	VEGETABLE CHICKEN SANDWICHES WITH POTATOES AND BEANS	BBQ BEANS HASH BROWN BITES	BAKED BEANS OR GARDEN PEAS KETCHUP
<b>HEAT-FREE</b>	VEGETABLE & MIXED BEAN WRAP *Vegetarian friendly*	VEGETABLE LASAGNE *Vegetarian friendly*	VEGGIE SAUSAGES	MARINHERTA PIZZA *Vegetarian friendly*	FISHLESS FINGERS AND CHIPS
<b>DESSERTS</b>	LEMON DRIZZLE CAKE	FRUITY FLAPJACK BITES	WIBBLE WOBBLE FRUIT JELLY	MARBLE CAKE	CARROT CAKE

**AVAILABLE DAILY**  
FRESH BAKED BAGUETTE  
HOT PASTA BAR  
OVEN BAKED JACKET POTATO  
OVEN BAKED SWEET POTATO  
ALTERNATIVE DESSERT  
SALAD TABLE

**WHISKED by Goodlife**  
WEEK ONE  
Spring/Summer 2026  
Scan QR code for allergen information

## Snakes and Ladders Champion

Well done to our Team captains who have been working hard to add a range of challenges for children across the school. This term saw a Snakes and Ladders tournament. Well done to the overall winner - Ethan Jones!

## School Uniform

We are pleased to let you know that you are now able to order school uniform from our new provider. This is a local company who can offer competitive pricing as well as faster delivery times. The link for uniform is now on the website and also here for your convenience:

<https://gomeldonprimaryschool.deco-apparel.com/>

You will still need to order online, but can visit them at Longhedge to try on for size.

## New Menu from April

Please note that there is a new menu for Summer Term, starting on the first week back. This is now live on the website and here for your convenience.

## Easter Bake Sale

Thank you to our committed team of bakers for their beautiful Easter cakes for today's bake sale. Thank you also to the GPA team for organising this!

## Nisa Donation

Thank you to Becky and the Nisa team for the donation of Easter Eggs for all pupils at Gomeldon, a much enjoyed annual treat - Happy Easter!

## Migration to Windows 365

We will soon be migrating our emails in line with the Pickwick Academy Trust. There will be no change for parents but we will need to ask you not to send any emails during a small period of time as they may be lost. We will advise you of the details nearer the time, but please keep a look out for further information!

## Tag Rugby

Well done to our Rugby Team who took part in the inter school competition this week. They represented Gomeldon with pride and sportsmanship.



## Well-being

Please see attached for helpful parent information

At the National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

# What Parents & Educators Need to Know about VIOLENT CONTENT ONLINE

Around 70% of teenagers say they've seen real-life violence on social media in the past year – often from as young as primary school age. Just 6% actively seek it out; most encounter it through group chats or social media algorithms. From fights and pranks to hate speech and graphic media, exposure to violent content online is more widespread – and more harmful – than many adults realise.

## WHAT ARE THE RISKS?

### MENTAL HEALTH AND TRAUMA

Children and young people report feelings of anxiety, guilt, shame or fear after seeing violent content. For some, these effects may be short term, but for those with existing vulnerabilities or past trauma, the impact can be more severe. Many also feel pressured to 'laugh off' violent content to fit in with friends, even when they find it distressing.

### BEHAVIOUR CHANGES

Exposure to online violence can lead to fear and avoidance behaviours – such as skipping school or staying indoors. When children see weapons used in videos, it can heighten their perception that the world is unsafe and, in rare cases, increase the likelihood they'll consider carrying a weapon themselves, such as a knife for protection.

### ESCALATION AND PARTICIPATION

Violent videos often go viral quickly. What begins as an online argument can spill into real-world fights – which are sometimes filmed and shared to gain views or status. Some children even admit to sharing or creating violent content themselves to gain attention or boost their reputation.

### DESENSITISATION

Older teens may become numb to violent content after years of exposure, admitting they're unlikely to report it. Younger children also tend not to report it – usually because they don't believe anything will be done or because they're afraid of being labelled a 'snitch' by their peers.

### HARMFUL IDEOLOGIES

Violent content online may overlap with racist, misogynistic or otherwise extremist ideas. These messages can dehumanise others or glorify violence as a way to gain power, popularity or notoriety. Over time, this can normalise dangerous behaviours and attitudes among impressionable viewers.

### DISPROPORTIONATE IMPACT

Not all children are affected equally. Those who are excluded from school, marginalised, disabled or neurodivergent are often more vulnerable to the effects of online violence. It's essential to consider wider context – including home life and access to safe spaces – when thinking about potential harm.

