

# WEST ACTON PRIMARY SCHOOL

## NEWSLETTER

Friday 17th October 2025



Thank you Bri @ealingfoodbank we always love having you visit.  
Look at our Harvest from our school vegetable patch!  
Thank you for our Foodbank Donations!

## Humanities Autumn Half-term Challenge 2025

We challenge you to complete the suggested half-term activity to develop your understanding of your up-coming Humanities topic. All of these places/activities are **FREE**.

Complete a **1 PAGE** summary of something that interested you most (include writing/drawing/a photo) to be in with a chance of winning a prize after half-term!

Give your entry to your class teacher after half-term (include name/year/class). **Have fun!**

Year Group	Autumn 2 Humanities Topic	Suggested Autumn Half-term Activity
Y1	My Local Area	Visit a different park in Acton. What do you like? <a href="https://www.google.com/maps/search/parks+in+acton/@51.5047388,-0.2752512,14z/data=!3m1!1e3!1sentry-stu&amp;_ep=EgMMD0MTA2N14wK0XMD2uASAFQ6w%3D%3D">https://www.google.com/maps/search/parks+in+acton/@51.5047388,-0.2752512,14z/data=!3m1!1e3!1sentry-stu&amp;_ep=EgMMD0MTA2N14wK0XMD2uASAFQ6w%3D%3D</a>
Y2	Seasons	Draw an Autumn picture. What do you like about Autumn?
Y3	Bronze Age to Iron Age	Visit Mill Hill Gardens in Acton. How does it link to the Bronze Age? <a href="https://www.groparks.london/park/mill-hill-gardens/">https://www.groparks.london/park/mill-hill-gardens/</a>
Y4	Extreme Weather	Visit the Natural History Museum. What can you learn about volcanoes and earthquakes? <a href="https://www.nhm.ac.uk/visit/galleries-and-museum-map/volcanoes-and-earthquakes.html">https://www.nhm.ac.uk/visit/galleries-and-museum-map/volcanoes-and-earthquakes.html</a>
Y5	Rivers (Autumn 1)	Take a walk from Kew Bridge to Hammersmith Bridge. Sketch and discuss your observations. <a href="https://www.outdooractive.com/en/route/hiking/routes/south-east-england/walking-kew-bridge-to-hammersmith-bridge-3.7m-5.9km-/235759145/#details-tab1">https://www.outdooractive.com/en/route/hiking/routes/south-east-england/walking-kew-bridge-to-hammersmith-bridge-3.7m-5.9km-/235759145/#details-tab1</a>
Y6	Protecting the environment	Visit the Science Museum. How can we protect our environment? <a href="https://www.sciencemuseum.org.uk/objects-and-stories/our-environment">https://www.sciencemuseum.org.uk/objects-and-stories/our-environment</a>



