



# St Augustine's Academy Newsletter

## 20<sup>th</sup> March 2026



### Headteacher's Message

Dear Parents, Carers and Children,



Our school community truly came together this week to support Comic Relief. Year 2 kicked things off with a visit from Amazon, who judged a very competitive (and very sparkly!) Red Nose decorating contest. Well done to our lucky winner who won a beautiful Art Set!

Today, Mr Simpson organised a range of comical sporting activities for the children to enjoy at play and lunchtimes. This included the hilarious waddle relay and a 'weak hand long throw'.

In total we are pleased to report that we have raised £67.07 for this important charity. Thank you to everyone who has kindly donated.

It has been wonderful to see the sunshine this week and hope that the sun continues to shine at the weekend for you all.



**Best Wishes, Amanda Howes – Headteacher**

### Lyfta and Our Schools Our World



This week in Lyfta we met Asalif in Ethiopia. Asalif scours the piles of rubbish in sites near his home, collecting anything that he can find that may be useful for making things. On Wednesday, it was Global Recycling Day and it was an important reminder that many items can be recycled and that one person's waste can be another person's treasure.

We try to recycle as much as we can in school. Our eco team collect rubbish for recycling from classrooms each week and we have a range of different bins to use for food waste, general waste and recycling.



In Early years, many of the items they learn with are reused, for example, pots and pans, clothes and even tyres.



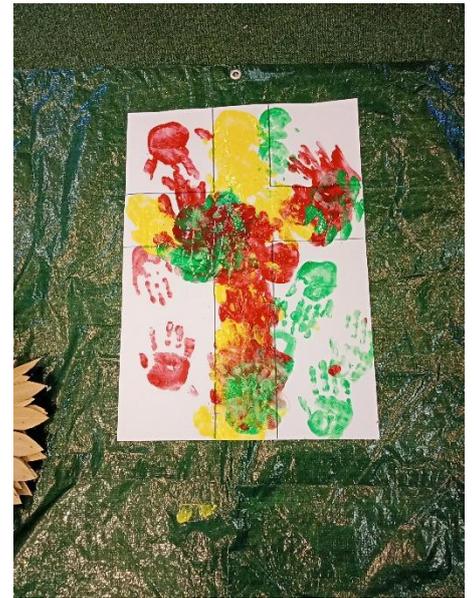
**'Let your light shine before others that they may see your good deeds and glorify your Father in heaven.'** *Matthew 5:16*



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## EYFS Visit to St Augustine's Church



For the first ever time, Early Years visited St Augustine's Church together. They were able to identify many different objects in the church and Revd. Ricky was very impressed with their knowledge. The children each placed a print of their hand on a paper image of a cross. This served as a wonderful image of togetherness and a reminder of their visit. We would like to thank Revd. Ricky for organising such a special event for the children.

## RE Active Church



Each term, the children in Years 1 to 6 attend St Augustine's Church for RE Active Church. During this special time, volunteers lead the children in a range of activities based on a Christian theme, at the moment the children are learning about Easter. During their time at the church, the children opened tiny plastic eggs which each contained an object relevant to the Easter story. They used their knowledge to work out what the objects represented. Thank you to all the amazing volunteers.

**CONGRATULATIONS**  
to the following children.

Our Stars of the Week are...

- Year 1 – Frank
- Year 2 – Thomas
- Year 3 – Curtis
- Year 4 – Anaya
- Year 5 – Ronny
- Year 6 – Lily Fo.

Our 'Lyfta' Pupils of the Week are...

- Year 1 – Yemaryam
- Year 2 – Jedrzej
- Year 3 – Cameron
- Year 4 – Paige-Anthony
- Year 5 – Scarlett-Marie
- Year 6 – Dollie-May



Our Vocabulary Velociraptors are...

- Year 1 – Judah
- Year 2 – Philip
- Year 3 – Leonardo
- Year 4 – Isabelle
- Year 5 – Eliezer
- Year 6 – Samiksh



Our Attendance Bear Winner is...



The House Point totals this week are...



To all our families and staff celebrating today, we wish you a very Happy Eid al-Fitr. As the month of Ramadan comes to a close, we know that many of you will be celebrating with delicious food and exchanging gifts with family. It is a perfect time for all of us to practice the values of generosity and friendship.

**Vocabulary Velociraptors**

1  paper	2  cardboard	3  tissue paper	4  foil
5  cellophane	6  felt	7  binca	8  wool
9  wood	10  plastic	11  metal	12  vinyl

This week we learnt about 12 different types of materials and whether they can easily be recycled. Do you know their names and do you make sure you recycle them whenever you can?

**Diary Dates**

Mon. 23 <sup>rd</sup> Mar.	Vocabulary Velociraptors – Review Week Lyfta – Review Week 2:30pm Year 3 and 4 Easter Performance
Tue. 24 <sup>th</sup> Mar.	2:30pm Year 3 and 4 Easter Performance
Fri. 27 <sup>th</sup> Mar.	Year 3 and Year 6 RE Active Church Last day of the Easter Term

Sometimes we have to change diary dates due to circumstances beyond our control. Please keep checking the school diary regularly for updates.

