








Greasby Junior School Menu - Week 1








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Burger Choose from a fresh chicken fillet, or Quorn fillet oven baked and served on a burger bun with lettuce, tomato and mayo, served with sweetcorn</p> 	 <p>Chinese Stir Fry Strips of fresh beef or Quorn pieces cooked with onions, carrots, and broccoli in a tasty sauce served with eggs noodles</p>	<p>Chicken Goujons Choose from crumbed chicken breast strips or Quorn nuggets baked in the oven and served with homemade potato wedges and peas</p> 	 <p>Hotdogs Choose from a butcher's quality sausage or a Quorn sausage served in a finger roll with sweetcorn and coleslaw</p>	<p>Fish 'Fry Day' Choose from either oven baked battered cod or vegetable nuggets served with chips and mushy peas or baked beans.</p> 
Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
<p><i>Jacket Potatoes, paninis, sandwiches and wraps also available daily as an alternative</i></p>				



Greasyby Junior School Menu - Week 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Burger Day Choose from a butcher's quality burger or a Quorn burger served in a bun with lettuce, tomato and mayo, served with sweetcorn</p> 	 <p>Pasta Bar Choose your pasta - spirals or spaghetti. Choose your sauce -homemade bolognaise, tomato & herb or cheese served with garlic bread</p>	<p>Creamy Chicken Curry Fresh chicken breast or Quorn cooked with cumin, coriander, ginger, turmeric, coconut milk and natural yogurt served on a bed of wholegrain rice with naan bread and broccoli</p> 	 <p>Homemade Sausage Roll Choose from butcher's quality sausage meat or a savoury cheese filling encased in puff pastry and baked in the oven until golden, served with homemade mashed potato and baked beans.</p>	<p>Fish 'Fry Day' Choose from either oven cod fillet fish fingers or vegetable nuggets served with chips and mushy peas or baked beans.</p> 
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