Last week in Reception, the children were learning to compare capacity. They had the opportunity to work independently, pouring coloured water into different containers. Through this hands-on activity, the children explored concepts such as more and less, while developing their mathematical understanding and language in a fun and engaging way.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
WEEK COMMENCING 21 <sup>st</sup> April 12 <sup>th</sup> May 2 <sup>nd</sup> June 23 <sup>rd</sup> June 14 <sup>th</sup> July 15 <sup>th</sup> September 06 <sup>th</sup> October 2025									
WEEK 1	Italian Quorn Meatballs with Tomato Sauce and Rice	Cheese and Tomato Pasta Bake with homemade Garlic Bread	Margherita Pizza with Garlic & Herb Wedges	Chicken Burger with Garlic & Herb Wedges	Quorn Fillet with Roast Potatoes & Gravy	Tarka Dahl served with Rice	Chicken Tarka Dahl served with Rice	Cheese & Tomato Quiche with Chips	Fish Fingers or Salmon Fish Fingers, Chips & Tomato Ketchup
					Shepherd's Pie				
	Sweetcorn & Mixed Salad	Roasted Courgettes & Broccoli			Green Beans & Carrots	Sweetcorn & Mixed Salad		Peas & Baked Beans	
	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt			Ice Cream Bar Berry Coulis, Sprinkles and Chocolate Sauce	Fresh Fruit & Yoghurt		Fruity Flapjack	
WEEK COMMENCING 28 <sup>th</sup> April 19 <sup>th</sup> May 9 <sup>th</sup> June 30 <sup>th</sup> June 21 <sup>st</sup> July 1 <sup>st</sup> September 22 <sup>nd</sup> September 13 <sup>th</sup> October 2025									
WEEK 2	Cheese & Tomato Pasta Bake with Homemade Garlic Bread	Vegetable & Mixed Bean Burrito	Chinese Vegetable Stir Fry Rice Bowl	Chicken Curry with Rice	Cheese, Leek & Onion Puff with Roast Potatoes & Gravy	Vegetable & Lentil Bolognese with Flat Bread	Lamb Bolognese with Oregano and Garlic Focaccia	Quorn BBQ Relish Hot Dog with Wedges	Chicken Sausage Hot Dogs with Toppers (Mexican Salsa or Sauteed Onions) and Wedges
					Roast Chicken with Yorkshire Pudding, Roast Potatoes & Gravy				
	Sweetcorn & Red Cabbage Coleslaw	Peas & Cauliflower Chickpea Salad			Carrots & Broccoli	Sweetcorn & Green Bean Slaw		Peas & Baked Beans	
	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt			Apple & Berry Sponge	Fresh Fruit & Yoghurt		Fruity Flapjack	
WEEK COMMENCING 5 <sup>th</sup> May 16 <sup>th</sup> June 07 <sup>th</sup> July 8 <sup>th</sup> September 29 <sup>th</sup> September 20 <sup>th</sup> October 2025									
WEEK 3	Cheese and Tomato Pasta Bake with Homemade Garlic Bread	Macaroni Cheese with Toppers & Homemade Garlic Bread	Butternut Squash and Vegetable Curry With Bombay Potatoes	Fragrant Lamb Keema with Rice	Quorn Fillet with Mashed Potatoes & Gravy	Vegetable Chow Mein	Singapore Chicken Noodles	Cheese and Tomato Panini With Potato Wedges	Margherita Pizza with Potato Wedges
					Chicken Pie with Mashed Potatoes & Gravy				
	Sweetcorn & Apple Slaw	Sweetcorn & Cucumber Raita Salad			Carrots & Peas	Roasted Mediterranean Veggies & Sweetcorn		Peas & Baked Beans	
	Fresh Fruit & Yoghurt	Fresh Fruit & Yoghurt			Apple Crumble with Custard	Fresh Fruit & Yoghurt		Fruity Flapjack	
<div><div><div> Plant Based</div><div> Vegetarian</div><div> 1 of your 5 a day</div></div><div><div> Wholemeal</div><div> Plants Supercharged</div><div> 2 of your 5 a day</div></div></div> <div>Available Daily Salad Bar, Freshly Baked Wholemeal Bread, Fresh Fruit &amp; Yoghurt  = HALAL meat option available</div>									

## PAYMENTS

Communication – notices/letters and emails



Just a reminder of how we keep you updated



<https://www.westactonprimaryschool.org/news-dates/newsletters>

FACEBOOK - <https://www.facebook.com/westactonpri>

X - <https://x.com/westactonpri>

## Our School Vision



*West Acton Primary School, a welcoming community, growing and learning together*

At West Acton Primary School, we are a dynamic and inclusive community of lifelong learners. We nurture every child to reach their full potential through an engaging, forward-thinking curriculum and a culture that builds courage, consideration and collaboration. As an aspirational community, our staff, pupils and families grow together—developing digital and emotional intelligence, a strong sense of wellbeing and environmental awareness—ready to make a positive impact on their communities and the wider world.

Please can I remind you to wait until your child is off of the school site before you start giving them food and snacks. As you know we are a healthy school with a sugar smart status.

Please do NOT give your child snacks on site at 3.15pm - especially bags of crisps, cakes, ice lollies and ice cream.

Thank you for your continued help making our school neat and clean.



**We are a SUGAR SMART SCHOOL**

Only give water for your child's drink  
KS2 - bring a healthy snack- fruit or raisins for break time  
Do not give your child food to eat when collecting at home time - please wait till you have left the school  
Healthy lunchboxes - sweet treat once a week  
Healthy school dinners - 'puddings' once a week

**SUGAR  
SMART**



**School starts at 8.45am**

**Drop off your child to line up between 8.30am and 8.45am.**

**Children must be ready to enter the classroom at 8.45am to start learning.**



A tale of three white shirts...  
Please ensure your child is wearing the correct white shirt.