## Advice for Parents & Educators

### CREATE SUPPORTIVE SPACES

Many children feel adults are too busy or won't understand their experiences online. Take time to build trust through non-judgemental conversations about what they're seeing. If they don't want to speak to you directly, gently signpost towards trusted services they can turn to for support.

### KNOW WHAT'S ILLEGAL

Some violent content is simply upsetting, while other examples may be criminal or a safeguarding matter that needs reporting. Help children understand the difference by staying informed about online laws and social media reporting procedures. A useful resource is [reportharmfulcontent.com](https://reportharmfulcontent.com).

### AVOID HARSH RESTRICTIONS

Fear of punishment is a major reason young people stay silent about violent content. Try not to overreact or threaten to take away devices. Instead, reassure children that they can speak openly and that asking for help won't get them into trouble.

### UNDERSTAND TECH AND TRAUMA

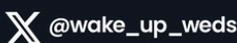
Older children may already know how to block accounts or avoid triggering content. Help younger or more vulnerable children learn these tools and encourage habits that reduce exposure. Just as importantly, teach techniques that help them process distress – building resilience and emotional literacy for both online and offline life.

## Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in digital safety, media law, and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal, and ethical considerations for the digital age. Visit [onlinemedialawuk.com](https://onlinemedialawuk.com) for more.



In partnership with...



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## Gomeldon dates for your diary

\*Please note that some dates may be subject to change\*

30.3.26 – 12.4.26	Easter Holidays
13.4.26	First Day of Term 5
17.4.26	GPA first Frozen Friday (weather permitting!)
28.4.26	Book Fayre
11.5.26	SATs week for Year 6
<b>14.5.26</b>	<b>Avon Tyrrell Parent Meeting @ 3:20pm</b>
18.5.26	Class Photographs
25.5.26 – 31.5.26	May Half Term Holiday
1.6.26	TD Day – no school for pupils
2.6.26	First Day of Term 6 for Pupils
11.6.26	Sports Day
17 – 19.6.25	Avon Tyrrell Residential – Year 5 and 6
3.7.26	Summer Fayre
16.7.26	End of Year Disco and Y6 Leavers party
20.7.26	Year 6 Leavers assembly @ 2:40pm
21.7.26	Last day of school for pupils
22.7.26	TD Day – no school for pupils



To  
book  
a  
place



SCAN ME

Thursday Evenings  
5.15-6.15pm

10 weekly sessions  
starting 30<sup>th</sup> April

Age 4 to 8 group &  
Age 8 to 13 group

Delivered by Qualified  
Sports Coaches



Farley Cricket Club



farley\_cc



[www.farleycricketclub.co.uk](http://www.farleycricketclub.co.uk)

Hop into the Fun at our...



9am - 3pm



Tuesday 7<sup>th</sup> & Friday 10<sup>th</sup> April 2026

Email: [Admin@DistrictSportsSouth.com](mailto:Admin@DistrictSportsSouth.com)



*Saint Joseph's*  
CATHOLIC  
SCHOOL

# YEAR 5 TASTER DAY

**Tuesday 30<sup>th</sup> June, 9am-3pm**

Experience a day in the life at St Joseph's!

Have a go at some of our lessons, take part in extracurricular clubs and fun activities, and meet some of our teachers and pupils.



Scan the QR code or go to  
[sjcs.org.uk/transition](https://sjcs.org.uk/transition)



# LITTLE LOVES DRAMA CLUB

by Drama Club Salisbury

• IMAGINATION ♥ CONFIDENCE ♥ FUN ♥ FRIENDSHIP •



**THURSDAYS (TERM TIME ONLY)**

**AGES 4-6**

**IDMISTON MEMORIAL HALL  
3:30-4:15**

**£6  
A CLASS**

# EASTER

# The SALISBURY MUSEUM

## Hop into history with the family this Easter

### Discovery Days:

#### Build a Community Museum

**Tuesday 31 March, 10am - 4pm**

Join us to build a pop-up community museum together. Design a display, try being a curator, or bring a special object to share.

Come along to spark creativity and help shape a museum made by the community.

#### Oak Apple Day

**Tuesday 7 April, 10am - 4pm**

Grovely Grovely and all Grovely! Celebrate May's Oak Apple Day a little early with us—a much-loved local tradition.

Discover the story behind this unique custom, then get hands-on making your own oak-leaf wreaths and accessories to take home.

