



Safer Internet Day 2026 | **Tuesday**
10 February

Coordinated by the UK Safer Internet Centre

saferinternetday.org.uk

Safer Internet Day 2026 – Exploring Safe and Responsible AI Use

Dear Parents and Carers,

Next week, our school will be taking part in Safer Internet Day 2026, the largest global campaign dedicated to online safety. This year's theme is: "Smart tech, safe choices – Exploring the safe and responsible use of AI." AI technology is becoming an everyday part of our lives through voice assistants, chatbots, personalised content, and online tools. It is important that children understand both the benefits and the risks of AI, so they can make safe choices online.

Question: Why does AI matter?

AI can be helpful, but it can also be misused. It can affect:

- What we see online (news and social media content)
- How children learn and complete schoolwork (including AI homework tools)
- The potential for harm, such as realistic scams or non-consensual images

Support at home

We encourage you to continue the conversation at home. These trusted resources are designed for parents and primary-aged children:

- UK Safer Internet Centre – Parents & Carers
<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>
- National Online Safety – Parent Guides
<https://nationalonlinesafety.com/guides>
- Childnet – Parents & Carers
<https://www.childnet.com/parents-and-carers>
- Childnet – The SMART Rules
<https://www.childnet.com/resources/the-smart-rules>

Conversation starters

- What do you enjoy most online?
- Do you know what AI is?
- Have you used an AI tool? What was it like?
- Do you ever worry about using AI?
- Who would you talk to if something online worried you?

Working together

Online safety is taught at school but needs to be reinforced at home. Safer Internet Day is a great time to talk about safe online choices, but ongoing conversations and updates are essential.

If you have any questions or concerns, please contact your child's class teacher, our federation family support worker, or any of our Designated Safeguarding Leads.

Kind regards,
 Mrs Palmer-Smith
 Federation Computer Lead