

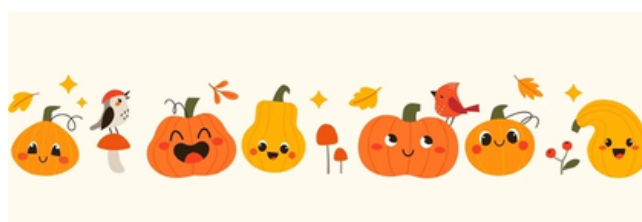
Learners of the Week

Ash Class: Aria, a fantastic Author Writer
Oak Class: Leo P, a wonderful Philosopher
Beech Class: Eryk, an amazing Author Writer
Chestnut Class: Hugo, a super Mathematician
Sycamore Class: Harry Noyce, a marvellous Mathematician



Harvest Donations

In case you missed it on social media, a big thank you to those of you who were able to donate towards our harvest donations this year. We are delighted that they have gone to a great local pantry!



Halloween

A reminder of our dress down day and bake sale on Wednesday 22nd October.

Children are invited to wear Halloween themed clothes for a £1 donation to GPA, but **NOT masks or face paints please**. If they don't fancy dressing up, simple non-uniform is also welcomed! If you are able to bake for the sale at the end of the school day, we would be very grateful! Please bring some money along to buy a tasty treat to start the half-term break.

Next Week's Menu

WHISKED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	SAUSAGE AND MASH Butter baked sausage with onion and mash, topped with cheese.	TACO PASTA Homemade beef taco mince, tomato sauce, cheese, and tortilla chips.	CHICKEN BURGER Chicken fillet burger in a bun with cheese, tomato, and onion.	PIZZA PEPPERONI Homemade pizza with tomato sauce, mozzarella, and pepperoni.	FISH 'N' CHIPS Battered fish and chips, served with tartar sauce.
SIDES	SWEETCORN Grilled sweetcorn cobs.	NACHOS Sizzling green beans.	CRISPY SALAD Homemade mixed salad with wedges.	ROAST NEW SEASON POTATOES Roasted potatoes with olive oil and herbs.	SUMMER PEAS Grilled peas.
MEAT-FREE	VEGGIE SAUSAGE AND MASH Vegetarian sausage with onion and mash.	VEGGIE TACO PASTA Vegetarian taco mince with tomato sauce and cheese.	VEGGIE BURGER Vegetarian burger in a bun with cheese, tomato, and onion.	PIZZA MARGHERITA Homemade pizza with tomato sauce, mozzarella, and basil.	QUORN HUGGETTS Vegetarian nuggets with onion rings and fries.
DESSERTS	SPRINKLE SPONGE Classic vanilla sponge.	HANDCAKE CAKE Zesty mandarin cake.	JELLY Orange jelly with raspberries.	FLAPJACK Crisp flapjack with chocolate.	ROCKY ROAD Homemade rocky road with chocolate and nuts.
AVAILABLE DAILY	FRESH BAKED BAGUETTE Homemade baguette.	HOMEMADE FRESH BREAD Also available daily from the bread station.	OUR MEAT IS RSPCA APPROVED	Spring - Summer 2025 WEEK TWO 2	DATE: 2025-10-24 TIME: 12:15 - 1:15 PM
FRUIT	FRUIT Homemade fruit salad.	FRUIT Homemade fruit salad.	FRUIT Homemade fruit salad.	FRUIT Homemade fruit salad.	FRUIT Homemade fruit salad.
SALAD TABLE	SALAD TABLE Homemade salad bar.	SALAD TABLE Homemade salad bar.	SALAD TABLE Homemade salad bar.	SALAD TABLE Homemade salad bar.	SALAD TABLE Homemade salad bar.
ALLERGENS & INTOLERANCES	ALLERGENS & INTOLERANCES Scan the QR code for more information.	ALLERGENS & INTOLERANCES Scan the QR code for more information.	ALLERGENS & INTOLERANCES Scan the QR code for more information.	ALLERGENS & INTOLERANCES Scan the QR code for more information.	ALLERGENS & INTOLERANCES Scan the QR code for more information.

New menu coming next term! This will be uploaded on Wednesday of next week.

End of term

A reminder that Wednesday 22nd October marks the end of the first term at school. School begins again on Monday 3rd November!

