

Workshops and Groups: January to April 2026

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Ealing Early Start SEND Inclusion Team



What we do:

The Early Start SEND Inclusion Team is based within Early Start and offers targeted and specialist support to families of children with additional needs including children with social communication differences, speech and language difficulties, autism, Down Syndrome, visual impairment and children who are d/Deaf/Hard of Hearing as well as Complex Health/Medical Needs.

Our aims:

We provide advice and practical strategies to parents/carers as well as childcare providers to encourage children's development and support with areas such as communication, attention & listening, toileting, eating, sleep, behaviour and sensory differences.

To contact our team:

Tel: 020 8102 5888 (Early Start main hub)

Email: earlystartsendworkshops@ealing.gov.uk

Ealing Early Start Speech and Language Therapy Team



Zayna Halling (SLT)



Hannah Hunt (SLT)



Amanda Dickerson
(Nursery Officer)



Emily Stevens (SLTA)

We provide a Universal Speech and Language Therapy service for children under 5.
We empower families and practitioners to best support their child's communication.

A child might need some support if:

They are **18 months old** or over and not yet using any words

They are **2 years old** and have less than 50 words

They are over **3 years old** and a half and it is difficult to understand what they are saying

They are **2 and a half years old** and not yet putting 2 words together e.g. 'want juice' or 'go park'.

They have been in a **new setting for 6 weeks or longer** and are still not speaking in that setting

Get in touch with us!



wlm-tr.ealing.sltadvice@nhs.net
Monday - Friday 1-4pm
(we can call back with an interpreter)



Carmelita House
21-22 The Mall, W5 2PJ



Facebook SLTEaling



YouTube Ealing Children's Services



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Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Promoting Positive Behaviours



Free online workshop for parents/carers of children aged 0-5.

To gain awareness of what behaviours are communicating, sensory impacts on behaviour and learn practical strategies to support towards promoting positive behaviours.

When

Wednesday 4th February 2026
10am-11:10am

How to book

Scan the QR code:



Understand Sensory Differences Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore and identify Sensory Differences. Understand and learn how to support your child.

When

Thursday 12th February 2026
10am-11:30am

How to book

scan the QR code:



Successful Eating Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore reasons behind difficult mealtimes, learn strategies to minimise problems and how you can support your child to develop a more varied diet.

When

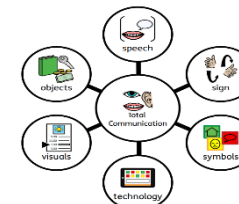
Wednesday 25th February 2026
10am-11:30am

How to book

scan the QR code:



Supporting Children with Social Communication Differences



Free online workshop for parents/carers of children aged 0-5.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

We recommend parents book onto this workshop and 'Understanding children with social communication differences' as a package.

When

Wednesday 4th March 2026
10am-12pm

How to book

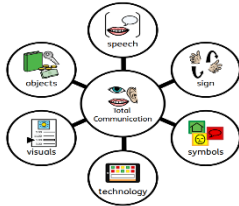
Scan the QR code:



Workshops and Groups: January to April 2026

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Understanding Autism and Social Communication Differences



Free online workshop for parents/carers of children aged 0-5.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

We recommend parents book onto this workshop and 'Understanding children with social communication differences' as a package.

When

Date and Time TBC

Successful Toileting Workshop



Free online workshop for parents/carers of children aged 0-5.

To understand why children may have difficulties in toilet training and learn practical strategies to support your child.

When

Thursday 19th March 2026
10am-11:30am

How to book

scan the QR code:



Successful Sleep Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore reasons behind difficult sleep times, learn strategies to minimise problems and how you can support your child.

When

Wednesday 25th March 2026
10am-11:30am

How to book

scan the QR code:



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Introduction to Makaton Signing



Workshop for parent/carers or practitioners of a child aged 0-5.

Learn 30 Makaton signs and symbols in our 1 ½ hour training session. Training will be provided by an official Makaton Tutor.

When

Wednesday 25th February 2025
9.30-11.00am
Online

How to Book

Parents/carers – email wlm-tr.sltuniversalservices@nhs.net
Practitioners – via Ealing CPD online www.ealingcpd.org.uk

Pre-recorded workshops on the Ealing SLT  **YouTube** channel:

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Talking: What to Expect When and How to Help



This workshop 'Talking: What to Expect When and How to Help' is for parents and any professional working with children under 5.

