

## Workshops and Groups: January to April 2026

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

### Ealing Early Start SEND Inclusion Team



#### What we do:

The Early Start SEND Inclusion Team is based within Early Start and offers targeted and specialist support to families of children with additional needs including children with social communication differences, speech and language difficulties, autism, Down Syndrome, visual impairment and children who are d/Deaf/Hard of Hearing as well as Complex Health/Medical Needs.

#### Our aims:

We provide advice and practical strategies to parents/carers as well as childcare providers to encourage children's development and support with areas such as communication, attention & listening, toileting, eating, sleep, behaviour and sensory differences.

#### **To contact our team:**

**Tel:** 020 8102 5888 (Early Start main hub)

**Email:** [earlystartsendworkshops@ealing.gov.uk](mailto:earlystartsendworkshops@ealing.gov.uk)



### Ealing Early Start Speech and Language Therapy Team



Zayna Halling (SLT)



Hannah Hunt (SLT)



Amanda Dickerson (Nursery Officer)



Emily Stevens (SLTA)

We provide a Universal Speech and Language Therapy service for children under 5. We empower families and practitioners to best support their child's communication.

A child might need some support if:

They are **18 months old** or over and not yet using any words

They are **2 years old** and have less than 50 words

They are **over 3 years old** and a half and it is difficult to understand what they are saying

They are **2 and a half years old** and not yet putting 2 words together e.g. 'want juice' or 'go park'.

They have been **in a new setting for 6 weeks or longer** and are still not speaking in that setting



#### Get in touch with us!



wlm-tr.ealing.slta@nhs.net  
Monday - Friday 1-4pm  
(we can call back with an interpreter)



Carmelita House  
21-22 The Mall, W5 2PJ



Facebook SLTEaling



YouTube Ealing Children's Services

## Workshops and Groups: January to April 2026

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### Promoting Positive Behaviours



Free online workshop for parents/carers of children aged 0-5.

To gain awareness of what behaviours are communicating, sensory impacts on behaviour and learn practical strategies to support towards promoting positive behaviours.

**When**  
Wednesday 4<sup>th</sup> February 2026  
10am-11:10am

**How to book**  
Scan the QR code:



### Understand Sensory Differences Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore and identify Sensory Differences. Understand and learn how to support your child.

**When**  
Thursday 12<sup>th</sup> February 2026  
10am-11:30am

#### How to book

scan the QR code:



### Successful Eating Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore reasons behind difficult mealtimes, learn strategies to minimise problems and how you can support your child to develop a more varied diet.

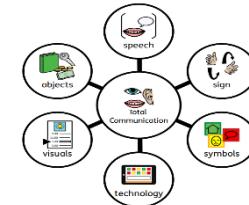
**When**  
Wednesday 25<sup>th</sup> February 2026  
10am-11:30am

#### How to book

scan the QR code:



### Supporting Children with Social Communication Differences



Free online workshop for parents/carers of children aged 0-5.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

*We recommend parents book onto this workshop and 'Understanding children with social communication differences' as a package.*

**When**  
Wednesday 4<sup>th</sup> March 2026  
10am-12pm

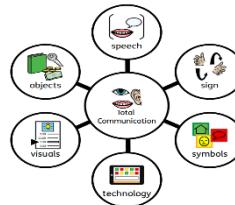
**How to book**  
Scan the QR code:



## Workshops and Groups: January to April 2026

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### Understanding Autism and Social Communication Differences



Free online workshop for parents/carers of children aged 0-5.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

*We recommend parents book onto this workshop and 'Understanding children with social communication differences' as a package.*

**When**  
Date and Time TBC

### Successful Toileting Workshop



Free online workshop for parents/carers of children aged 0-5.

To understand why children may have difficulties in toilet training and learn practical strategies to support your child.

**When**  
Thursday 19<sup>th</sup> March 2026  
10am-11:30am

**How to book**  
scan the QR code:



### Successful Sleep Workshop



Free online workshop for parents/carers of children aged 0-5.

To explore reasons behind difficult sleep times, learn strategies to minimise problems and how you can support your child.

**When**  
Wednesday 25<sup>th</sup> March 2026  
10am-11:30am

**How to book**  
scan the QR code:



## Workshops and Groups: January to April 2026

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### Introduction to Makaton Signing



Workshop for parent/carers or practitioners of a child aged 0-5.

Learn 30 Makaton signs and symbols in our 1 ½ hour training session. Training will be provided by an official Makaton Tutor.

#### When

Wednesday 25th February 2025  
9.30-11.00am  
Online

#### How to Book

Parents/carers – email [wlm-tr.sltuniversalservices@nhs.net](mailto:wlm-tr.sltuniversalservices@nhs.net)  
Practitioners – via Ealing CPD online [www.ealingcpd.org.uk](http://www.ealingcpd.org.uk)



YouTube

Pre-recorded workshops on the Ealing SLT channel:

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### Talking: What to Expect When and How to Help



This workshop 'Talking: What to Expect When and How to Help' is for parents and any professional working with children under 5.

