

11<sup>th</sup> October 2023

Dear Parents/Carers,

**Re: Parenting course at West Acton Primary School**

We are delighted to welcome Acton Youth Association who will run a 13 week course at our school. They will provide information and advice. Moreover one of the core objectives is to bridge the gap between parents and their children. The course also focuses on improving family dynamics, communication, relationships and how to foster healthier family connections.

Week	Date
1	Tuesday 31st October
2	Tuesday 7 <sup>th</sup> November
3	Tuesday 14 <sup>th</sup> November
4	Tuesday 21 <sup>st</sup> November
5	Tuesday 28 <sup>th</sup> November
6	Tuesday 5 <sup>th</sup> December
7	Tuesday 19 <sup>th</sup> December
8	Tuesday 9 <sup>th</sup> January
9	Tuesday 16 <sup>th</sup> January
10	Tuesday 23 <sup>rd</sup> January
11	Tuesday 30 <sup>th</sup> January
12	Tuesday 6 <sup>th</sup> February
13	Tuesday 13 <sup>th</sup> February



**PARENTING IS NOT ALWAYS EASY**

JOIN US AT WEST ACTON PRIMARY SCHOOL  
FREE THIRTEEN WEEK STRENGTHENING  
FAMILIES STRENGTHENING COMMUNITIES  
COURSE FOR PARENTS  
STARTING ON 31/10/2023  
TIME: 9AM TO 12PM

This programme is led by qualified practitioners and supported by the Ealing prevent team.  
The course is in English. NO CRECHE for children  
To enrol the course contact us by phone or email  
[admin@west-acton.ealing.sch.uk](mailto:admin@west-acton.ealing.sch.uk)  
02089923144  
07477925874  
Naeema

West Acton Primary School

Acton Youth Association

Address:  
West Acton Primary School  
Noel Rd, London  
W3 0JL

I am so excited that we are able to offer you this course! It is a thirteen week course and a wonderful opportunity to improve family life and make friends. Please email Miss Kondo at [admin@west-acton.ealing.sch.uk](mailto:admin@west-acton.ealing.sch.uk) to secure a place and if you would like further information Naeema who will run the course will be happy to talk to you before.

Yours faithfully  
**Karen Kondo**  
Head teacher