



St Augustine's Academy Newsletter

24th April 2026



Headteacher's Message

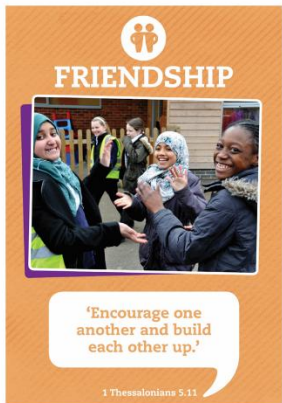
Dear Parents, Carers and Children,



St George's Day is always a highlight in our school calendar, but it holds a special significance for our pupils who belong to uniformed organisations.

In the photograph above, you can see our proud Rainbows, Cubs, Scouts and Sea Cadets posing with the St George's flag. It was wonderful to be able to celebrate this special day and even more wonderful to see our children representing their community groups with such pride and dedication.

Throughout the week, we have been continuing to learn about our school value of 'Friendship'. We thought about how friendship can be like a Lego model. A model takes care and time to build but can be easily broken. We learnt how we need to "Encourage one another and build each other up," (1 Thessalonians 5:11) instead of tearing each other down.



We hope you all have a lovely weekend enjoying the sunshine and look forward to seeing you again on Monday.

Best Wishes,

Amanda Howes
Headteacher

Lyfta and Our School Our World

This week in Lyfta, we met Kwon from China. Kwon's ambition is to see 1 billion trees planted to replace those that have been cut down to make way for urban development. Kwon used to drive economic development in the country but now understands how this has negatively impacted the planet. It is a great example of how we can acknowledge our mistakes and try to fix them.



5 years ago, everyone in our school planted seedlings to create a Forest School. Just look at how they have grown!



As you can see, the hedge is now taller than our Reception children!



We continue to care for our environment and celebrated Earth Day this week by taking part in a range of activities to help look after our school grounds and care for God's beautiful creation.



'Let your light shine before others that they may see your good deeds and glorify your Father in heaven.' Matthew 5:16



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Year 3 Trip to St Albans Cathedral



Year 3 enjoyed a memorable trip to St Albans Cathedral this week where they were in awe of the magnificent building. The cathedral staff led the children in a range of fun and engaging activities which included learning about the life of St Alban through dressing up and role play and making their own mosaic tile. The children's behaviour was impeccable and they were an absolute credit to the school. We would like to thank the cathedral staff for making the day so special for the children.

Year 2 Football Competition

Huge congratulations to our Year 2 football stars who competed in a massive 12-school tournament this week.

We are incredibly proud to announce that they secured a fantastic 4th place finish.

Amongst our players, we had the highest goal scorer of the whole tournament and the only girl player in the competition.

Our players also showed great sportsmanship. Well done team!



Celebration

CONGRATULATIONS to the following children.

Our Stars of the Week are...

Year 1 – Liana
Year 2 – Arianne
Year 3 – Jesse
Year 4 – Gracie-Mae
Year 5 – Antoni
Year 6 – Kacper

Our 'Lyfta' Pupils of the Week are...

Year 1 – George
Year 2 – Edward
Year 3 – Aria
Year 4 – Harriet
Year 5 – Filip
Year 6 – George



Our Vocabulary Velociraptors are...

Year 1 – Jessica
Year 2 – Eron
Year 3 – Zayyan
Year 4 – Maximillian
Year 5 – Charlie
Year 6 – Olly



Our Attendance Bear Winner is...



The House Point totals this week are...



207

239

193

222

Vocabulary Velociraptors

1 oak (English)	2 apple	3 beech (common)	4 silver birch
5 horse chestnut	6 sycamore	7 fir	8 Monkey puzzle
9 cherry	10 ash	11 maple (field)	12 yew

This week, the children learnt the names of 12 types of tree that can be found in our school grounds.

Mrs Babiak, who runs our Gardening Club, also taught the children about the origins of some traditional British flowers. Did you know that the word 'daisy' comes from 'day's eye' because the daisy opens when the sun shines on it?



Diary Dates

Mon. 27 th Apr.	Vocabulary Velociraptors – Hairstyles Week Lyfta – Tomi in Finland – Hair and Make-up CLASS PHOTOGRAPHS
Mon. 4 th May	BANK HOLIDAY – No school today
Tue. 5 th May	Vocabulary Velociraptors – Occupations Week 2 Lyfta – Gebeyehu in Awra Amba, Ethiopia, Contributing to Awra Amba
Mon. 11 th May	YEAR 6 SATS WEEK Vocabulary Velociraptors – Bees Week Lyfta – William in Peru - Harvests Honey in the Rainforest

Sometimes we have to change diary dates due to circumstances beyond our control. Please keep checking the school diary regularly for updates.



CHUMS

YOUNG PEOPLE &
PARENT/CARER WORKSHOPS

Our online workshops are designed as a starting point for families with children who have low level difficulties. These are one-off 2-hour sessions conducted virtually via Microsoft teams.

Please note these workshops do not support moderate/severe difficulties and will not address risky behaviours (self-harm, suicidal ideations).

PARENT ANXIETY WORKSHOP

23/4/26 @ 9:30AM - 11:30AM

(For parents of young people aged 5 - 11 years old)

One-off workshop exploring emotional development in children, emotional regulation, psychoeducation around anxiety and anxiety management strategies.