On this bitesized workshop, you will learn:

- How communication develops
- How learning more than one language affects language development
- What difficulties you should look for in children
- What parents and practitioners can do to support children's language
- What support is available

**YouTube recording:**  
Please scan QR code



### Using Visuals to Support Communication



This workshop 'Using visuals to support communication' is for parents and any professional working with any aged child.

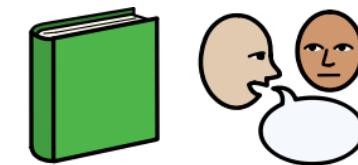
On this bitesized workshop, you will learn:

- What visuals are
- What the benefits of visuals are
- How to use visuals at home
- What support is available

**YouTube recording:**  
Please scan QR code



### Using Stories to Support Talking



This workshop is for parents/carers and any professional working with children under 5.

On this bitesized workshop, you will learn:

- How stories support communication
- Choosing stories
- Choosing stories
- What to do if you do not have storybooks available

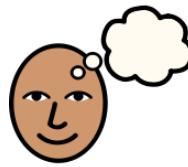
**YouTube recording:**  
Please scan QR code



## Workshops and Groups: January to April 2026

### Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

#### Understanding Autism and Social Communication Differences



Online workshop for parents/carers of a child aged 0-5 with social communication differences.

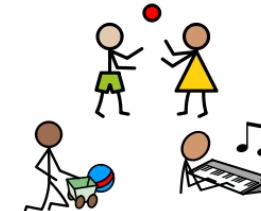
Your child might be waiting for assessment from Speech and Language Therapy, the Child Development Team or may have been recently diagnosed with Autism.

*We recommend parents book onto this workshop and 'Supporting Autistic children and children with social communication differences' as a package.*

**YouTube recording:**  
Please scan QR code



#### Supporting Autistic Children and Children with Social Communication Differences



Online workshop for parents/carers of a child aged 0-5 with social communication differences.

You will learn practical strategies to support communication, using visuals, sleep-times, toileting and eating/drinking.

*We recommend parents book onto this workshop and 'Understanding Autism and social communication differences' as a package.*

**YouTube recording:**  
Please scan QR code



#### Supporting Children who are Learning more than One Language



This workshop is for parents and any professional working with children aged 0-18.

On this bite-sized workshop, you will learn:

- How learning another language affects children's language development
- The benefits of speaking more than one language
- How parents and practitioners can support children who are learning more than one language.

**YouTube recording:**  
Please scan QR code



## Workshops and Groups: January to April 2026

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Supporting Children and Young People Who Stammer	Supporting children who are shy, Quiet and Anxious Talkers	Ealing Speech and Language Therapy YouTube Channel
 <p>Online workshop on Supporting Children and Young People Who Stammer. You will learn about stammering and practical strategies to support your child to be a confident communicator.</p> <p><b>YouTube recording:</b> Please scan QR code</p> 	 <p>This workshop 'Shy, Quiet and Anxious Talkers' is for parents and any professional working with children under 5.</p> <p>On this bitesized workshop, you will learn:</p> <ul style="list-style-type: none"><li>• About 'shy' and 'anxious' talkers and the difference between them</li><li>• How to help children communicate comfortably in different settings</li><li>• To know when to seek further support</li></ul> <p><b>YouTube recording:</b> Please scan QR code</p> 	 <p>SLT advice and support in a bite-sized format – check our our free online YouTube shorts for parents/carers of children of all ages</p> <p>To learn how to support your child's speech, language and communication.</p> <p><b>YouTube recording:</b> Please scan QR code</p> 

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### MAKATON SIGN TIME

Run by a Makaton Signing for Babies & Families Trainer



5 week course for parents/carers & their babies or children.

Open to all babies & children. Everyone is welcome!

Learn approx. 100 signs and symbols.

Games, songs, activities & play!

Optional £10 for 'Makaton pocket book of signs and symbols'

Groups open to all parents and children  
– no referral needed!

Makaton signing can  
reduce frustration  
when communication  
breaks down

Makaton signing  
helps children to  
communicate and  
supports talking

Makaton signing  
helps children's  
understanding and  
memory of words

South Acton Children's Centre  
(W3 8RX)



Wednesday afternoons

To book, please email:  
[sallycarlton@southactoncc.com](mailto:sallycarlton@southactoncc.com)

# Workshops and Groups: January to April 2026

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team



## FUN & LEARN



Worried about your child's social interaction and communication?

Book a place at Fun & Learn!

Run by Ealing Children's Centres and Speech & Language Therapy



Choose your preferred Children's Centre - then call/email to book a place

### Southall

**Havelock**  
UB2 4XW  
Fridays 9:30 – 10:30  
Tel: 020 8571 1219



**Southall Park**  
UB1 3AY  
Thursdays 10:00 – 11:00  
Tel: 020 8813 8275



### Ealing

**Jubilee**  
W13 0JF  
Thursdays 1:15 – 2:15  
Tel: 020 8998 8903



**EASE Children Centre Outreach**  
W7 1BW  
Fridays 12:30-1:30  
Tel: 0208 545 6139



### Northolt

**Horsenden/Perivale**  
UB6 0PB  
Wednesdays 1:30-2:30  
Tel: 020 8422 3854



**Limetrees**  
UB5 5LA  
Tuesdays 2:00 – 3:00  
Tel: 020 8845 3807



Spring 2026



## TALK & PLAY



Worried about your child's talking? Book a place at Talk & Play!

