

WAPS WEEKLY NEWSLETTER

WEST ACTON PRIMARY SCHOOL

A welcoming community, growing and learning together

COURAGE • CONSIDERATION • COLLABORATION



Friday 25th September 2026

WEBSITE

westactonprimaryschool.org

FACEBOOK

[@westactonpri](https://www.facebook.com/@westactonpri)

TELEPHONE

020 8992 3144

A MESSAGE FROM MISS KONDO

Message from Miss Kondo

What an exciting week it has been! On Tuesday, I had the opportunity to go on **BBC Radio London** and pledge West Acton's support for this year's **BBC Children in Need** appeal, which will take place on **Friday 13th November**.

I can already reveal our first activity... **wear your pyjamas to school!** Yes, that's right — pyjamas to school! If this is your first Children in Need with us, this is always a very popular day. Look out for more information about the other fun activities we will be organising around that time.

Thank you to all the Nursery and Reception parents who came to our **EYFS Tapestry meeting**. We are very fortunate to be able to share your child's Early Years journey with you through Tapestry, so please make sure you have signed up and are engaging with us as we share your child's learning, progress and development throughout Nursery and Reception.

I would also like to thank the parents who joined us for our **coffee morning to meet our SEND therapists**, and the parents of pupils with **EHCPs in Years 5 and 6** who came to speak with **Miss Lucas about secondary schools**. I hope you found these opportunities useful. Working together and sharing information is so important as we support our children through the different stages of their education.

It has also been lovely to see our **after-school clubs starting again**. A huge thank you to **Miss Murphy** for all the organisation involved in getting our clubs up and running.

Please remember that children attending a club must be **collected promptly at 4.15pm**. No children, including pupils in **Years 5 and 6**, are permitted to walk home alone after an after-school club.

If you need childcare beyond 4.15pm, don't forget that children can have lots of fun at **Aktiva**, our on-site after-school care provision, which is open until **6.00pm**. We also have our own **school breakfast club** available in the mornings.

I do need to remind everyone about being **kind, considerate and respectful to one another** at the beginning and end of the school day. We are a large and busy school, and there will inevitably be times when queues form or when something involving the children causes a parent to feel upset or frustrated.

If you have a concern about an incident involving your child and another pupil, **please bring it to us rather than approaching another parent directly**. No parent should be made to feel uncomfortable, intimidated or frightened at our school gates. I completely understand that incidents involving our children can be upsetting, but as adults, we have a responsibility to model the behaviour that we expect from our children. Our values of **Courage, Consideration and Collaboration** apply to every member of our West Acton community.

Finally, what lovely weather we have enjoyed this week! We have been able to use our field every day and really make the most of the beautiful autumn sunshine. It has been wonderful to see the children outside enjoying our grounds, playing and learning together. Long may the autumn sunshine continue!

Have a lovely weekend. **Miss Kondo** Headteacher

NEWS & CELEBRATIONS

We Are a Microsoft Showcase School for 2026–27!

I am absolutely delighted to announce that **West Acton Primary School has once again achieved Microsoft Showcase School status for 2026–27!**

Following our application during the summer, Microsoft has recognised West Acton as part of its global community of schools demonstrating innovation and leadership in the use of technology to improve education.

This is a significant achievement. In 2025–26, Microsoft reported a global community of around **900 Showcase Schools worldwide**, alongside more than **43,000 Microsoft Innovative Educator Experts**.

This year, the recognition process has had an increased focus on **AI transformation**. Schools applying for advanced Showcase recognition were asked to demonstrate their development against Microsoft's **AI Transformation Rubric**, including their approach to policy and governance and how technology and AI are supporting wider school transformation.

I have to admit that, when I was completing our application, I wondered whether our approach might count against us because **we do not allow our pupils to use generative AI**. In fact, it became clear that our careful approach is an important part of what responsible AI education should look like.

At West Acton, our children are aged from 3 to 11, and we believe that our responsibility at this stage is to help them begin to understand the world of AI **safely, ethically and thoughtfully**. We want them to learn that AI exists, to begin to understand its possibilities and limitations, and to think about important issues such as truth, accuracy, privacy, fairness and responsible use. **That does not mean giving our pupils access to generative AI tools.**

Our staff are developing their knowledge and expertise so that they can use technology appropriately and prepare our children for a future in which AI will undoubtedly play a part. For our pupils, however, our emphasis remains on the things that matter most in primary education: **learning to read, write, think, question, create, communicate and develop their own ideas**.

