



Heatherley Primary School

PE

EYFS Lead: Tyler Lieber

Introduction

This policy outlines the teaching, organisation and management of the Physical Education Curriculum at Heatherley Primary School. The policy has been drawn up as a result of staff discussion and has the full agreement of the Governing Body. The implementation of this policy is the responsibility of all the teaching staff.

School Vision for PE

Healthy & Active Lifestyles

We aim to educate both adults and children to develop a greater understanding of the benefits of healthy living. Children need to practise skills on a daily basis to show commitment to keeping their bodies healthy. This will promote long term healthy, active lifestyle choices. We will build knowledge, improve skills and deepen social wellbeing within a fruitful partnership between home, school and the community.

Competitive Opportunity

Our aim is to nurture confident, resilient children who strive to achieve their potential through a wealth of competitive experiences. We will encourage a positive attitude towards winning and an accepting approach towards losing within a wide range of sports. This way everyone can celebrate varying sports, skills and success in themselves and others in school.

We will provide, *'opportunities for children to compete in a wide range of sports and other activities in order to build character and help to embed values such as fairness and respect.'*

We will ensure that: *'pupils develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others.'* As pupils move into KS2 they will *'continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to actions and sequences of movement.'*

At Heatherley Primary School we will support the children in, *'developing an understanding of how to improve physical activities and sports and learn how to evaluate and recognise their own success.'*

National Curriculum 2014

We will offer a range of sports and physical activities that will encourage children to enjoy exercise now and also throughout their whole life. This will promote high self-esteem and confidence when faced with challenges in all areas of life at school, at home and in the community. Overall potential must be enhanced by celebrating success in all that our children strive to do academically and physically. Healthy minds and bodies support present and future learning and wellbeing.

Our Intent, Implementation and Impact statement for Physical Education (P.E.)

Intent:

Heatherley Primary School recognises and values the importance of Physical Education (P.E.).

Heatherley Primary School aims to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sports and other physically demanding activities. We do this through fully adhering to the aims of the national curriculum for physical education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

It is our intention to build a curriculum that enables children to develop knowledge, skills and vocabulary in a broad range of sporting activities, as well as developing values and transferrable life skills such as tolerance, fairness and respect. Through enrichment activities and intra-school competitions, we aim to raise the profile of PE and expose our children to sports they may never have had the opportunity to engage with. Our PE syllabus is based on an enhanced model of the Early Years Framework and the National Curriculum with a clear progression structure from Reception to Year 6. This progression of skills has been planned in order to build on the skills needed to meet the end of Key Stage objectives in the National Curriculum. Additionally, an

imperative element of the curriculum at Heatherley shows a need for healthy lifestyles, a balanced diet, positive growth mind-set and the resilience to persevere. We are passionate about the need to teach children how to co-operate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values.

Implementation:

The PE curriculum is taught through the use of PE coaches and Teacher Led, following our progression map, which is in-line with the National Curriculum, and is used to aid teaching staff in their subject knowledge and planning of PE. Teachers are able to adjust and change lessons to suit the needs of their classes, but the scheme provides a strong basis of what is expected in each year group. Teachers also have knowledge of how to adapt PE lessons for all pupils including SEND needs. Each class has access to of high-quality physical activity every week. These are either taught by the class teacher or by Sporting Coaches. Heatherley Primary School also uses organisations such as All About Fitness and The Royal Ballet to support and help develop staff CPD to run PE sessions. Using coaches, fun and innovative sessions are run that offer staff the chance to upskill their own practice. Each lesson, children are given the opportunity to practise skills in a variety of ways and each lesson builds upon the previous skills, allowing them time to embed it. Different skills are recapped throughout, and across, the years, each time they are being built upon; allowing children to know more and remember more. Year 4 pupils receive weekly swimming lessons with the aim that by the end of Year 4 all children are able to swim a minimum of 25m unassisted. These lessons run for half of the year. Year 6 children also attend who cannot swim 25m and who need to develop water safety skills. We offer a wide range of sporting after-school clubs run by both teaching staff and outside agencies. These clubs are paid for by school and they provide children with access to a wide range of sporting activities. These activities are chosen by pupils through pupil voice to ensure the clubs are successful and popular. Our After School Clubs change activities every half term to cater to a range of abilities and preferences. Clubs run most days after school. A range of inter and intra events run throughout the school year, giving children opportunities to take part in competitive sports.

Impact:

Our curriculum aims to improve the wellbeing, physical literacy and fitness of all children at Heatherley; not only through the sporting skills taught, but through the underpinning values and disciplines that PE promotes. Through strong links with PHSE we promote the overall well-being and health of each child through teaching about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness. In all classes, children possess a wide range of physical abilities. Whilst recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. Children at Heatherley make good progress in PE and are eager to attend after school clubs and compete in competitive sporting events.

SEND Adaptations for PE:

Adaptations for PE

Cognition and Learning		Communication and interaction	
Barriers	Provision	Barriers	Provision
Ability to remember/understand verbal instructions.	• Break down instructions so that they are given 1 step at a time. • Where sequences of instructions are needed support with visuals or demonstration. • Give an individual instruction/recap following the main <u>teach</u> activity. • Mixed group abilities for peer support • NB many children with learning difficulties <u>are able</u> to excel in PE therefore need to be aware of individual profile of need.	Processing lots of verbal information Understanding of subject specific vocabulary Difficulties working in a team/collaborating and negotiating.	• Break down instructions into small steps supported with signing, gesture and <u>symbols</u> or pictures where applicable. • Be very clear with safety instructions – clear instructions with reduced language. • Key vocabulary supported by visuals. • Repetition of key vocabulary and what it means. • Do not assume – clarify vocabulary and prior learning. • Working in smaller groups or pairs initially when developing turn taking skills. • Building up to larger team games as the child understands the rules.