11+ ANXIETY WORKSHOP

27/4/26 @ 4PM - 6PM

(For young people aged 11+, parents also welcome to attend)

This single psychoeducation session explores emotional development in children, emotional regulation, and focuses on anxiety and anxiety management strategies.

EXAM STRESS WORKSHOP

29/4/26 @ 4PM - 6PM

(For young people aged 12+ and parents)

One off workshop which equips teenagers with an understanding of exam stress, strategies for managing exam stress, revision tips and self-care. The workshop also offers parental tips for supporting their adolescent's exam stress.

BEHAVIOUR WORKSHOP

16/6/26 @ 9:30AM - 11:30AM

(For parents of young people aged 5-11 years old)

A one-off workshop that covers the following topics: Emotional development in children, emotional regulation, common behaviour difficulties and strategies to promote positive behaviours.

SELF ESTEEM WORKSHOPS

TEENAGE SELF-ESTEEM

7/5/26 @ 4PM - 6PM

(For young people aged 13+, parents also welcome to attend)

One off workshop which equips teenagers with an understanding of self-esteem and tools to build confidence through thought challenging, relaxation and activities to celebrate strengths and successes. Workshop also offers parental tips for building self-esteem in adolescence.

PARENT SELF-ESTEEM

2/6/26 @ 9.30AM - 11.30AM

(For parents of children aged 5 - 12 years old)

One off workshop which equips parents with an understanding of self-esteem and ways to promote high self-esteem through parenting style and collaborative activities to try at home with their young person.

RESILIENCY WORKSHOPS

PRIMARY

23/6/26 @ 9:30AM - 11:30AM

(For parents of children aged 5 - 11 years old)

This single session explores relevant child development including and provides psychoeducation on mental health vs mental health problems, emotional regulation, anxiety and low mood. You will leave with a greater understanding of your child's needs and armed with strategies to build their resilience.

SECONDARY

29/6/26 @ 4PM - 6PM

(For young people aged 12 - 16 years, parents also welcome to attend)

One-off Workshop that Explores the following topics: mental health vs mental health problems, emotional regulation, psychoeducation on anxiety and low mood, strategies for relaxation with strategies to build their resilience.

SUPPORTING SCHOOL TRANSITIONS

PRIMARY

30/6/25 @ 9:30AM - 11:30AM

27/8/25 @ 10AM - 12PM

(For parents of children aged aged 5 -10 years old)

SECONDARY

14/7/25 @ 4PM - 6PM

19/8/25 @ 2PM - 4PM

(For young people aged 11+, parents also welcome to attend)

We offer these single session workshops, so that you are ready to go when the new school year begins, whether that is starting a new class, year group or school. These workshops provide psychoeducation to learn about the research behind supporting healthy transitions and you will learn evidence-based strategies to help children start the school year with confidence.

To register for any of our workshops, please fill in the standard referral form in the 'Any other relevant information' section, state that the referral is for a workshop and include the workshop date.

<https://chums.uk.com/emotional-wellbeing-service/#workshops>



DTFC

DEVELOPMENT CENTRE



FOOTBALL TRAINING
FOR CHILDREN IN

**RECEPTION, YEAR 1, YEAR 2
YEAR 3 AND YEAR 4**

MONDAYS 5-6PM

@ **Creasey Park**
7 Creasey Park Drive,
Dunstable, LU6 1BB



UEFA LICENCED COACHES



DBS CHECKED & SAFEGUARDING QUALIFIED



TALENT I.D CERTIFIED





SCAN ME

TECHNICAL
Ball Mastery
Practice
Game Play

PSYCHOLOGICAL
Understanding
Decision Making
Confidence

PHYSICAL
Co-ordination
Conditioning
Challenge

SOCIAL
Communication
Self-esteem
Teamwork


Fun, engaging sessions focused on technical development within the Four Corner Model. Pathway to Dunstable Town Football Club!

Contact **Corin Nagle** on **07455 114 509**



DTFC


DEVELOPMENT CENTRE




GIRLS FOOTBALL TRAINING
**RECEPTION, YEAR 1, YEAR 2,
YEAR 3 AND YEAR 4**

MONDAYS 5-6PM


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AFA

DEVELOPMENT CENTRE DUNSTABLE

EMPOWERING YOUNG FOOTBALLERS

FUN FOOTBALL SESSIONS FOR AGES 3-6

Sessions every Saturday starting from **Saturday 25 April 2026**

3-4 year olds
9-10am

5-6 year olds
10-11am
Preparation for 3v3

Bennett's Recreation Ground
3 Canesworde Rd, Dunstable, LU6 3JJ



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Aspire Football Academy

Are committed to helping young football players achieve their goals and dreams while also teaching them important life skills. The academy offers a **safe, fun, and competitive environment** for players to develop their skills and character. The coaching team consists of former professional and semi-professional football players who are passionate about creating a **positive learning environment**. With a wide range of qualifications: **FA Qualified Coaches, First Aid in Football Certified, Safeguarding Children Certified and Talent I.D in Football Certified**. Coaching to all aspects of The FA four Corner Module..

BOOK YOUR FREE SESSION NOW!

Corin Nagle: 07455 114 509 or cnagle@aspirefootballgroup.co.uk