For me, that is one of the most reassuring aspects of this recognition. Becoming a Microsoft Showcase School is not about using technology at every opportunity. It is about knowing **when technology adds value, when it does not, and how to use it safely and responsibly**.

And More Microsoft Success!

I am also delighted that a number of our teachers have achieved individual Microsoft expert recognition:

Mrs Campbell, Miss Collins, Mrs Hilmi, Miss Kondo, Mrs Livingstone, Miss Murphy, Mrs Rampallini and Miss Wharton.

Microsoft has evolved its educator recognition programme for 2026–27 into **Microsoft Elevate for Educators**, building on the former Microsoft Innovative Educator Expert programme.

A huge congratulations and thank you to these colleagues — and indeed to **all of our staff**. Showcase School status is not achieved by one person. It reflects the way technology has become embedded across West Acton and our continued commitment to learning, developing and improving together.

We are incredibly proud to be part of an international community of schools sharing innovation and good practice, while remaining absolutely clear about what is right and age-appropriate for **our** children.

A Welcoming Community, Growing And Learning Together — and, once again, a Microsoft Showcase School!



DATES FOR YOUR DIARY

Important dates coming up



West Acton Primary School, Noel Road, Acton. W3 0JL

admin@west-acton.ealing.sch.uk www.westactonprimaryschool.org Tel: - 020 8992 3144

Head Teacher: Miss K Kondo

24th September 2026

Dear Parents/Carers,

Re: Harvest Festival collection for Ealing Food Bank- Monday 5th October

There will be a Harvest assembly for the children on Monday 5th October.

Traditionally in the Autumn there was a Harvest festival, huge feasts were shared among family and friends but in more recent years the festival has become about sharing with those less fortunate than ourselves or raising money for charity. Therefore, we would welcome donations to take to our local Ealing Food bank.

Please send in any donations with your child on Monday 5th October. Below, you will find the Food bank's 'shopping list' – please do stick to that where possible but definitely please do not send in perishable items such as fresh fruit and vegetables.

Thank you in advance for any food you may be able to donate on this occasion.

Yours faithfully,

Karen Kondo
Head teacher



Harvest Collection

- Crackers
- Tinned Fish
- Tinned Fruit
- Vegetable Curry
- Peanut Butter
- Tinned Vegetables



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Dear Parents/ Carers,

22nd September 2026

Re: October 2026 is Black History Month which we celebrate each year in West Acton.

We are honoured to once again celebrate **Black History Month** at West Acton Primary School. This special month is a vital opportunity for our school community to reflect on the rich history, culture, and contributions of Black people in Britain and around the world.

The theme for Black History Month UK 2026 is "**Honouring Our Communities**," this theme invites us to recognise the individuals whose everyday contributions shape, support and sustain Black life across the United Kingdom. The theme highlights the everyday people whose contributions shape, support, and sustain Black life across the UK—including volunteers, teachers, nurses, carers, and grassroots community leaders.
<https://www.blackhistorymonth.org.uk/>

History of the Celebration

All over the UK, Black History is celebrated during the month of October (BHM). Black History Month has become an important date in the cultural calendar of many of the UK's schools, museums, galleries and local authorities. Although BHM has been celebrated every February in the USA since 1970, it was not officially celebrated in the UK until 1987. The first Black History Month took place in London.

Black History in West Acton

In West Acton, we learn about the inspiring contributions of a range of significant black individuals, through an interesting and diverse curriculum within different subjects. Additionally, to this, Black History Month is celebrated through stories, discussions and creative activities. This means that the children are learning about a broader range of people who greatly contribute to our society.

Who We Are Learning About

Each year group is focusing on key individuals or books that highlight Black excellence and achievement:

Nursery - Stories and Identity

- *Handa's Surprise, The Leopard's Drum, Kechi's Hair Goes Every Which Way / Daddy Do My Hair* – Exploring stories and characters that celebrate African culture and identity.