Start of School

Just a gentle reminder for some that the time we expect all children to be in school to start the day is 8:50am. Please ensure that you are here in time for the lower gates so that your child can start the day with their peers when learning activities begin at 8:50am. Thank you.

Wrap-around Care

We are keen to add Friday after school to our wrap around care offer here at Gomeldon. If this is something that you would like to book, it will be available again after half term. If we have enough to run the club, we will get going in the first week!

A reminder that we have our own Morning Club running from 7:50am where you can drop at any time before the start of the school day for £4 a session. This can be booked on Scopay in the usual way.

After School Club is available Monday to Thursday until 5pm. This is booked directly with District Sports using the following link:

<https://district-sports-south.classforkids.io/>

Secondary School Applications - deadline!

A final reminder that the deadline for Secondary School applications is on 31st October.

<https://parentportal.wiltshire.gov.uk/web/portal/pages/home>

Christmas Box Appeal

This week we enjoyed an assembly from the House of Opportunity and their Christmas box appeal. Each family has received a leaflet about how you can contribute to the appeal, making up a Christmas present to send. Last year we were pleased to donate approximately 30 boxes and would love to beat our personal best! The collection takes place on Monday 17th November. Thank you!

<https://houseofopportunity.org/what-we-do/christmas-box-appeal/>

Christmas Box Appeal

Bring joy to a life this Christmas

Years 5 and 6 Residential Trip

We are excited to share the news that our residential trip for Years 5 and 6 will be taking place again this year to Avon Tyrrell. Communications have gone home with information about how to secure your place on the trip in June!

<https://avontyrrell.org.uk/>



Remembrance

Every year at Gomeldon, we mark Remembrance with a display in school. This includes photographs of service personnel both past and present who have links with Gomeldon. If you have a family member who we can add to our display, we would love to hear from you! Please email a photograph to the school office.

Reading Workshop

On Tuesday 18th November, all parents are invited to take part in a reading workshop at school at 2:45pm in the school hall. It will cover ways you can support early reading with phonics as well as share our reading approach at Gomeldon.



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about MEMES

WHAT ARE THE RISKS?

Memes may look like simple jokes, but, for many teenagers, they form a shared cultural language. Quickly created and reworked, they spread across social media platforms as images with text or short videos. Nearly eight in ten teenagers share memes (79%, YPulse), making them part of daily life. While memes encourage creativity and participation, they can also spread misinformation or reinforce harmful stereotypes.

SPREADING MISINFORMATION

While memes help to communicate complex topics, they can also spread misinformation. Memes may sometimes include content presenting false facts or biased viewpoints, especially around health, politics, or current events and, as they're designed to be shared quickly, young people may not question their accuracy.

EXPOSURE TO INAPPROPRIATE CONTENT

Memes are widely circulated, and not always age-appropriate, meaning young people may encounter explicit language, sexual content, or graphic imagery, even without searching for it. As memes spread fast on platforms like Instagram, TikTok, or WhatsApp, it's nearly impossible to filter them completely.

MASKED MESSAGES

Some memes are designed to be confusing or layered with hidden meanings, making them hard for parents, and, sometimes, other young people to understand. Online groups often create these memes to look like inside jokes, but they can sometimes conceal offensive, harmful, or misleading content.

HIDDEN HARMS & LOSING SENSITIVITY

When serious topics like violence, racism, or mental health are turned into jokes, children and young people may become less sensitive to these issues over time. While a funny meme may seem light-hearted, it can carry messages that belittle certain groups, encourage risky behaviour, or mock personal struggles. Repeated exposure through memes can make harmful behaviour seem normal or less important. Over time, this can blur their understanding of what is funny versus what is discriminatory, harmful, or damaging to themselves and others.

PERMANENT DIGITAL FOOTPRINT

Unlike spoken jokes, memes leave a trail. Created or shared memes can resurface later and be misunderstood, even if intended as harmless. Once online, memes may be copied, saved, or spread beyond a young person's control - digital actions can follow them into their future, shaping how they are perceived by peers, teachers, or even employers long after the original meme has been shared.

Advice for Parents & Educators

ENCOURAGE OPEN CONVERSATIONS

Talk regularly with young people and try to understand their online world - discuss what they find funny about the memes, and why. By listening without judgement, you build trust, making it easier for them to come to you if they see something harmful. Open conversations also help children and teens think critically about the messages behind memes rather than simply accepting them at face value.