Reception, Years 1 to 6 <b>PE KIT</b> Plain white t shirt <b>REQUIRED / NON BRANDED</b> Generic 	Nursery and Reception <b>REQUIRED / NON BRANDED</b> Generic White polo shirt 	Years 1- 6 <b>REQUIRED / NON BRANDED Generic</b> White buttoned shirt (long or short sleeve) 
White PE T Shirt A plain white T Shirt or a house colour T shirt Pupils from Reception to Year 6	White Polo Shirt (soft and three buttons) All days for Nursery and Reception	White Shirt with buttons All days for Years 1 to 6
We have a good supply of second hand uniform. Please speak to us if you have any issues with providing uniform.		

PE DAYS - come to school in your house colour T shirt

Tuesday	Year 5
Wednesday	Year 1 and Year 3
Thursday	Reception and Year 4
Friday	Year 2 and Year 6

We were very lucky to have T- shirts donated for all our children in July. If your child has out grown their T-shirts please wash and return them so that we can recycle it and give it to another child. If we have another T-shirt we can offer your child one – if not please provide your child with a plain white T-shirt (or purchase another house colour T-shirt yourself).

We hope to replenish T-shirts every two years.



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[www.westactonprimaryschool.org](http://www.westactonprimaryschool.org)

[admin@west-acton.ealing.sch.uk](mailto:admin@west-acton.ealing.sch.uk)

Head Teacher: Ms K Kondo

### West Acton Primary School Term Dates 2025 - 2026

Autumn Term 2025	
SCHOOL CLOSED for pupils	Monday 1 <sup>st</sup> - 2 <sup>nd</sup> September - INSET DAYS for staff training 1 and 2
Start of term for pupils Y1-6 Autumn 1 Term	Wednesday 3 <sup>rd</sup> September 2025 Wednesday 3 <sup>rd</sup> September - Thursday 23 <sup>rd</sup> October
SCHOOL CLOSED for pupils	Friday 24 <sup>th</sup> October - INSET DAY for staff training day 3
SCHOOL CLOSED HALF TERM	Monday 27 <sup>th</sup> - Friday 31 <sup>st</sup> October
Autumn 2 Term	Monday 3 <sup>rd</sup> November - Friday 19 <sup>th</sup> December
End of Term	Friday 19 <sup>th</sup> December at 1.30pm
SCHOOL CLOSED Holiday	Monday 22 <sup>nd</sup> December - Friday 2 <sup>nd</sup> January
Spring Term 2026	
Start of term for pupils Spring 1 Term	Monday 5 <sup>th</sup> January 2026 Monday 5 <sup>th</sup> January - Friday 13 <sup>th</sup> February
SCHOOL CLOSED HALF TERM	Monday 16 <sup>th</sup> February - Friday 20 <sup>th</sup> February
Spring 2 Term	Monday 23 <sup>rd</sup> February - Friday 27 <sup>th</sup> March
End of Term	Friday 27 <sup>th</sup> March at 1.30pm
SCHOOL CLOSED Holiday	Monday 30 <sup>th</sup> March - Friday 10 <sup>th</sup> April
Summer Term 2026	
Start of Term for pupils Summer 1 Term	Monday 13 <sup>th</sup> April 2026 Monday 13 <sup>th</sup> April - Friday 22 <sup>nd</sup> May
SCHOOL CLOSED	Monday 4 <sup>th</sup> May - May Bank holiday
SCHOOL CLOSED HALF TERM	Monday 25 <sup>th</sup> May - Friday 29 <sup>th</sup> May
SCHOOL CLOSED for pupils	Monday 1 <sup>st</sup> June - INSET DAY for staff training day 4
Summer 2 Term	Tuesday 2 <sup>nd</sup> June - Friday 17 <sup>th</sup> July
End of Term	Friday 17 <sup>th</sup> July at 1.30pm
SCHOOL CLOSED Holiday	Monday 20 <sup>th</sup> July - INSET DAY for staff training day 5 Tuesday 21 <sup>st</sup> , Wednesday 22 <sup>nd</sup> , Thursday 23 <sup>rd</sup> July - occasional days