Reception - Courage and Achievement

- **Ruby Bridges** – The first Black child to desegregate an all-white school in the USA.
- **Tessa Sanderson** – Olympic gold medallists and role model in sports.



Year 1 - Breaking Barriers

- **Mae C. Jemison** – First Black woman in space.
- **Barack Obama** – First Black President of the United States.
- **Trish Cooke** – British author and playwright.
- **Walter Tull** – Footballer and WWI soldier.



Year 2 - Inspiring Change

- **Lenny Henry** – Comedian and co-founder of Comic Relief.
- **Katherine Johnson** – NASA mathematician.
- **William (Robbie) Clarke** – First Black pilot to fly for Britain.
- **Sislin Fay Allen** – Britain's first Black female police officer.



Year 3 - Creativity, Science and Service

- **Faith Ringgold** – Artist and author.
- **Trevor MacDonald** – Pioneering British newsreader.
- **Maggie Aderin-Pocock** – Space scientist and broadcaster.
- **John Alcindor** – Doctor and WWI medical hero.



Year 4 - Community and Change

- **Claudia Jones** – Founder of the Notting Hill Carnival.
- **Benjamin Banneker** – Inventor and mathematician.
- **Frank Bailey** – One of Britain's pioneering Black firefighters in the UK.
- **Margaret Busby** – Britain's youngest and first Black female book publisher.

Year 5 - Invention, Leadership and Activism

- **Lewis Howard Latimer** – Inventor who improved the lightbulb.
- **Dame Eugenia Charles** – First female Prime Minister of Dominica.
- **Paul Stephenson** – Civil rights activist in Bristol.
- **Phillis Wheatley** – First published African American poet.



Year 6 - Literature, Leadership and Legacy

- **Malorie Blackman** – Author and former Children's Laureate.
- **Charles Ignatius Sancho** – Writer and abolitionist.
- **Beryl Gilroy** – First Black headteacher in the UK.
- **Chadwick Boseman** – Actor and role model for young people.

ARP (Additional Resource Provision)

Pupils in Elm, Birch, and Oak classes will be learning from the same year group selections, adapted to meet their individual learning needs and abilities



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Why We Celebrate Black History Month

Celebrating Black History Month is part of our commitment to:

- **Courage** – Learning about brave individuals who stood up for what is right, often in the face of adversity.
- **Consideration** – Understanding and valuing the experiences, perspectives, and contributions of others.
- **Collaboration** – Working together as a school community to build an inclusive and respectful environment.

We also uphold **British Values**, including:

- Mutual respect and tolerance of different cultures and beliefs.
- Individual liberty and the right to be proud of one's identity.
- Democracy and the rule of law, recognising those who fought for justice and fairness.



Through Black History Month, we honour **the Equality Act 2010**, which protects all individuals from discrimination and promotes equal rights and opportunities for everyone, regardless of race, background, or heritage.

You are invited! Tuesday 3rd November 2026 at 2.30pm



Following Black History Month, we warmly invite all parents and carers to join us in school for a celebration of our learning. Come and take part in **BHM coffee afternoon** where there will be refreshments and a time to chat, a presentation, displays showing children's learning about significant people in history, quizzes and prizes to be won. This event is a fantastic opportunity to:

- See what your children have been learning with
- Celebrate our shared values of courage, consideration, and collaboration
- Continue the conversation about equality, diversity, and inclusion at home and in the community



We look forward to welcoming you into school for an engaging and inspiring afternoon.

Let's celebrate and continue to grow together!

Thank you for supporting our continued journey in making West Acton a truly inclusive school where every voice is valued, and every child can make a positive impact on their community and the wider world.

Yours faithfully

Miss James
RE Leader and Birch Class Teacher

Miss Kondo
Headteacher





Dear Parents and Carers,
You are warmly invited to:



Black History Coffee Afternoon

- ❖ Find out about inspirational people
- ❖ Build your BH knowledge

Join us on Tuesday 3rd November 2026 at 2.30pm

in the Victoria Hall

All Welcome! Let's celebrate and continue to grow together!



Parent / carer Coffee Morning

9月30日(水)午前8時45分に
開催される「保護者向けコー
ヒーモーニング」に、ぜひご参
加ください。

ندعوكم لحضور لقاء القهوة الصباحي
المخصص لأولياء الأمور، وذلك يوم الأربعاء
الموافق 30 سبتمبر في تمام الساعة
8:45 صباحاً.