Run by Ealing Children's Centres and Speech & Language Therapy



Choose your preferred Children's Centre - then call/email to book a place

### Southall

**Havelock**  
UB2 4XW  
Fridays 11 - 12pm  
Tel: 020 8571 1219



**Southall Park**  
UB1 3AY  
Thursdays 10:00 – 11:00  
Tel: 020 8813 8275



**Windmill Park**  
UB2 4UZ  
Wednesdays 1 - 2pm  
Tel: 020 8574 5310  
or 0208 571 0878



### Ealing

**Grange or Hathaway**  
W5 4HN or W13 0DH  
Thursdays 1 - 2pm  
Tel: 020 8998 8903



**South Acton: W3 8RX**  
Tuesdays 9.45-10.45am  
Email:  
sallycarlton@southactoncc.  
com



**John Perry**  
W3 7PD  
Wednesdays 10 - 11am  
Tel: 020 8222 6399



### Northolt

**Islip Manor**  
UB5 5RG  
Mondays 9:45-10:45am  
Tel: 020 8845 0601



**Horsenden/Perivale**  
UB6 7AF  
Wednesdays 1:30-2:30pm  
Tel: 020 8825 5380



Spring 2026

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### Ealing Speech and Language Therapy Parent/Carer Drop-In & Advice Sessions

- Have a question about your child's communication development?
- Feeling a bit worried about your child's communication but not sure who to talk to?
- Keen to speak to a speech and language therapist for some advice or reassurance?

**Come along to one of our drop-in sessions!**

**Bookings may be required so please contact the Children's Centre/ setting directly**

Southall and West Ealing			
Date	Time	Location	Contact Details
Monday 9 <sup>th</sup> February 2026	10am- 11:30am	Dormers wells Children's Centre	Dormers Wells Lane, Southall, Middlesex 07719988113
Friday 6 <sup>th</sup> March 2026	1pm – 2:30pm	Southall Park Children's Centre	Green Drive, Southall, Middlesex 020 8813 8275
Northolt and Greenford			
Wednesday 11 <sup>th</sup> February 2026	11:15am- 12:45am	Islip Manor Children's Centre	Eastcote Lane, Northolt, London, 020 8845 0601
Wednesday 25 <sup>th</sup> February 2026	11:30am – 12:45pm	Petts Hill Children's Centre	Newmarket Avenue, Northolt, Middlesex, 020 8864 9215
Ealing and Acton			
Wednesday 18 <sup>th</sup> February 2026	10am- 11:30am	Hathaway Children's Centre	Hathaway Gardens, Ealing, 020 8998 8903
Friday 20 <sup>th</sup> March 2026	09:30am – 11:30am	Copley Close Children's Centre	95 Templeman Road, Hanwell, London, 020 8825 7558

The drop in sessions are for parents/carers of children who do not yet have a referral to the service, and who would like to speak to a therapist. We can use telephone interpreters.

You can also email our advice line on [wlm-tr.ealing.sltadvice@nhs.net](mailto:wlm-tr.ealing.sltadvice@nhs.net). We can call you back (with an interpreter if needed).



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### Online resources



Facebook page: [www.facebook.com/SLTEaling](https://www.facebook.com/SLTEaling) - contains lots of tips to support communication, storytime videos and more!



Ealing Children's Services YouTube channel: [https://www.youtube.com/channel/UCZUu\\_grEG9fcmA-2mFbc0tg](https://www.youtube.com/channel/UCZUu_grEG9fcmA-2mFbc0tg) – contains bitesize tips and online workshops on autism, language development, speech sounds and more!



Cbeebies Parenting: <https://www.bbc.co.uk/cbeebies/parenting> – they also have a brilliant Instagram page!



ERIC: The Children's Bowel and Bladder Charity: <https://eric.org.uk/> - support for potty training



Ealing Speech and Language Therapy website: <https://www.westlondon.nhs.uk/slt>

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### Other Useful Local Organisations



**The Early Start SEND Inclusion team:** Early Start SEND Inclusion Team offer targeted and specialist support to families of children with additional needs including social communication differences, speech and language difficulties, Autism, Down's Syndrome, hearing loss, vision difficulties and complex health and medical needs. Telephone: 020 8102 5888 Email: [earlystartsendworkshops@ealing.gov.uk](mailto:earlystartsendworkshops@ealing.gov.uk)

**The Health Visiting team:** 020 8102 5888 for main hub.



**Contact:** charity supporting families with children with disabilities in Ealing. They offer information and guidance for parents, parenting support groups and more: <https://www.facebook.com/Contact-Ealing-104164327892227/>



**Ealing Anchor Foundation:** supporting families of children with disabilities in Ealing. They offer outings for families, workshops, play and support sessions and parent/carer evenings for adults.



**Home-Start Ealing:** supporting families of children in Ealing <https://homestartealing.org/>