MODEL HEALTHY BOUNDARIES

Show children and teens positive online behaviours, such as taking breaks from screens, avoiding late-night scrolling, and engaging in offline activities. Setting clear routines around screen time at home can help to reinforce healthy boundaries and reduce the risks of overuse. By modelling balanced technology use, adults can help children and young people see that digital entertainment, including memes, should be just one part of life.

TEACH DIGITAL LITERACY

Help children and young people learn to question where information comes from and whether it's reliable - developing media literacy skills prepares young people to understand and navigate through their future online lives. Show them how memes can sometimes exaggerate or misrepresent facts for laughs, and encourage them to check credible sources when memes claim to present truth.

FOSTER EMPATHY ONLINE

Remind children and young people that memes should never come at someone else's expense. Encourage them to think about how a meme might make another person feel before sharing or creating it. Highlight examples of positive memes that celebrate creativity without hurting others. Fostering empathy, respect, and kindness in digital spaces will help them become more aware of promoting a safer, more supportive online culture.

Meet Our Expert

Dr Cristina Moreno-Almeida is a Senior Lecturer in Digital Culture at Queen Mary University of London. She specialises in memes, online networks, and youth culture, examining how digital spaces shape identity and everyday life.



See full reference list on our website



The National College®



@wake_up_weds



/www.thenationalcollege



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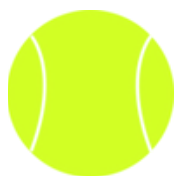
@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.10.2025

Gomeldon dates for your diary

Please note that some dates may be subject to change

22.10.25	GPA bake sale and Halloween non-uniform day
23.10.25 – 2.11.25	October Half Term Holiday
3.11.25	First day of Term 2
18.11.25	Parent Reading Meeting 2:45pm
20.11.25	Beech, Chestnut and Sycamore Curriculum Showcase 2:45 – 3:15pm
24.11.25	Image Theatre Productions in school
12.12.25	Flu Vaccines
12.12.25	Christmas Cafe
16.12.25	Christmas Carol Concert for Years 4, 5 and 6 @6pm
17.12.25	Christmas Lunch
22.12.25 – 4.1.26	Christmas Holidays
5.1.26	First day of Term 3
13.2.26	TD Day – no school for pupils
16.2.26 – 22.2.26	February Half Term Holiday
23.2.26	First Day of Term 4
5.3.26	World Book Day
17.3.26 & 19.3.26	Parent Consultation Meetings – 3:40pm – 6:00pm
30.3.26 – 12.4.26	Easter Holidays
13.4.26	First Day of Term 5
11.5.26	SATs week for Year 6
18.5.26	Class Photographs
25.5.26 – 31.5.26	May Half Term Holiday
1.6.26	TD Day – no school for pupils
2.6.26	First Day of Term 6 for Pupils
17 – 19.6.25	Avon Tyrrell Residential – Year 5 and 6
16.7.26	End of Year Disco and Y6 Leavers party
20.7.26	Year 6 Leavers assembly @ 2:40pm
21.7.26	Last day of school for pupils
22.7.26	TD Day – no school for pupils



OCTOBER HALF TERM 2025 JUNIOR TENNIS CAMPS



Run by qualified tennis coaches and tennis leaders
Action packed sessions with lots of coaching, playing, & prizes
A great way to have fun and make friends.

Mon to Wed, 27 - 29 October, 3 mornings (9.30am to 12.30pm) or 3 shortdays (9.30am to 3.00pm)

Morning camp: **£69.50 per child**

Short day camp: **£99.50 per child**

Players are placed in groups according to age and ability:

Mini Red: age 4 - 8 years

Mini Orange: age 8 - 9 years

Juniors: age 10 - 16 years

To book go to victoriaparktennis.org.uk, click on **HOLIDAY CAMPS** and then on the booking link. Or get in touch if you can't make all 3 days.