Year 3 Autumn 1

## Greetings in Spanish



**Hola** Hello  
**¿Cómo estás?** How are you?  
**Buenos días** Good morning  
**¿Cómo te llamas?** What's your name?  
**Buenas tardes** Good afternoon  
**Gracias** Thank you  
**Buenas noches** Good night  
**Adiós** Bye

## ¿Cómo estás?



Estoy bien



Estoy así, así



Estoy mal



Estoy fatal

## Los números



Year 4 Autumn 1

## LOS NÚMEROS

0 cero	10 diez	20 veinte
1 uno	11 once	21 veintiuno
2 dos	12 doce	22 veintidós
3 tres	13 trece	23 veintitrés
4 cuatro	14 catorce	24 veinticuatro
5 cinco	15 quince	25 veinticinco
6 seis	16 dieciséis	26 veintiséis
7 siete	17 diecisiete	27 veintisiete
8 ocho	18 dieciocho	28 veintiocho
9 nueve	19 diecinueve	29 veintinueve
		30 treinta

## Los días de la semana



## Meses Months

enero	January
febrero	February
marzo	March
abril	April
mayo	May
junio	June
julio	July
agosto	August
septiembre	September
octubre	October
noviembre	November
diciembre	December

## ¿Cuál es tu color favorito?



Mi color favorito es el verde claro.



El gato



El perro



La tortuga



El pez



La gallina



El cerdo



La vaca



El caballo



## Year 5 Autumn 1

### Animales salvajes en español



### ¿Dónde vives?

Yo vivo en Madrid, España.



I love  
I like  
I do not like  
I detest

### Where are you from?



## ¿Cómo se llama tu papá?

### El se llama...

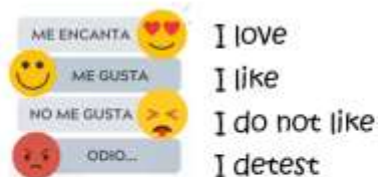
What is your dad's name?  
His name is ...



Where do you live?

## Year 6 Autumn 1

### LA COMIDA



¿Qué vas a tomar?  
What are you having?

Quiero...  
I would like...



Patatas bravas



Calamares



Potaje a la plancha

What time is it?

### ¿QUÉ HORA ES?



## **TIP FROM SCHOOL THERAPIST MRS PEARCE**



In recognition of black history month, this week I'm sharing an inspirational black history fact that spreads the message of collaborating and supporting each other when faced with challenges.

### The story of braids

Long ago, during slavery in Colombia, people showed great strength and creativity to help one another in difficult times. Women used beautiful braids, not just to style their hair, but also to send secret messages and stay connected with each other. One special braid style, called departes, had tight braids and buns that signalled hope and the desire for freedom. Another braid style, with curved patterns, represented the paths they would follow to safety. These braids became symbols of courage, love, and survival. Sometimes, they even tucked away small things like seeds, preparing for a brighter future after they found freedom.

This story reminds us that even in hard times, people can find hope, work together, and take care of each other in creative ways. Just like these women, we can also face challenges with resilience, compassion and care for those around us.

Let's keep working together and inspire our children to be supportive.

Maria Pearce

Therapist

Wishing everyone a wonderful weekend – especially our friends and families celebrating Diwali this weekend.

Well done to Elder Class for a fantastic assembly this morning.

We look forward to seeing you at parents' evenings next week.

Miss Kondo



WEST ACTON PRIMARY SCHOOL

# RECEPTION



For applications for  
September 2026

## OPEN DAYS

Tuesday 4<sup>th</sup> November 2025  
4.00pm to 5.00pm

Wednesday 12<sup>th</sup> November 2025  
9.00am to 10.00am

**Please come and visit our  
Reception classes and meet our staff.**



<https://www.westactonprimaryschool.org/home>

Noel Road, Acton, W3 0JL

Email or phone to book a place:

[admin@west-acton.ealing.sch.uk](mailto:admin@west-acton.ealing.sch.uk) or 0208 992 3144



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1<sup>st</sup> September 2025

Dear Parents/Carers,

Re: Class Assemblies 2025 – 2026 Reception to Year 5

We hope that parents/carers can join us at 9.00am in the Jubilee Hall. Woodlands ARP pupils will join their main stream classes.