செப்டம்பர் 30, புதன்கிழமை காலை 8.45
மணிக்கு நடைபெறும் 'பெற்றோருக்கான
காபி சந்திப்பு' (Parent Coffee Morning)
நிகழ்ச்சிக்கு நீங்கள்
அழைக்கப்படுகிறீர்கள்.

Supporting our Wellbeing and the
Wellbeing of our children

Come and meet Mrs Ahmad
Educational Psychotherapist and
hear about our work at the school.

8.45am - 10.00am

Wednesday 30th September 2026



Le invitamos a la reunión de
padres con café el miércoles 30
de septiembre a las 8:45 a. m.

Waxaa lagu martiqaadayaa kulanka
subaxnimada ee kafeega ee waalidinta,
maalinta Arbacada ah, 30-ka Sebtembar,
saacadda markay tahay 8:45-ka subaxnimo.

Come to the School gates for 8.45am and walk to the building on the left and up the stairs
to the conference room.

Medical

Important Reminder: Nut-Free School and Food Allergies

West Acton Primary School is a **nut-free school**. Please do not send any nuts or products containing nuts into school, including in packed lunches or snacks. This is extremely important as we have children with serious allergies.

We also have children with a range of other food allergies. To help keep everyone safe, we ask all families to reinforce the following with their children:

- **Children must not share or swap food with one another.**
- Children should **not touch other children while they are eating or have food on their hands.**
- Children should get into the habit of **washing their hands thoroughly after eating snacks and meals.**
- **In Key Stage 2, the only snacks that should be brought from home are fruit or vegetables.**

Even a small amount of an allergen transferred from food, hands or surfaces can cause a reaction for some children. These simple routines help us to keep all members of our school community safe.

Thank you for your cooperation and for reinforcing these important messages at home.

TERM DATES & PARENTS' EVENINGS

Parent Coffee morning with Mrs Ahmad – Wednesday 30th September

Harvest Assembly – Monday 5th October please donate to Ealing Food bank

Parents Evening will be Tuesday 20th October and Thursday 22nd October – booking details to come.

School closed on Friday 23rd October for INSET day.

School closed for half term from Monday 26th October to Friday 30th October

Pupils return to school Monday 2nd November

Black History Coffee Afternoon – Tuesday 3rd November

Individual school photos Monday 16th November

Class assembly dates



West Acton Primary School, Noel Road, Acton. W3 0JL

admin@west-acton.ealing.sch.uk www.westactonprimaryschool.org Tel: - 020 8992 3144

Head Teacher: Miss K Kondo

7th September 2026

Dear Parents /Carers,

Re: Come and Join Us for Your Child's Class Assembly!

We are delighted to invite you to your child's **Class Assembly** during the 2026–2027 school year. Class assemblies are always a lovely opportunity for our children to take centre stage and share some of the learning, achievements and experiences they have enjoyed in school. We know how proud the children are to have their families there to watch them, and we hope that as many of you as possible will be able to join us.

All class assemblies begin at 9:00am, in the Elizabeth Jubilee Hall.

Please make a note of your child's class date:

Class	Date
Quince	Friday 2 October 2026
Willow	Friday 9 October 2026
Elder	Friday 16 October 2026
Mulberry	Friday 15 January 2027
Sycamore	Friday 22 January 2027
Pine	Friday 29 January 2027
Guava	Thursday 4 February 2027
Damson	Friday 5 February 2027
Katsura	Thursday 11 February 2027
Juniper	Friday 12 February 2027
Chestnut	Friday 5 March 2027
Ash	Thursday 18 March 2027
Rowan	Friday 23 April 2027



Class	Date
Holly	Friday 30 April 2027
Ivy	Friday 7 May 2027
Olive	Friday 14 May 2027
Fir	Friday 21 May 2027
Banyan	Friday 28 May 2027

We are sharing all of the dates now so that you have plenty of notice and can hopefully arrange to join us.