On this bitesized workshop, you will learn:

- How communication develops
- How learning more than one language affects language development
- What difficulties you should look how for in children
- What parents and practitioners can do to support children's language
- What support is available

YouTube recording:

Please scan QR code



Using Visuals to Support Communication



This workshop 'Using visuals to support communication' is for parents and any professional working with any aged child.

On this bitesized workshop, you will learn:

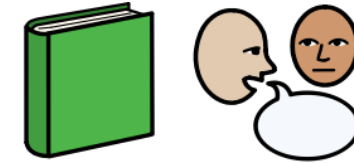
- What visuals are
- What the benefits of visuals are
- How to use visuals at home
- What support is available

YouTube recording:

Please scan QR code



Using Stories to Support Talking



This workshop is for parents/carers and any professional working with children under 5.

On this bitesized workshop, you will learn:

- How stories support communication
- Choosing stories
- Choosing stories
- What to do if you do not have storybooks available

YouTube recording:

Please scan QR code



Workshops and Groups: January to April 2026

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Understanding Autism and Social Communication Differences



Online workshop for parents/carers of a child aged 0-5 with social communication differences.

Your child might be waiting for assessment from Speech and Language Therapy, the Child Development Team or may have been recently diagnosed with Autism.

We recommend parents book onto this workshop and 'Supporting Autistic children and children with social communication differences' as a package.

YouTube recording:
Please scan QR code



Supporting Autistic Children and Children with Social Communication Differences



Online workshop for parents/carers of a child aged 0-5 with social communication differences.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

We recommend parents book onto this workshop and 'Understanding Autism and social communication differences' as a package.

YouTube recording:
Please scan QR code



Supporting Children who are Learning more than One Language



This workshop is for parents and any professional working with children aged 0-18.

On this bite-sized workshop, you will learn:

- How learning another language affects children's language development
- The benefits of speaking more than one language
- How parents and practitioners can support children who are learning more than one language.

YouTube recording:
Please scan QR code



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Supporting Children and Young People Who Stammer



Online workshop on Supporting Children and Young People Who Stammer.

You will learn about stammering and practical strategies to support your child to be a confident communicator.

YouTube recording:
Please scan QR code



Supporting children who are shy, Quiet and Anxious Talkers



This workshop 'Shy, Quiet and Anxious Talkers' is for parents and any professional working with children under 5.

On this bitesized workshop, you will learn:

- About 'shy' and 'anxious' talkers and the difference between them
- How to help children communicate comfortably in different settings
- To know when to seek further support

YouTube recording:
Please scan QR code



Ealing Speech and Language Therapy YouTube Channel



SLT advice and support in a bite-sized format – check our our free online YouTube shorts for parents/carers of children of all ages

To learn how to support your child's speech, language and communication.

YouTube recording:
Please scan QR code



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MAKATON SIGN TIME

Run by a Makaton Signing for Babies & Families Trainer

5 week course for parents/carers & their babies or children.

Open to all babies & children. Everyone is welcome!

Learn approx. 100 signs and symbols.

Games, songs, activities & play!

Optional £10 for 'Makaton pocket book of signs and symbols'



**Groups open to all parents and children
– no referral needed!**

Makaton signing can
reduce frustration
when communication
breaks down

Makaton signing
helps children to
communicate and
supports talking

Makaton signing
helps children's
understanding and
memory of words

South Acton Children's Centre
(W3 8RX)



Wednesday afternoons

To book, please email:
sallycarlton@southactoncc.com

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FUN & LEARN



Worried about your child's social interaction and communication?

Book a place at Fun & Learn!

Run by Ealing Children's Centres and Speech & Language Therapy

Play sessions
for children
under 5 & their
parent/carer

Supports you to
develop your
child's interaction
and talking at
home

5 week course
– you need to
come to all 5
sessions!

Choose your preferred Children's Centre - then call to book a place

Southall

Havelock
UB2 4XW

Fridays 9:30 – 10:30
Tel: 020 8571 1219



Southall Park
UB1 3AY

Thursdays 10:00 – 11:00
Tel: 020 8813 8275



Ealing

Jubilee
W13 0JF

Thursdays 1:15 – 2:15
Tel: 020 8998 8903



EASE Children Centre Outreach
W7 1BW

Fridays 12:30-1:30
Tel: 0208 545 6139



Northolt

Horsenden/Perivale
UB6 0PB

Wednesdays 1:30-2:30
Tel: 020 8422 3854



Limetrees
UB5 5LA

Tuesdays 2:00 – 3:00
Tel: 020 8845 3807



Spring 2026



TALK & PLAY



Worried about your child's talking? Book a place at Talk & Play!

