

**Enniskillen Integrated Primary School and Nursery Unit**



# **Food in School Policy**



**Ratified by Board of Governors:  
As per statement on Website**

Enniskillen Integrated Primary School and Nursery Unit actively supports healthy eating and drinking throughout the school day.

This policy document was produced in consultation with the entire school community, including pupils, parents, school staff, governors, WELB School meals.



**Aim:**

To ensure that all aspects of food and nutrition in our school and nursery unit promote the health and wellbeing of pupils, staff and visitors to our school.

## Objectives:

- Review the formal curriculum to ensure information relating to food and nutrition in different lesson areas is consistent and up to date.
- Work with WELB school meals to trial a healthier breakfast club, serving a range of items.
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- Establish a food week in school to promote healthy eating and drinking messages. –**TERM 2**
- Ensure that teachers who are taking responsibility for food in the NURSERY have basic food hygiene training.



## Action

### We will meet our objectives by:

- Discussing at school council. Setting up a SNAG group to monitor change and review policy.
- Formal curriculum: setting up a working group to audit food based topics across general learning areas.
- Healthier breakfast club: working with WELB school meals on a menu of breakfast options at a reasonable cost. Publicising club in school newsletter, plus through poster advertising in the corridors.
- Food week: running fruit and veg taster sessions. Having a food related competition.
- Linking with health promoting national events, such as Ramp up the Red Day – British Heart Foundation and participating in Farmhouse Big Breakfast Week, World Food Day
- Continuing professional development



## Monitoring and evaluation

### We will monitor and evaluate progress through:

- SNAG: reporting on progress to the SMT and reviewing policy annually in light of improvement and changes.
- Formal curriculum: teachers being able to identify food based topics through schemes of work.
- Healthier breakfast club: school caterer reporting on the number of pupils using service. Asking pupils, parents and teachers their thoughts about the club and the range of food provided.
- Food week: head teacher presenting certificates or prizes in school assembly. Displaying photographs on school website.
- Extra-curricular: producing a club recipe book, reports and photographs posted on the school website.



# SNAG – School Nutritional Action Group

Members:

Mrs. Mary Sammon

Health Education Co-Coordinator

Mrs. Jenny McHugh

Cook Supervisor EIPS (WELB)

Mrs. Liz Caithness

Board of Governors

Mrs. Nuala Nolan

Year 4 Teacher

Mrs. Kate O'Shea

Classroom Assistant

Students' Council