#### Autumn Term 2025

Class	Date
Willow	Friday 3 <sup>rd</sup> October
Quince	Friday 10 <sup>th</sup> October
Elder	Friday 17 <sup>th</sup> October
Mulberry	Friday 16 <sup>th</sup> January
Sycamore	Friday 23 <sup>rd</sup> January
Pine	Friday 30 <sup>th</sup> January

#### Spring Term 2026

Class	Date
Damson	Thursday 15 <sup>th</sup> January
Juniper	Thursday 22 <sup>nd</sup> January
Chestnut	Thursday 29 <sup>th</sup> January
Guava	Friday 6 <sup>th</sup> February
Katsura	Friday 13 <sup>th</sup> February
Ash	Friday 6 <sup>th</sup> March

#### Summer Term 2026

Class	Date
Rowan	Friday 1 <sup>st</sup> May
Holly	Friday 8 <sup>th</sup> May
Ivy	Friday 15 <sup>th</sup> May
Olive	Friday 19 <sup>th</sup> June
Fir	Friday 26 <sup>th</sup> June
Banyan	Friday 3 <sup>rd</sup> July

Yours faithfully,  
Karen Kondo  
Headteacher



# FREE FAMILY COME & SING IN EALING



Free  
snacks  
provided



Registered charity no.1151714

**Tuesday 28 October**  
**10.30am-12.00pm**  
Shaw Room, The Questors Theatre  
12 Mattock Lane, Ealing  
London W5 5BQ



Free half-term singing session for  
the whole family to enjoy together

**TO SIGN UP**  
Scan QR code or visit  
[londonyouthchoirs.com](http://londonyouthchoirs.com)





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Tuesday 7<sup>th</sup> October 2025

Dear Parents/Carers,

Re: Ealing's 10-day Active Travel Challenge

Our school is participating in a borough wide 10-day Active Travel Challenge this October to embed healthy habits around active and sustainable travel to and from school. Join us by walking, cycling, scooting or Park & Striding to school from Monday 13<sup>th</sup> October – Thursday 23<sup>rd</sup> October

#### What is the 10-day Active Travel Challenge?

This October we are participating in Ealing's 10-day Active Travel Challenge, as part of Walk to School Month. We challenge you and your children to actively travel to school across all 10 school days to help increase physical activity, reduce congestion, and improve air quality around the school gates. Participating pupils will be awarded a Terri the Tiger sticker. As part of the autumn Challenge, Ealing Council are running a Design a Bookmark competition. Your children will be given the competition entry form at school and these needs to be submitted by Wednesday 22<sup>nd</sup> October 2025. The overall winner will receive a rucksack with some goodies inside and their school will receive a goody bag. The winning bookmark will be used in the 2026 summer Challenge.

#### What are the benefits of walking, cycling, scooting or Park & Striding to school?

- Actively travelling to school helps children feel happier and healthier, and they arrive refreshed, fit and ready to learn.
- More families that actively travel to school means fewer cars on the road during the school run, helping to reduce congestion and air pollution, and increase road safety at the school gates.

#### What if you can't walk all the way to school?

- If you live too far away or do not have time to walk the whole way to school, you can Park and Stride. Park or hop off public transport at least ten minutes away from the school and walk the rest of the way.

#### What can YOU do?





Join us from Monday 13<sup>th</sup> October by walking, cycling, scooting or Park & Striding to school with your child and show your commitment to making a cleaner, greener and less polluted route to school.

Yours faithfully,

Miss Murphy  
Eco Schools and Active Travel Leader



Weekly attendance: WE 10th October 2025

<b>Acorn</b> 94.48%		<b>Woodlands</b> 91.14%
<b>Olive</b> 99.9% 	<b>Banyan</b> 94.44%	<b>Fir</b> 97.93%
<b>Ash</b> 98.28%	<b>Guava</b> 98.00%	<b>Katsura</b> 96.21%
<b>Damson</b> 95.71%	<b>Chestnut</b> 95.71%	<b>Juniper</b> 93.93%
<b>Holly</b> 97.93%	<b>Rowan</b> 93.33%	<b>Ivy</b> 99.26% 
<b>Mulberry</b> 93.45%	<b>Pine</b> 87.14%	<b>Sycamore</b> 97.93%
<b>Willow</b> 92.76%	<b>Elder</b> 96.21%	<b>Quince</b> 93.79%
<b>Lime</b> 98.93% 	<b>Tamarind</b> 97.93%	<b>Zaytouna</b> 98.93% 



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Dear Parents/ Carers,

Re: October 2025 is Black History Month which we celebrate each year in West Acton.