The children will be very excited to welcome you into school and show you what they have been doing. **We look forward to seeing you and celebrating their learning together!**

Yours faithfully,

Miss Kondo
Headteacher

Our WAPS values



West Acton Primary School Weekly Values Rewards

w/c 14 th September 2026	Courage	Consideration	Collaboration
Acorn	Savannah-Fay	Yuri	Amal
Banyan	Guimar	Sydney	Ann
Olive	Luna	Reo	Tala
Fir	Hana	Hashem	Hudson
Ash	Shiori	Jacob	Lucas
Guava	Chanugi	Miu	Danyal
Katsura	Ahmad	Sonoka	Yui
Chestnut	Riko	Zakariya	Zayan
Damson	Siraj	Elina	Aisha
Juniper	Sana	Kenki	Callum
Holly	Adrian	Akari	Eunis
Ivy	Zhiheng	Riko	Adam
Rowan	Muhammad	Miori	Jana
Mulberry	Aishah	Sulaiman	Amira
Pine	Camelia	Zahra	Rumaysa
Sycamore	Summer	Gursimrat	Omar
Elder	Qais	Ellis	Jane
Quince	Adam	Omar	Mia
Willow	Alma	Taima	Mark
Lime	Ritaj	Liv	Kosei
Tamarind	Safaa	Delina	Sana
Zaytouna	Habibah	Adeema	Kaichi
Birch	Elay	Abudi	Isabelle
Oak	Mason	Ahmad	Kassim
Elm	Lilly	Sammy	Ikhlas

Weekly attendance

Weekly attendance: WE 18 th September 2026		
Acorn 99.48%	Whole School 96.30%	Woodlands 94%
Olive 97.84% 	Banyan 86.92%	Fir 94%
Ash 97%	Guava 100% 	Katsura 94.74%
Damson 95.71%	Chestnut 91.97%	Juniper 97.69%
Holly 99.63%	Rowan 92.23%	Ivy 100% 
Mulberry 97.30%	Pine 91.72%	Sycamore 99.22%
Willow 95.33%	Elder 94.57%	Quince 93.93%
Lime 98.67%	Tamarind 97.63%	Zaytouna 98.57%

A huge **congratulations to Lime Class**, our **winners this week**, achieving an outstanding **96.7%**! 🏆 They are closely followed by **Ash Class** in second place with **93.3%**, and **Pine Class** in third place with **93.1%**. These three classes have set a fantastic target and deserve a big round of applause for their achievement! 🙌🌟

But remember, **the competition is still wide open!** Every child and every day make a difference, and there is always an opportunity to move up the leaderboard. A big well done to everyone across the school who is making the effort to be in school every day and on time. **Let's keep encouraging one another, keep aiming high and see if your class can make it into our top three next week!**

Come on, everyone — every day counts, every child counts, and together we can make next week our best week yet!

Class	How many children beat the gate ALL five days! 07.09.26 - 11.09.26		How many children beat the gate ALL five days! 14.09.26 - 18.09.26	
Total Children in class.				
Ash (30)	26	86.7%	28	93.3%
Banyan (27)	26	96.3%	19	70.4%
Chestnut (27)	22	81.5%	22	81.5%
Damson (29)	24	82.8%	23	79.3%
Elder (27)	24	88.9%	23	85.2%
Fir (30)	30	100% ★	27	90%
Guava (29)	24	82.8%	25	86.2%
Holly (27)	23	85.2%	22	81.5%
Ivy (28)	25	89.3%	26	92.9%
Juniper (26)	25	96.2%	22	84.6%
Katsura (26)	25	96.2%	22	84.6%
Lime (30)	28	93.3%	29	96.7% ★
Mulberry (29)	24	82.8%	20	69%
Olive (27)	25	92.6%	24	88.9%
Pine (29)	24	82.8%	27	93.1%
Quince (28)	26	92.9%	23	82.1%
Rowan (29)	25	86.2%	22	75.9%
Sycamore (26)	21	80.8%	20	76.9%
Tamarind (29)	24	82.8%	24	82.8%
Willow (30)	29	96.7%	27	90%
Zaytouna (28)	25	89.3%	24	85.7%
Birch (12)	6	50.0%	7	58.3%
Elm (10)	9	90%	8	80%
Oak (11)	7	63.6%	5	45.5%

2026-2027

ARRIVAL AT SCHOOL

School starts at 8.45am. Children may line up between 8.30am and 8.45am and should be ready to enter the classroom at 8.45am. Please do not bring children onto the school site before 8.30am.