Victoria Park Community Tennis | **07865 049723**

mail@victoriaparktennis.org.uk | www.victoriaparktennis.org.uk

No. 9 North Street
Wilton, Salisbury
SP2 0HA

01722 741444

Call to book a table



Monday 09:30 - 14:30

Tuesday 09:30 - 14:30

Wednesday Closed

Thursday 09:30 - 14:30

Friday 09:30 - 14:30

Saturday 09:30 - 15:30

Sunday Closed

Open until 15:30 in
school holidays

Coffee | Creativity | Community

Speciality drinks, sweet treats and light bites with the option to craft



Speciality coffee
Allergy friendly options
Courtyard space
Child friendly
Takeaways welcome
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Adult craft workshops
Children's holiday 'crafternoons'

Family and friends time-together activities

Seasonal craft packs, busy baskets and colouring for all ages

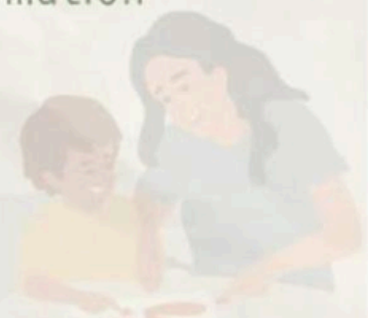
Private hire available

Visit our website below for more information



www.thecraftycup.co.uk

thecraftycup@myyahoo.com



Supporting a Child with ADHD



Challenge the stereotypes and get practical help

Monday 13th October 10-11:30am

Tuesday 11th November 7-8:30pm

90 minutes session. Recording available for 48hrs

£24.

Available to book now
facefamilyadvice.co.uk



Support We Offer

We are here to help with a whole range of topics including:

Ideas around implementing routines and setting boundaries.

Help to understand your child's needs and build your confidence as a parent.

Help around finances, housing applications, debt support and accessing benefits.

Supporting you 'back to work'

Volunteering opportunities

We can help families access:

Healthy start vitamins

3-4 Year old Bookstart packs

Advice on local childcare and applying for funding.

Introductions to other services

Facebook

Our Wiltshire Family Hub Facebook page is another way for families to stay up to date with current services. Make sure you like and follow to stay in touch with us.

Simply click here:



Get in touch with us

If you have any questions or would like more information about our services please call us on one of our numbers below or check out our website:

Freephone:
0800 970 4669

wiltshirefamilyhub@spurgeons.org

Other useful numbers:

Health visitor – Single Point of Access

0300 247 0090

National Breastfeeding helpline
0300 100 0212

Fearfree (Domestic Abuse support Service)
01225 775276

National Domestic Abuse Helpline
0808 2000 247

Click here to visit our website

www.wiltshirefamilyhubs.org.uk

Support for Families to Build Healthier Relationships

At the Family Hub we recognise that there are times when the family dynamic can become increasingly stressful with communication that often ends in conflict.

Why not try Within My Reach?

Within My Reach is a four-week programme offered by Wiltshire Family Hubs, designed to support parents and carers living under the same roof who are seeking help in rebuilding a healthier relationship.

This program is ideal for couples and individuals alike—the flexibility allows either joint or solo participation.

Want to Get Involved? Here's How:
Request your place online. Sign-up is easy:

[CLICK HERE](#)

Why not try - Triple P Family Transitions

Triple P Family Transitions is a five-week programme where co-parents can come along, separately, to learn strategies and skills to manage their emotions, learn coping strategies during separation and divorce and balance play, work and life as you transition through the change.

[CLICK HERE](#)

Choking and Strangulation

Did you know?

- Asphyxia (which also includes choking and strangulation) is the third most common cause of child accident deaths in the UK. Most of these accidents happen to children under 5.
- It takes just a few minutes for a baby to suffocate, and they are too weak to move themselves out of a position where they can't breathe.
- For some top tips to avoid risk for your little one click the link →



[CLICK HERE](#)

Contact us by email:

wiltshirefamilyhub@spurgeons.org

Contact us by phone:

0800 970 4669



October Camps



PH CAMPS



Ofsted
Registered

4-14
years

MONDAY 20TH OCTOBER – FRIDAY 31ST OCTOBER

Early Bird Prices

 DAY	WEEK
Breakfast Club (08:00 – 09:00)	£5.00 £20.00
Day Booking (09:00-15:00)	£28.50 £128.25
Extended Club (15:00 – 16:00)	£5.00 £20.00
Extended Club (15:00 – 17:30)	£10.50 £42.00

BOOK NOW

www.phcamps.co.uk

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bookings@phcamps.co.uk