### Mini Monday - Easter Fun!

**Monday 13 April, 10 - 11:30am**

Hop into the Easter spirit with us! Little artists can get creative making their own seasonal crafts, including mini baskets, bunny cards and cheerful chicks. It's sure to be an EGG-cellent time for all! For ages 2–5.

### Spring Fayre

**Monday 4 May, 10am - 4pm**

This year's Fayre brings the feel of a village fete with a full celebration of folk traditions.

Alongside favourites like Morris dancing, spinning and thatching, new highlights include live music, a kiddy ceilidh, a children's folk scratch orchestra, maypole and Longsword dancing, plus a collaborative willow art project.

*Donation entry*

### Studio Takeover

Our studio creative space is yours! Enjoy an entire room full of dressing up, block building, Easter-themed arts and crafts, and a cosy book corner. Open to all ages **throughout the holiday!**

**The Salisbury Museum is open daily, 10am–5pm**

See website for further details: [salisburymuseum.org.uk](http://salisburymuseum.org.uk)





Time Out For Parents - Children with Additional Needs

Are you a parent/carer for a child (or children) with additional needs? This course was written for you!

Come and meet other parents/carers to support, help and encourage each other to share feelings and experiences about your child with additional needs.

Discuss and share ideas that support you to come up with solutions to problems and behaviours that challenge on the basis of what works - not what's meant to work!

(No formal diagnosis required)

Call us for more information or to ask for a space on: 0800 970 4669 or use the code opposite to sign up directly.

<https://wiltshiretogether.org.uk/alltogether>



Family Hub  
Wiltshire Council





# March 2026 Timetable

All sessions delivered live online via zoom. 90 minutes long

**£24 each or FREE with School Membership**

Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

Recordings available for 48 hours (excluding Free Talk)

Improving Family Communication	2 Mar 10am
Autism - Improving Communication	2 Mar 7pm
Understanding Addictive Behaviour	3 Mar 10am
Supporting a Child with ADHD	3 Mar 7pm
Anxiety Based School Avoidance	9 Mar 10am
Understanding Anger	9 Mar 7pm
Supporting Healthy Screen Use	10 Mar 10am
Facing Defiance	10 Mar 7pm
Cannabis and Ketamine Awareness	16 Mar 10am
Anxiety Explained	16 Mar 7pm
Introduction to OCD	17 Mar 10am
What is ACT	17 Mar 7pm
Raising Self-Esteem	23 Mar 10am
Decreasing Depression	23 Mar 7pm
Supporting Healthy Sleep	24 Mar 10am
Understanding the Teenage Brain	24 Mar 7pm
<b>FREE Anxiety Based School Avoidance</b>	26 Mar 7-8pm



Within My Reach

## Time for Us

Would you like some support communicating as a couple?

Do you need help to understand each other and be better listeners to make positive changes in your relationship?  
If so, then come along and join our group of

like minded couples.

Call us for more information or to ask for a space on: 0800 970 4669 or use the code opposite to sign up directly.

<https://wiltshiretogether.org.uk/alltogether>





# Triple P Family Transitions

**Struggling With  
Co-Parenting?  
You're Not Alone.**

**Are you finding co-parenting challenging?  
Can't agree on the decisions being made for your  
child?**

Parenting after separation isn't easy — but you don't  
have to go through it alone.

Join our co-parenting programme and connect with

other separated parents/carers on a similar journey.

This supportive programme is designed to help you navigate the  
challenges of shared parenting and will empower you to put your  
child's wellbeing first.

Call us for more  
information or to ask for a  
space on: 0800 970 4669  
or use the code opposite to  
sign up directly.

<https://wiltshiretogether.org.uk/alltogether>



**Spurgeons**

**Family Hub  
Wiltshire Council**

**All  
Together**  
Supporting families in Wiltshire



**Family Hub**  
Wiltshire Council



# Meet your FAMILY NAVIGATOR

"My name is Sam,  
I am your local Family Navigator from Wiltshire Family Hubs, I will be here in the Library and the local community, come and talk to me about what life is like looking after children and young people, and come see what children's groups, events and support we have on offer. I look forward to meeting you."

**Salisbury Library 10-12pm Monday  
and Friday**  
**Wilton Library 10-12pm 1<sup>st</sup> and 3<sup>rd</sup>  
Thursday of the month**  
**Tisbury Library 10-12pm 2<sup>nd</sup> and 4<sup>th</sup>  
Tuesday**  
**Old Sarum pantry 9.30-11.30  
Wednesday**



In partnership with...  
**Spurgeons**  
Together with families

0800 970 4669



Scan me

**Wiltshire Council**