## Forest School

Wednesday group enjoyed the good weather this week and had a great time in Forest School.

Children learned to use loppers, pruning saws and secateurs to cut wood in order to make beads out of elder wood.

Others investigated how to create a running stream of water in the mud kitchen and what adaptations were needed to increase the flow of water.

We also had the water colours out for those who wanted to paint.



## Big Walk And Wheel



For two weeks we will be participating in the Big Walk and Wheel challenge. It is the UK's largest walking, wheeling, scooting and cycling challenge. It inspires pupils to make active journeys to school, improve air quality in their neighbourhood and discover how these changes benefit their world.

On each day of the challenge schools compete to see who can record the greatest number of pupils walking, using a wheelchair, scooting or cycling to school. A school's best five days will determine their final position and schools at the top of their leader boards will receive an exclusive Big Walk and Wheel certificate.

There will also be prizes within school – pupils who travel actively will be put into a draw to win these.

## Parental Education Growth Support (PEGS)

Child and Adolescent to Parent Violence and Abuse (CAPVA) is a complex, hidden issue that often leaves parents feeling isolated, ashamed, or afraid to seek help. CAPVA is a pattern of behaviour where a child or young person uses power and control, such as physical, emotional, financial, or digital abuse, against a parent or caregiver. Support is available from brilliant organisations like PEGS.

You can find out more about their free services for parents here: <https://www.pegssupport.co.uk/parents>

## Domestic Violence Disclosure Scheme

### Domestic Violence Disclosure Scheme

**Domestic Violence Disclosure Scheme**  
**CLARE'S LAW**

Does your partner have a history of Domestic Abuse?  
Are you worried about a friend or family member's partner?

**YOU HAVE THE RIGHT TO ASK**

Scan Me or call 101

If there is immediate risk call 999

www.hedspolice.co.uk

www.heddiv.org.uk

50th Anniversary  
DOMESTIC ABUSE PARTNERSHIP  
IT DOESN'T HAVE TO GO FOR HELP

The poster features five diverse individuals with question marks above their heads, symbolizing uncertainty or concern. It includes a QR code for more information and logos for the 50th anniversary of the Metropolitan Police and the Domestic Abuse Partnership.

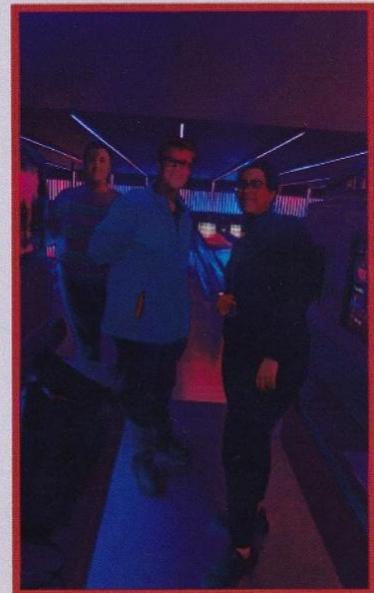
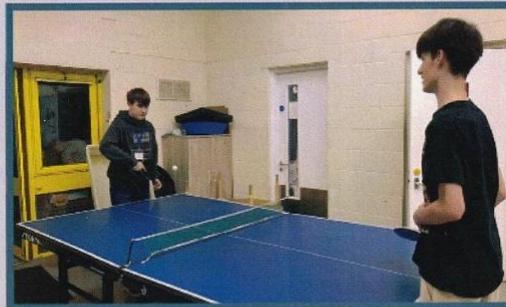
Autism Beds Youth Club – 10-17 year olds

# WANTED FUN YOUTH CLUB

# ALERT!

**SPACES AVAILABLE**

**10 - 17  
YEAR OLDS**



**WEDNESDAY'S  
6:30PM - 8:30PM**



## LEIGHTON BUZZARD



FOR MORE INFORMATION, GET IN TOUCH  
[ENQUIRIES@AUTISMBEDS.ORG](mailto:ENQUIRIES@AUTISMBEDS.ORG)



## CHUMS DIRECT

COMING SOON! CHUMS Direct Neurodivergence Workshop.

Register your interest for this practical, neuro-affirming session for parents, carers, and young people who want to better understand neurodivergence, how it affects their emotions, and what they and others can do to support themselves.

Areas covered in this workshop:

- \*Recognise strengths and challenges
- \*Sensory systems
- \*Understanding emotional responses in the body
- \*Managing those emotions and \*sensory responses
- \*Understanding self-esteem
- \*Simple tools you can use straight away.

Register your interest here:

<https://tinyurl.com/saaCHUMS>

## Young Minds

### Young Minds



They offer tailored information, advice and support to parents and carers who are concerned about their child or young person's mental health. You can speak to them over the phone, or chat online.

You can use our Helpline service if you are the parent or main carer of a child or young person aged 25 or under. The service is available across the UK. It is free and confidential.

<https://tinyurl.com/saaParentsHelpline>



### Speak to us on the phone



Call our Parents Helpline for free on **0808 802 5544**.

We're open Monday to Friday. You can call us:

- from 9.30am - 4pm on Mondays, Thursdays and Fridays
- from 9.30am - 6pm on Tuesdays and Wednesdays