Now we are in October, we are proud to once again celebrate Black History Month at West Acton Primary School. This special month is an important opportunity for our school community to reflect on the rich history, culture, and contributions of Black people in Britain and around the world.

*The theme for Black History Month UK 2025 is "Standing Firm in Power and Pride," a powerful tribute to the resilience, strength, and unwavering commitment to progress that defines the Black community across the globe. This year, the theme highlights the profound contributions made by Black people be they leaders, activists, or pioneers who have shaped history, while also looking towards a future of continued empowerment, unity, and growth.*  
<https://www.blackhistorymonth.org.uk/article/section/bhm-intros/black-history-month-2025-standing-firm-in-power-and-pride/>

### History

All over the UK, Black History is celebrated during the month of October (BHM). Black History Month has become an important date in the cultural calendar of many of the UK's schools, museums, galleries and local authorities. Although BHM has been celebrated every February in the USA since 1970, it was not officially celebrated in the UK until 1987. The first Black History Month took place in London.

### Black History in West Acton

In West Acton, we learn about the inspiring contributions of a range of significant individuals in Black history, through an interesting and diverse curriculum within different subjects. Furthermore, Black History Month is celebrated through stories, discussions and creative activities. This means that the children are learning about a broader range of people who greatly contribute to our society.

### Who We Are Learning About

Each year group is focusing on key individuals or books that highlight Black excellence and achievement:

#### Nursery

- *Handa's Surprise, The Leopard's Drum, Kechi's Hair Goes Every Which Way / Daddy Do My Hair* – Exploring stories and characters that celebrate African culture and identity.

#### Reception

- Ruby Bridges – The first Black child to desegregate an all-white school in the USA.
- Tessa Sanderson – Olympic gold medalist and role model in sports.

#### Year 1



- Mae C. Jemison – First Black woman in space.
- Barack Obama – First Black President of the United States.
- Trish Cooke – British author and playwright.
- Walter Tull – Footballer and WWI soldier.

#### Year 2

- Lenny Henry – Comedian and co-founder of Comic Relief.
- Katherine Johnson – NASA mathematician.
- William (Robbie) Clarke – First Black pilot to fly for Britain.
- Sislin Fay Allen – Britain's first Black female police officer.

#### Year 3

- Faith Ringgold – Artist and author.
- Trevor MacDonald – Pioneering British newsreader.
- Maggie Aderin-Pocock – Space scientist and broadcaster.
- John Alcindor – Doctor and WWI medical hero.

#### Year 4

- Claudia Jones – Founder of the Notting Hill Carnival.
- Benjamin Banneker – Inventor and mathematician.
- Frank Bailey – One of the first Black firefighters in the UK.
- Margaret Busby – Britain's youngest and first Black female book publisher.

#### Year 5

- Lewis Howard Latimer – Inventor who improved the lightbulb.
- Dame Eugenia Charles – First female Prime Minister of Dominica.
- Paul Stephenson – Civil rights activist in Bristol.
- Phillis Wheatley – First published African American poet.

#### Year 6

- Malorie Blackman – Author and former Children's Laureate.
- Charles Ignatius Sancho – Writer and abolitionist.
- Beryl Gilroy – First Black headteacher in the UK.
- Chadwick Boseman – Actor and role model for young people.

#### ARP (Additional Resource Provision)

Pupils in Elm, Birch, and Oak classes will be learning from the same year group selections, adapted to meet their individual learning needs and abilities.

#### Why We Celebrate Black History Month

Celebrating Black History Month is part of our commitment to:

- Courage – Learning about brave individuals who stood up for what is right, often in the face of adversity.



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- Consideration – Understanding and valuing the experiences, perspectives, and contributions of others.
- Collaboration – Working together as a school community to build an inclusive and respectful environment.

We also uphold British Values, including:

- Mutual respect and tolerance of different cultures and beliefs.
- Individual liberty and the right to be proud of one's identity.
- Democracy and the rule of law, recognising those who fought for justice and fairness.