PE days

Day	Year groups
Tuesday	Year 6
Wednesday	Year 2 and Year 5
Thursday	Reception and Year 3
Friday	Year 1 and Year 4

PE KIT REMINDER

Children should come to school in their house-colour T-shirt on their PE day with Miss Murphy. If a house-colour T-shirt is unavailable, please provide a plain white T-shirt. Please return outgrown donated T-shirts, washed, so that they can be recycled for another child.

On the day of their second lesson, with their class teacher, pupils can wear their colour T shirt or a white T shirt, however you may purchase a second colour T shirt from the office for £2.00.

HEALTHY SCHOOL REMINDER

Please wait until your child is off the school site before giving them food or snacks at collection time. We are a Sugar Smart school. Thank you for helping us keep the school site neat, clean and healthy.

A tip from Mrs Ahmad, School Therapist

Communicating with your child/ young person so that feel able to share their feelings.

This week we read the story of The Huge Bag of Worries and spoke to the children about the Safe to Talk about your Thoughts Spot (the Safe T.T. Spot for short)

This is a space that is offered to the children, to be able to talk to an adult at school, if they are holding any worries or big feelings.

At home your children are learning to share their worries with you. It is also helpful for them to have the opportunity to speak about their thoughts and feelings when they are at school.

This is particularly important during times of change, as they are settling back into school routine and building new relationships.

How can parents/carers help?

It is only natural that you want to know about your child's day and sometimes when children are asked "how was your day?" They respond with 'okay', 'fine' or a blank response.

Try asking a different question to encourage them to talk.

For some children it is helpful to give them a colour code. Ask them what colour their day was (decide in advance what each colour will mean) you could try: **green** for a good day, **yellow** for an okay day and **red** for a not so good day.

This will open up a conversation between you and your child or young person and more importantly give you a clue to how your child might be feeling and what they might need from you when they get home.

I look forward to welcoming you to our first Parent/carer coffee morning of the year, next Wednesday 30th September 2026 at 8.45am.

A chance for us to take some time to meet, speak, share ideas and think about the children together.

I am inviting you to our first Parent/carer coffee morning of the term. It will be on Wednesday 30th September at 8.45am. I look forward to welcoming you.

Emma Ahmad

Educational Psychotherapist





**WEST ACTON
PRIMARY
SCHOOL**

WEEK 1 MENU

Weeks commencing:
13th April
15th June
7th September
19th October

4th May
6th July
28th September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Smoky BBQ Protein Bites with Herb Couscous BBQ sauce coated veggie protein pieces served with herb couscous.  	Scrumptious Mac & Cheese topped with Mediterranean Veggies served with Tomato Focaccia Bread 	Bouncy Bean Enchillada with Golden Roasted Potatoes & Gravy Pepper and mixed bean enchillada with roasted potatoes and gravy.  	Tangy Chilli Fajita with Fluffy Rice Low-carbon veggie chilli fajita served with rice.  	Golden Nuggets with Chips & Ketchup Quorn dippers served with chips & tomato ketchup. 
Green Earth Curry with Fluffy Rice Low-carbon veggie curry with rice.  	Chicken Meatball Penne in Rich Tomato Sauce 	Roast Chicken with Golden Roasted Potatoes & Gravy 	Chicken Fajita with Mexican Rice 	Salmon or White Fish Fingers with Chips & Ketchup
Sweetcorn & Roasted Courgette 	Peas & Red Cabbage Slaw 	Carrots & Herby Green Beans 	Mexican Sweetcorn & Broccoli 	Peas & Baked Beans 
Fresh Fruit & Yoghurt 	Fresh Fruit & Yoghurt 	Strawberry Frozen Yoghurt	Fresh Fruit & Yoghurt 	Fresh Fruit & Yoghurt 





PLANT-BASED JACKET POTATO OR PASTA POTS AVAILABLE DAILY
Unless specified, all our desserts are vegetarian.