Run by Ealing Children's Centres and Speech & Language Therapy

Play sessions
for children
under 5 & their
parent/carer

Supports you to
develop your
child's talking
at home

5 week course
– you need to
come to all 5
sessions!

Choose your preferred Children's Centre - then call/email to book a place

Southall



Havelock
UB2 4XW
Fridays 11 - 12pm
Tel: 020 8571 1219

Southall Park
UB1 3AY

Thursdays 10:00 – 11:00
Tel: 020 8813 8275



Windmill Park
UB2 4UZ

Wednesdays 1 - 2pm
Tel: 020 8574 5310
or 0208 571 0878



Ealing

Grange or Hathaway
W5 4HN or W13 0DH

Thursdays 1 - 2pm
Tel: 020 8998 8903



South Acton: W3 8RX

Tuesdays 9.45-10.45am
Email:
sallycarlton@southactoncc.com



John Perry
W3 7PD

Wednesdays 10 - 11am
Tel: 020 8222 6399



Northolt



Islip Manor
UB5 5RG

Mondays 9:45-10:45am
Tel: 020 8845 0601

Horsenden/Perivale
UB6 7AF

Wednesdays 1:30-2:30pm
Tel: 020 8825 5380



Spring 2026

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Ealing Speech and Language Therapy Parent/Carer Drop-In & Advice Sessions

- Have a question about your child's communication development?
- Feeling a bit worried about your child's communication but not sure who to talk to?
- Keen to speak to a speech and language therapist for some advice or reassurance?

Come along to one of our drop-in sessions!

Bookings may be required so please contact the Children's Centre/ setting directly

Southall and West Ealing			
Date	Time	Location	Contact Details
Monday 9 th February 2026	10am- 11:30am	Dormers wells Children's Centre	Dormers Wells Lane, Southall, Middlesex 07719988113
Friday 6 th March 2026	1pm – 2:30pm	Southall Park Children's Centre	Green Drive, Southall, Middlesex 020 8813 8275
Northolt and Greenford			
Wednesday 11 th February 2026	11:15am- 12:45am	Islip Manor Children's Centre	Eastcote Lane, Northolt, London, 020 8845 0601
Wednesday 25 th February 2026	11:30am – 12:45pm	Petts Hill Children's Centre	Newmarket Avenue, Northolt, Middlesex, 020 8864 9215
Ealing and Acton			
Wednesday 18 th February 2026	10am- 11:30am	Hathaway Children's Centre	Hathaway Gardens, Ealing, 020 8998 8903
Friday 20 th March 2026	09:30am – 11:30am	Copley Close Children's Centre	95 Templeman Road, Hanwell, London, 020 8825 7558

The drop in sessions are for parents/carers of children who do not yet have a referral to the service, and who would like to speak to a therapist. We can use telephone interpreters.

You can also email our advice line on wlm-tr.ealing.sltadvice@nhs.net. We can call you back (with an interpreter if needed).



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Online resources



Facebook page: www.facebook.com/SLTEaling - contains lots of tips to support communication, storytime videos and more!



Ealing Children's Services YouTube channel: https://www.youtube.com/channel/UCZUu_grEG9fcmA-2mFbc0tg – contains bitesize tips and online workshops on autism, language development, speech sounds and more!



Cbeebies Parenting: <https://www.bbc.co.uk/cbeebies/parenting> – they also have a brilliant Instagram page!



ERIC: The Children's Bowel and Bladder Charity: <https://eric.org.uk/> - support for potty training



Ealing Speech and Language Therapy website: <https://www.westlondon.nhs.uk/slt>

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Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Other Useful Local Organisations



The Early Start SEND Inclusion team: Early Start SEND Inclusion Team offer targeted and specialist support to families of children with additional needs including social communication differences, speech and language difficulties, Autism, Down's Syndrome, hearing loss, vision difficulties and complex health and medical needs. Telephone: 020 8102 5888 Email: earlystartsendworkshops@ealing.gov.uk

The Health Visiting team: 020 8102 5888 for main hub.



Contact: charity supporting families with children with disabilities in Ealing. They offer information and guidance for parents, parenting support groups and more: <https://www.facebook.com/Contact-Ealing-104164327892227/>



Ealing Anchor Foundation: supporting families of children with disabilities in Ealing. They offer outings for families, workshops, play and support sessions and parent/carer evenings for adults.



Home-Start Ealing: supporting families of children in Ealing <https://homestartealing.org/>