Through Black History Month, we honour the Equality Act 2010, which protects all individuals from discrimination and promotes equal rights and opportunities for everyone, regardless of race, background, or heritage.

Parents / Carers Invitation on Thursday 6<sup>th</sup> November

Following Black History Month, we warmly invite all parents and carers to join us in school for a celebration of our learning. Come and take part in BHM coffee afternoon where there will be a presentation, displays about significant people in history, quizzes and prizes to be won.

This event is a fantastic opportunity to:

- See what your children have been learning
- Celebrate our shared values of courage, consideration, and collaboration
- Continue the conversation about equality, diversity, and inclusion at home and in the community

We look forward to welcoming you into school for an engaging and inspiring afternoon.

Let's celebrate and continue to grow together!

Thank you for supporting our continued journey in making West Acton a truly inclusive school where every voice is valued, and every child can make a positive impact on their community and the wider world.

Thank you for your kind support.

Miss James and Miss Kondo

RE Lead                      Headteacher





Dear Parents and Carers,  
*You are warmly invited to:*



## **Black History Coffee Afternoon**

- ❖ Find out about inspirational people
- ❖ Build your BH knowledge

Join us on Thursday 6<sup>th</sup> November 2025 at 2.30pm

*All Welcome! Let's celebrate and continue to grow together!*





West Acton Primary School, Noel Road, Acton. W3 0JL

[admin@west-acton.ealing.sch.uk](mailto:admin@west-acton.ealing.sch.uk) [www.westactonprimaryschool.org](http://www.westactonprimaryschool.org) Tel: - 020 8992 3144

Head Teacher: Miss K Kondo

Dear Parents / Carers,

### The 2025 HEALTH RELATED BEHAVIOUR SURVEY

Our school has agreed to participate in a very important children's and young people's Health Behaviour Survey. We have been asked to support the work of the Local Authority and the school itself stands to benefit substantially through its participation in the survey.

The survey data in schools has been used in a variety of ways including:

1. As a starting point for discussion in classroom activities
2. As a guide in the choice of resources
3. As a beginning for further enquiry to strengthen existing programmes, e.g. in PE
4. As a starting point for discussion between parents and schools
- 5.

An Ealing head teacher who has used the survey in their school said:

*"....it gives us useful data to show us the impact of strategies we use and informs us about the physical and emotional health and well-being of the children. It also helps us to plan for the future and to allocate resources and the budget appropriately".*

The survey method that we are using has been developed by the Schools Health Education Unit and has been in use for over 40 years. Over 4000 schools have used the survey, many of them regularly repeating the survey. In Ealing the survey has been carried out every two years since 2005 and has been very successful in highlighting the health and well-being needs of young people. The results have been used to inform the support our school receives, the curriculum we use as well as make changes to our school environment and provision.

The questions concern a wide range of health behaviour,:

- Home and family
- Health
- Healthy Eating
- Feelings
- Bullying
- Alcohol
- Physical activity
- Smoking
- Leisure time
- Growing up





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The Local Authority will also have a reliable database upon which it can plan service provision for children and young people. This is being done in partnership between the local authority, health services and our school.

Each questionnaire is confidential, and no pupil will be identified when the data is returned to school. The local authority will receive the total summary of all schools results in which individual schools are not identified.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully. I will assume you do approve unless I hear otherwise and I look forward to sharing with you in planning improved health promotion for our pupils. We hold a copy of the questionnaire in the school office, and if you would like to examine it, you are welcome to do so by appointment.

The survey will be carried out in October 2025.

Yours sincerely,

Karen Kondo

Headteacher

#### Privacy Notice - school surveys



1. Who are you? We are a research partner South-East England. We have been asked by the school to help collect information from young people. [www.sneu.org](http://www.sneu.org)

#### 2. What will I be asked?

You will be asked about your habits and feelings, and other important things about you. You will not be asked for your name or address, and we won't tell you.



#### 3. Why do you want to know this?

The results we collect help us to plan lessons and services for young people, and to see what has changed since the last survey. The school will use your answers to help understand you and other young people, but we won't tell you what the results are.

#### 4. How will you use my information?

We will send reports to schools and the Council, showing them how many pupils give different answers. The school might say things like:

- 80% of pupils in this school have agreed to be included in the survey.



#### 5. How will you collect this information?

We are going to ask you questions in a questionnaire, on a tablet or in a printed booklet.