Low carbon meals have at least 35% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

Menu Key:  Plant Based  Vegetarian  At least 1 of your 5 a day  Low Carbon  Halal option available upon request

WEEK 2



**WEST ACTON
PRIMARY
SCHOOL**

WEEK 2 MENU

Weeks commencing:
 20th April 11th May
 1st June 22nd June
 13th July 14th September
 5th October



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hoisin Protein Bites with Egg Noodles Hoisin sauce coated veggie protein pieces served with egg noodles. 🌱🌱	Chef's Special Pasta Bolognese with Garlic & Oregano Focaccia Low-carbon penne pasta with veggie packed bolognese sauce served with garlic & oregano focaccia bread. 🌱🌱🌱	Garden Sausage with Mash & Gravy Quorn sausage served with mashed potato and gravy. 🌱	Plant-Power Curry served with Rice Cauliflower, chickpea and potato curry served with pitta bread. 🌱🌱	Cheese & Tomato Puff with Chips & Ketchup 🌱
Chow Mein with Egg Noodles Chinese veggie stir fry with egg noodles. 🌱🌱	Lamb Penne Bolognese with Garlic & Oregano Focaccia 🌱🌱🌱	Chicken Sausage with Mash & Gravy 🌱	Chicken Tikka Masala served with Rice & Pitta Bread 🌱🌱	Quorn Burger in a Bun with Chips & Ketchup 🌱
Broccoli & Coleslaw 🌱	Sweetcorn & Red Cabbage Slaw 🌱	Carrots & Peas 🌱	Mediterranean Veggies & Green Beans 🌱	Peas & Baked Beans 🌱
Fresh Fruit & Yoghurt 🌱	Fresh Fruit & Yoghurt 🌱	Chocolate, Orange & Carrot Brownie	Fresh Fruit & Yoghurt 🌱	Fresh Fruit & Yoghurt 🌱



**FRESH FRUIT & A PORTION OF DAIRY
AVAILABLE DAILY**



SALAD AND FRESHLY BAKED BREAD SERVED DAILY



PLANT-BASED JACKET POTATO OR PASTA POTS AVAILABLE DAILY
Unless specified, all our desserts are vegetarian.



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

Menu Key:

🌱 Plant Based

🌱 Vegetarian

🌱 At least 1 of your 5 a day

🌱 Boosted

🌱 Low Carbon

🌱 Halal option available upon request



Feeding Hungry Minds

WEEK 3



**WEST ACTON
PRIMARY
SCHOOL**

WEEK 3 MENU

Weeks commencing:
 27th April 18th May
 8th June 29th June
 31st August 21st September
 12th October



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Planet-Friendly Chinese Rice Low-carbon Chinese vegetable rice. 🌱🌱	Stir Fry & Egg Noodles Stir fried veggies with egg noodles. 🌱🌱🌱	Flaky Garden Plait with Golden Roasted Potatoes Butternut and vegetable puff pastry plait served with roasted potatoes. 🌱🌱	Mighty Quorn Meatball Spaghetti in Rich Tomato Sauce 🌱🌱	Homemade Margherita Pizza with Chips 🌱
Tarka Dhal with Coriander Rice Traditional Indian lentil dish served with coriander rice. 🌱🌱	Singapore Chicken Noodles 🌱🌱	Caribbean Brown Chicken Stew with Golden Roasted Potatoes 🌱	Chicken Meatball Spaghetti in Rich Tomato Sauce 🌱	Sweet Potato & Pepper Frittata with Chips & Ketchup 🌱
Mediterranean Veggies & Green Beans 🌱	Sweetcorn & Broccoli 🌱	Carrots & Cauliflower 🌱	Sweetcorn & Coleslaw 🌱	Peas & Baked Beans 🌱
Fresh Fruit & Yoghurt 🌱	Fresh Fruit & Yoghurt 🌱	Fruit Ice Lolly 🌱	Fresh Fruit & Yoghurt 🌱	Fresh Fruit & Yoghurt 🌱



**FRESH FRUIT & A PORTION OF DAIRY
AVAILABLE DAILY**



SALAD AND FRESHLY BAKED BREAD SERVED DAILY



PLANT-BASED JACKET POTATO OR PASTA POTS AVAILABLE DAILY
Unless specified, all our desserts are vegetarian.



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

Menu Key:

🌱 Plant Based

🌱 Vegetarian

🌱 At least 1 of your 5 a day

🌱 Boosted

🌱 Low Carbon

🌱 Halal option available upon request



Feeding Hungry Minds