#### 6. How do you keep this information?

Your answers will be kept safe on our computers. We keep records for every year, so that we can see how young people's views are changing.



#### 7. Are you allowed to do this? (Legal basis for processing)

The Council is allowed to collect information to help it plan and create things that help to support young people's education, health and wellbeing... the sorts of things it has to do (legal duties and public interest).

SNEU is allowed to use information to produce its reports on things as no one can tell what answers you give (legitimate interest).

#### 8. Who gets to see this information?

Only staff from SNEU and staff from the Council who need to see the information to do their jobs are allowed to see your answers. They won't share your answers to anyone else. Everyone also has my permission. If you in your school make your answers.

But if you tell us something that makes us think you are in danger, we will have to tell your school that someone has said it, even if we don't tell what you say.

#### 9. What's next?

If you agree with all this, please tick the box at the end of the survey. If not, don't take part. You can leave out any questions you don't want to answer, and you can stop at any time. Later, if you want to see what we know about you, you can ask, and you can tell us to delete it. Unfortunately, we may not be able to find your answers.

[www.sneu.org](http://www.sneu.org)





West Acton Primary school are proud to be a parkrun primary school.

A junior parkrun is **free, fun and friendly** weekly 2km event (run/walk) for children aged 4-14years old.



junior parkrun

West Acton Primary School

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**is proud to be a  
2025-2026  
parkrun primary!**

**Promoting a healthier and  
happier planet for everyone.**

**Join in the fun every Sunday at  
Acton Park**



## What is Acton junior parkrun?

A free, fun, and friendly weekly 2k event for juniors (4 to 14 year olds). Nearby Saturday parkrun events can be found [here](#).

## When is it?

It is held every Sunday at 9:00am.

## Where is it?

The event takes place at Acton Park, Uxbridge Road, London, W3 7LB. See [Course page](#) for more details.

## What does it cost to join in?

Nothing - it's free! but please [register](#) before you first come along. Only ever register with parkrun once and don't forget to bring a **scannable** copy of your barcode ([request a reminder](#)). If you forget it, [you won't get a time](#).

## How fast do I have to be?

The aim is to have fun. Please come along and join in whatever your pace!

<https://www.parkrun.org.uk/acton-juniors/>



Send us your pictures of you joining the Junior Parkrun to receive your certificate!

Take a selfie/picture of you and your family joining the run and send it to [admin@west-acton.ealing.sch.uk](mailto:admin@west-acton.ealing.sch.uk)

We look forward to seeing them all 😊

## **West Acton Primary School Weekly Values Rewards**

<b>w/c 6<sup>th</sup> October 205</b>	<b>Courage</b>	<b>Consideration</b>	<b>Collaboration</b>
<b>Acorn</b>	Maily	Eesa	German
<b>Banyan</b>	Lilian	Aly	Yui
<b>Fir</b>	Reem	Malaika	Lise
<b>Olive</b>	Kyo	Sally	Taha
<b>Ash</b>	Chloe	Jana	Mohammad
<b>Guava</b>	Hanan	Saif	Laith
<b>Katsura</b>	Rintaro	Meina	Tougo
<b>Chestnut</b>	Akari	Alaa	Zayn
<b>Damson</b>	Kai	Petrus	Jacob
<b>Juniper</b>	Rehan	Evelyn	Zakaria
<b>Holly</b>	Paigm	Sulaiman	Ward
<b>Ivy</b>	Rowan	Amy	Wakana
<b>Rowan</b>	Aaban	Andrii	Mariam
<b>Mulberry</b>	Keijel	Billie	Haruchika
<b>Pine</b>	Rena	Dhanvi	Zain
<b>Sycamore</b>	Aridon	Emma N	Eamon
<b>Elder</b>	Layah	Itsuki	Tino
<b>Quince</b>			
<b>Willow</b>	Mila	Sana	Adam
<b>Lime</b>	Itsuki	Maya H	Prajay
<b>Tamarind</b>	Anaya	Hari	Annabelle
<b>Zaytouna</b>	Anaya	Zainab	Tomoki
<b>Birch</b>	Alaya	Isabelle	Hakeen
<b>Elm</b>	Gabi	Elay	Abudi
<b>Oak</b>	Hawa	Abdul	Reggie